



The **SPECTRUM**

**“Achieve the wisdom of knowledge of Truth
as this will enable you to wisely follow the Laws of The Creation.”**

————— A WISDOM BOOKS & PRESS PUBLICATION —————

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NEWS REVIEW

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Is The “Sleeping Prophet” Back? — Edgar Cayce —

An Interview With David Wilcock

8/17/99 RICK MARTIN

Part 1: The Wanderer Awakens

As was mentioned in one item of The News Desk in the last edition of *The SPECTRUM*, David Wilcock is a remarkable young man. The parallels between Wilcock and Cayce are not only amazing but, statistically speaking, quite compelling and totally convincing to many. It was certainly time to explore this subject more directly.

I spoke with David by telephone on August 3. With his busy schedule, I expected to have a 15-minute interview. But to my delight and surprise, we had a very cordial and in-depth 90-minute conversation. I got the impression of a very nice and articulate person, not afraid to be human or otherwise bound-up within an ego-driven facade.

(Please see An Interview With David Wilcock, p.26)

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Update From Our Editor

First of all, let me say that all of us here at The SPECTRUM feel honored and humbled by the sheer magnitude of your encouraging and generous sentiments and donations which, as part of the daily mail and telephone traffic, constantly "electrify" our purpose. You write and call as if monitoring our thoughts, and your input helps immensely to guide our way.

One area about which we have given much thought is our publication schedule. A certain natural rhythm has clearly been shaping-up.

For instance, much of the material we present is Guided our way for inclusion and there is no use trying to "push the river" where such Assistance is concerned. Also, some kinds of articles, like interviews, take a lot of time to coordinate, transcribe, and assemble collateral material for. All of this is accomplished with a very, very tiny staff.

We have also received quite a bit of feedback from you—as if you had been reading our minds—saying "don't push yourselves" and "quality rather than quantity" and "we like your present schedule; it gives us time to truly read everything amidst our own busy lives" and other such comments.

Thus, for the present time (unless something unforeseen happens which warrants a change), we are adopting a MONTHLY publication schedule—the first Tuesday of each month to be exact, just as has been the rhythm since the Premier Issue appeared back on June 1.

So, if any of you, for whatever reason, wish a partial refund on long-running subscriptions (since a basic 13-issue subscription will more than cover a year at this pace), then please let us know. It is not a problem.

The other side of this equation is certainly a bargain, because each edition is likely to be larger than would occur with a weekly or bi-weekly schedule. Thus you are getting quite a bit of value for your subscription money. And that is another point for which you have so kindly praised us—both in your correspondence and in your reasons when making sometimes quite generous donations to this publication.

Getting back to the Guidance which is directing material our way to share with you, there is quite an interesting theme-thread weaving through a great deal of this issue of The SPECTRUM. It maybe looks, from your point of view, as if we really know what we are doing; however, as a matter of fact (big secret!), we are as amazed as anyone else how some things "just happen" to appear for inclusion at the right time, which then contributes to the theme. (Any guesses as to just how large our "Unseen Staff" may be?!?)

Basically we have to learn to ALLOW each edition to come together and form the miracle that amazes us all, come publication day! Sounds like a good philosophy for life, doesn't it?!

— Dr. Edwin M. Young, Editor-In-Chief

The News Desk

8/30/99 DR. AL OVERHOLT

BILL CLINTON'S "THIRD TERM"

From the INTERNET [quoting:]
Koenig's International News
<bill@watch.org>
Date: Monday, August 30, 1999, 2:02 PM
Subject: Bill Clinton's Third Term

Note from Bill Koenig:

I typically don't distribute news like this, but with the United States at such a critical point in many world events, and the fact this information is from the credible *Newsmax.com* news service, I decided to pass this on to you for your thought and prayer.

* * *

Sunday, August 29, 1999, 6:03 PM
Bill Clinton's "Third Term"
http://216.46.238.34/showinsidecover.shtml?a=1999/8/29/171120.

With Carl Limbacher and *NewsMax.com* Staff. For the story behind the story:

Sean David Morton is a futurologist. He says he can predict the future.

Morton, no doubt, has many friends in Hollywood who like such new age stuff. A *NewsMax* reader sent us a copy of Morton's *The Delphi Associates Newsletter*. The following caught Inside Cover's eye:

"I have now heard confirmation from three different sources who are very close to the Clintons that Bill has no intention of leaving the White House! At first I thought it was just right-wing paranoia. But a powerful woman friend of mine in entertainment (who must remain nameless!), who is a friend of Hillary's 'special friends', was at the White House recently for a holiday. She said that Clinton spoke openly about finding a way to circumvent the Congress and the *Constitution* and find a way to stay on for another term, or stay president indefinitely. Incredulously, she asked how he was going to swing this feat of

magic, and she said he got the most chilling, evil, demonic look in his eyes that she had ever seen come from a human being, and he said, 'World War III.'

"This same story I heard from my lady friend, and another relation of the Clintons, and was recently confirmed in an article by Ralph Forbes. It seems Clinton has been running this scheme past a number of his inner circle, and is actively seeking ways to implement his goal."

(Koenig's International News, Bill Koenig, <<http://watch.org/>>, Post Office Box 671127, Dallas, TX 75367.) [End quoting]

As if that isn't bad enough, I have recently read an article stating that Clinton was given orders to "trash the Democratic Party" before he leaves the White House, supposedly to do away with any competition to the Bush presidency.

No matter which way you look at it, there seems to be a growing amount of in-fighting among different factions of the so-called "elite" controllers through their puppets. One can only wonder what the next chess moves will be.

THE GOV'T AND BANKS PLEAD FOR CONSUMERS NOT TO WITHDRAW MONEY

From the INTERNET, by Mitch Battros, <earthcng@earthlink.net>, 8/26/99: [quoting]

The article below has sent chills down my entire body. Folks I believe this very statement gives us the head's-up of what is to come. I had always stated, "Even if the Y2K issues were not as bad as expected, the perception of what could happen would be enough to cause a panic. The area to watch most closely is A Run On The Banks".

It appears our government is now starting to solicit support from "religious leaders" to help calm people down. I believe this to be short sighted, and may very well back-fire.

This is the most disturbing news report I have seen to date. I am alarmed due to the early release of this article. I would have expected these types of statements to come in November.

Banks say ATMs are Y2K-safe Urge clergy to tell congregations not to hoard cash...08/26/99

(AP)—The heads of the country's ATM networks on Wednesday urged consumers not to withdraw unusually large amounts of cash, while assuring them that their cards will work normally through the year-end date change.

THE NATION'S BANKERS, meanwhile, are distributing a folksy sample sermon for clergy to help them debunk fears of a Year 2000 catastrophe. "We wanted to reach out to the religious community," said John Hall, a spokesman for the American Bankers Association, referring to the four-page homily

which the group is distributing to bankers to share with their local clergy.

At a news conference, the ATM network executives advised consumers to treat the last weekend of the millennium as they would any long holiday weekend, withdrawing only the requisite amount of cash from automated teller machines.

Mitch Battros Producer—Earth Changes TV <<http://www.earthchangesTV.com>>. [End quoting]

No matter what circumstances we may find ourselves in, don't you think it's wise to have some cash on hand for emergencies of any type?? The fact that the bankers are going to such great lengths to tell us there is nothing to worry about—makes one wonder.

LIARS AND WHORES OF THE PRESS— SHERMAN SKOLNICK SOUNDS OFF!!!

From the INTERNET, courtesy of <paradiscuss@tje.net>, 8/18/99: [quoting]

LIARS AND WHORES OF THE PRESS—Those With The 50-Dollar Hairdos And The Nickel Heads, By Sherman H. Skolnick, Producer/Moderator, Public Access Cable TV Program *Broadsides*.

COKIE ROBERTS: One of her principal lies is that her late father, Cong. Hale Boggs [D., La.], believed a "lone assassin" [not the American CIA] assassinated President John F. Kennedy. Cong. Boggs sat on the Warren Commission which concluded that a "lone nut" blew out the brains of JFK in an open car in Dallas. By 1971, Cong. Boggs had misgivings. He began making public statements that J. Edgar Hoover's FBI was wire-tapping Congress and blackmailing public officials. Boggs had misgivings at the "lone assassin" finding of the Warren Commission panel of which he had been a part in 1964. Boggs was reportedly prepared to make public statements that Richard M. Nixon was complicit in the JFK murder. Nixon was there all day, that bloody time in Dallas, although falsely stating he left that morning by plane. [I was on a Dallas radio show with a former Director of PepsiCo Bottlers, whose counsel in 1963 was Nixon. He said Nixon did not leave that morning and when the murder was announced, Nixon, unlike the others gathered for a business convention, wanted to continue conducting business as if nothing had happened.]

Cokie's brother, super-fixer and "lobbyist", Thomas Boggs, is reportedly a pay-off man in Washington. According to published accounts, Boggs has been the lobbyist for central American countries and their "death squads".

Cokie Roberts has made public statements that she and her mother are satisfied that her father, the Congressman did, indeed, disappear on a plane flight to Alaska, 30 days before Nixon was re-elected President in 1972. Cokie

is in a position reportedly to know she is lying. U.S. Military Intelligence, jointly with other U.S. espionage agencies reportedly found the Congressman's airplane but have concealed that. Apparently Boggs' airplane had been sabotaged to silence him on statements he was about to make about Tricky Dick. NOTE: One month AFTER Nixon was reelected, 12 Watergate figures perished on a sabotaged plane crash in Chicago. Including Mrs. E. Howard Hunt, wife of the Watergate burglar. She had onboard two million dollars in securities she and her husband reportedly blackmailed out of Nixon for silence on Nixon's complicity in the JFK murder. The government attempt at cover-up of the crash as "pilot error" was wrecked when we "liberated" the entire government file, showing sabotage, and sued the fakers on the National Transportation Safety Board. Despite confronting NTSB with these documents at a reopened public hearing, the NTSB continued the big lie. Rockefeller-owned United Air Lines, covering up the sabotage, arranged to stop in the printing cycle my book, *The Secret History Of Airplane Sabotage*. [Alas, no copies are now available.]

To give Cokie "muscle" as a promoter of the big lie, her mother is U.S. Ambassador to the Vatican. [Previously the U.S. did not send an Ambassador to that theocracy, just a delegate.] Cokie's reward, as others who help cover up political assassinations? She was made a talking head pundit on ABC's Sunday morning network program.

DAN RATHER: In 1963 he was a much lesser known electronic journalist. He was standing in the shadows under the Triple Overpass Bridge, in Dealey Plaza, as the death car with Pres. Kennedy passed right under Dan Rather's nose. Rather was the only one on the planet to immediately be able to verify that JFK was mortally wounded. About six feet away from Rather, one of the several gunman had been shooting point blank at JFK from a little known sewer opening up on the railroad embankment. At my prompting, a populist paper in 1988 finally published the details after discovering the sewer cover right near where Rather was standing. Was it just a coincidence that Dan Rather was standing there? He alleged he was holding a bag of films to give to a TV network pick-up courier. Thereafter, as a reward for his silence and complicity, Rather was made CBS White House correspondent, and then, network evening news talking head. He's paid millions of dollars per year for his assassination complicity.

ROBERT MACNEIL: This Canadian correspondent just happened to be walking inside the building where the CIA "patsy" Lee Harvey Oswald supposedly shot JFK in the back of the head with a poorly built Italian Carcano rifle from a high window obscured by a tree. MacNeil helped promote the big lie of

Oswald as the "lone assassin". MacNeil was rewarded with millions of dollars per year by a nightly PBS TV program, called the MacNeil-Lehrer News Hour. Playing a role in the rewarding of MacNeil has been Sharon Percy Rockefeller, Public Broadcast dictator in the District of Columbia, long-time site of that News Hour. MacNeil, now retired, continues to own the TV show with Lehrer. Major sponsor of the show has been Archer-Daniels-Midland, soybean monopolist. ADM long-time boss, Dwayne Andreas, reportedly by corruption, escaped being prosecuted and jailed in the Watergate affair for his money laundering for the Nixon White House.

MacNeil's sidekick, Jim Lehrer, who dines from time to time with the Clintons, has become a high-paid faker and apologist for the Clintons' criminality.

One of the great secrets of the monopoly press is that those who help cover-up political assassinations are greatly rewarded by being promoted to top positions. Most of such assassin whitewashers are not promoted because of merit. By the way, a woman newsfaker once heckled me for my slogan "Liars and Whores of the Press", taking it to mean just female liars and whores. Not so, the slogan applies to both male and female press liars. Compared to the above named propagandists, Hitler's Joseph Goebbels was an amateur. Watch for further parts to this type of story.

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Citizen's Committee to Clean Up the Courts, Sherman H. Skolnick, chairman, 9800 So. Oglesby Ave., Chicago IL 60617-4870.

Recorded phone message [regular call]: (773) 731-1100; website:<skolnicksreport.com> [End quoting]

Many times we wonder how the people who get to the top positions "earned" their places of honor. All too often the truth is far from what we would logically assume, that the best person for the job is given the job. This gives a new twist to the old Peter Principle about rising in a job to your level of incompetence.

U.S. SECRETARY OF ENERGY AND
THE CHAIRMAN OF THE JOINT
CHIEFS OF STAFF IN TURKEY—
STRANGE AND CURIOUS!!!

From the INTERNET, courtesy of Calvin Burgin, <wrlldline@texas.net>, 8/18/99: [quoting]

Anyone know why BOTH of the above people just happened to be in Turkey at the time the quake hit?

I heard this on the *Today Show* yesterday, where they had the Secretary on the phone discussing what he'd seen/experienced. I

waited to see if any of the lists I'm on mentioned this, but I haven't seen it mentioned anywhere.

Just seems strange, and more than a little coincidental. — June [End quoting]

Not only were these two important people present in the area of the quake, but that quake just happened to be very, very near the location of the manufacture of the special water that we featured in a lengthy article starting on page 28 of the last issue of *The SPECTRUM*—which came out just shortly before the quake occurred. One wonders just how many coincidences to count up here!

BOMB EVIDENCE FOUND ON
JFK PLANE

From the INTERNET, *NITRO NEWS*, 8/99: [quoting]

By Jim Keith, a Feature Columnist.

Although the mainstream media has attempted to discourage speculation that John F. Kennedy Jr., his wife Carolyn, and her sister Lauren Bessette might have been murdered, persistent questions arise. For one thing, immediately prior to his death, JFK Jr. may have strayed into highly dangerous territory when he chose to research the questionable circumstances surrounding the 1995 assassination of Israeli Prime Minister Yitzchak Rabin.

Kennedy's *George* magazine had already run a 13-page article on the possibility of a conspiracy in the death of Rabin, and his interest in the case did not stop there.

According to Catherine Crier of Fox TV's *The Crier Report*, at the time of his death JFK Jr. was planning to meet with high-ranking members of the Israeli Mossad intelligence agency to discuss information about the Rabin murder. It has been reported that Kennedy was also planning to interview other members of the Israeli intelligence community in a quest to find out who the real perpetrators were.

Israeli journalist Barry Chamish, the author of *Who Killed Yitzchak Rabin?*, is another person who has noted that Kennedy was treading on dangerous ground before his death:

"The day it happened I wrote that JFK Jr. was doing more than any other American media figure to get to the bottom of the Rabin assassination truth." Chamish also points out in an unpublished article a potentially salient point: that JFK Jr.'s chauffeur was an Israeli, and would have been able to place a bomb in the group's luggage prior to takeoff.

This would all be just a conspiracy theory if on-site accounts at the time didn't convincingly disprove the accepted version of the crash. That version says Kennedy's plane plummeted to its destruction because of his inexperience as a pilot, or poor visibility.

At least three persons on Martha's Vineyard reported seeing or hearing an explosion in the sky in the area where the aircraft was at the time. One witness, a reporter for the *Martha's Vineyard Gazette*, described seeing a "big white flash in the sky". Oddly, or perhaps not, this information of an explosion has been ignored by the major media flagships.

More compelling evidence that a bomb destroyed the plane is the classified "Federal Bureau of Investigation Preliminary Report on the Recovery of Piper Saratoga Aircraft of John F. Kennedy, Jr.", leaked to investigator Sherman Skolnick. Among statements in the document:

* "The recovered aircraft shows evidence of an explosive device having been glued or affixed within the tail luggage compartment."

* "Device was apparently activated by a barometric trigger. Radio signals not ruled out."

* "Satellite images supplied by the National Reconnaissance Office record an outbursting flash from the aircraft just prior to it going into perpendicular descent."

* And: "Preliminary examination of the aircraft shows residue of an explosive device the Laboratory identifies as being the type used by certain foreign intelligence agencies."

Although the major media would like us to think so, the death of John F. Kennedy Jr., like the death of his illustrious father, is far from a "case closed".

Share your thoughts with other readers. Send us feedback by fax at (313) 557-4189 or

Subject: Ain't Technology Wonderful

An Amish boy and his father were visiting a mall. They were amazed by almost everything they saw, but especially by two shiny, silver walls that could move apart and back together again.

The boy asked his father, "What is this Father?"

The father responded "Son, I have never seen anything like this in my life, I don't know what it is."

While the boy and his father were watching wide-eyed, an old lady in a wheel chair rolled up to the moving walls and pressed a button.

The walls opened and the lady rolled between them into a small room.

The walls closed and the boy and his father watched small circles of lights with numbers above the walls light up.

The walls opened up again and a beautiful 24-year-old woman stepped out.

The father said to his son, "Go get your mother."

From the Internet

through e-mail. Jim Keith, a *Nitro News* Feature Columnist, is one of America's best known conspiracy writers, having penned over ten published books. His works include *Okbomb*, a revealing account of the Oklahoma City bombing, and the acclaimed *Casebook On The Men In Black*. Keith has appeared on multiple television and radio programs, including *Coast To Coast AM* with Art Bell (listen). His column is published exclusively on the *Nitro News* website each week, but does not necessarily reflect the views of the Editor and staff. [End quoting]

There has been a significant array of compelling evidence which has surfaced to support the bomb hypothesis for JFK, Jr.'s murder. The real question is just how long it can remain contained and out of mainstream public awareness.

KENNEDY CRASH NOT LISTED!— NTSB WEBSITE

From the INTERNET, courtesy of Calvin Burgin, <wrldline@texas.net>, 7/31/99: [quoting]

This note below, from a reader of *NewsHawk* articles and bulletins, makes such a very significant point with regard to the NTSB and the Kennedy crash, I felt ALL should be made aware of this information.

Here is PROOF that the NTSB is handling the "investigation" into the (causes of) the destruction of Kennedy's plane, in an unorthodox, irregular and SUSPICIOUS MANNER!

FIFTY-SEVEN incidents are reported since July 16 at the NTSB website: <<http://www.nts.gov/aviation/Accident.htm>> including some as recent as July 28. Yet there is not ONE MENTION of the crash of N9253N—you remember, the plane that Kennedy, Lauren and Carolyn Bessette were flying in when it BLEW UP?

What possible reason would the NTSB have (gee, let me think...) for EXCLUDING N9253N from it's normal processes of investigation AND DISCLOSURE?

And another point. I've been getting really irritated lately by people who suggest that "we" shouldn't be spending any more time and money on investigating how this hot-shot rich-kid busted up his plane in the water.

Unfortunately for them, our society has this funny thing about apprehending and punishing perpetrators of CRIMES, like MURDER. That's ONE thing our government is actually SUPPOSED to spend "our" money on.

How would any of YOU feel if there was STRONG evidence someone in YOUR family, who was an extremely accomplished pilot with 600 hours and 17 years experience, was intentionally BLOWN TO PIECES in the sky; yet relentless, incessant repetition of baseless, groundless, officially-instigated rumors,

speculations, and outright LIES had convinced most others that your family member was so incompetent as a pilot that he must have managed, incomprehensibly, to cause his plane to EXPLODE in mid-air due to some non-existent "haze" or whatever—so therefore there is no need to spend time and money looking at the REAL evidence of MURDER!

Interesting that just last weekend there were 2 small plane crashes or crash landings in the San Francisco area, in which TRULY INEXPERIENCED pilots with FAR LESS flight experience than JFK Jr. had to make forced, emergency "crash landings"—over land. These 2 inexperienced pilots were BOTH able to land their planes in genuinely marginal conditions and NO ONE was badly hurt in either incident. To think that a pilot with Kennedy's experience and qualifications would be unable to make a soft landing in the calm waters off Martha's Vineyard is really utterly unwarranted and illogical.

Again, WHY is there NO MENTION of the crash of N9253N on the NTSB's website???? —John Quinn/NewsHawk Inc. [End quoting]

How much longer can the killers deny the truth and get away with such blatant falsification of the actual events??

MILOSEVIC

From *MILITARY* magazine, Sep. 1999: [quoting]

We now know that Clinton's brilliant war strategy with the Serbs has made Slobodan Milosevic more popular with his people than before it started. It has united the Serbian people in their hatred against America. It has also stirred the pot in that region and may well set off other civil wars. [End quoting]

Or worse!!

SECURITY VIOLATION

From *MILITARY* magazine, Sep. 1999: [quoting]

Clinton's national security adviser, Sandy Berger, released classified information from the Cox Report to select members of the media before it was declassified. The White House wanted certain members of the media to be able to help them with the "spin" on damaging aspects of the Cox Report that showed nuclear weapons and missile technology have been released to Red China and, in some cases, stolen by spies working at our weapons labs. By releasing parts of the Cox Report to the media back in February, Berger violated laws concerning the safeguard of classified material, even before the CIA had finished their review of the report. [End quoting]

Here is a good example of how media spin is put into place to cover a sensitive topic. Never mind how many laws were broken in the process.

NIBIRU COUNCIL UPDATE ON COMET LEE

From the INTERNET, <http://www.nibirucouncil.com/html/comet_lee_update.htm>, 8/23/99: [quoting]

Greetings to all,

In light of the discovery of what is now being called Comet Lee, we feel it best to explain the impact, positive and negative, that this entity will have on Earth and it's people.

First off, let us explain what Comet Lee is. This is an intelligent entity that appears as a comet. It's unpredictable nature is due to the fact that it is not entirely just a comet. At this time we are directing it's course, and that course is, in many ways, also being directed by the actions and choices of the people of Earth. More on that in a moment.

The purpose of our sending this entity into your awareness and space is to provide a sort of dress rehearsal for the coming of a much bigger entity known to many as Nibiru. You could call Comet Lee a mini Nibiru for it fulfills much the same purpose. That purpose is to provide an opportunity for the people of Earth to awaken and begin their emotional clearing for the purpose of ascending to a 5th-dimensional frequency.

This planet, beloved Lady Gaia, will ascend, and it is our hope that at least 70% of you will go with her. The only way you can accomplish this is to recode your DNA through the clearing of your physical and emotional vehicles, which increases your ability to feel compassion, and thus integrate the Light and the Dark, which is compassion. We don't mean to confuse you, just suffice it to say that once you begin your emotional clearing, the other things will happen simultaneously.

Comet Lee is being sent to provide you with the opportunity to begin that process now, if you haven't already begun; and if you have, to motivate yourself to keep going. We feel how much you struggle with this clearing. We, having gone through it ourselves, know it is not easy to keep going and move through, and out of, the illusions of the 3-D reality.

Comet Lee can be whatever you want it to be. It can be a welcome motivator or it can bring great fear. As for it being pulled into your orbit, this will only happen if you choose it to happen. In other words, if the level of fear on the planet is great enough to warrant the events this comet will bring in order for that fear to be experienced and integrated, then Comet Lee will be your servant for that purpose. What we wish to impress upon you is that you, all the people of Earth, are the ones who decide what this comet will do and be to you.

In regards to the August events, we wish to remind you of what we said some months earlier. We informed you that an event or series of events would occur in August that

would forever change mankind's concepts of life, and the universe in which you exist. We did not say what those events would be with one exception, the possible arrival of Nibiru. That still remains a question to be answered. At this time we do not feel that having Nibiru arrive would be in your best interest, therefore we choose to send a precursor to Nibiru in the form of a much smaller entity, your Comet Lee.

On that note we would also like to mention that how you view the arrival of these August events would determine which frequency or dimension you would enter during the August dimensional shift. We would like to provide an analogy to explain this.

Imagine, if you would, a multi-story office building. In the lobby there are long rows of elevators. You, beloved beings of Earth, would enter those many elevators during the time frame of August 11-17, with each person individually choosing which day he or she would enter the building and step into one of the elevators. At that time your soul would choose which floor you would ascend to, based on the level of fear you still needed to integrate. Each floor is a different reality or dimensional frequency, with the upper floors having the least amount of challenge, struggle, and chaos, and the lower floors having the most.

Those of you who have cleared and integrated large amounts of fear will find that your souls have chosen the higher floors and your lives will begin to get a little easier in many ways. Your ability to manifest your desires, make money, have satisfying relationships, and fulfill your missions, will get easier. Those who have yet to clear will find their souls choosing the lower floors so that your hidden fears will be able to manifest in order for you to have the opportunity to integrate them. Once accomplished, you will move into the higher floors.

As you have begun to see, the people of Earth School were not given the universal knowledge of how to integrate fear. Instead they were given information of how to deny, suppress, repress, ignore, and hide from fear. This was in keeping with the concept of soul evolution on a planetary school. Therefore we see this as a positive. Dark is the schoolhouse and foundation of duality. It is only through losing the knowledge of who you really are, and then finding it again, and living it, that you achieve soul evolution and enlightenment.

For those of you still in condemnation and judgement of the school, we encourage you to see this from the highest perspective and be willing to integrate the dark of the planetary school, for that integration is your salvation, and will be significant in your soul's determination of which floor to choose in the August dimensional shift.

In closing we would like to say that you, the people of Earth, are doing a fine job; you

are succeeding in ascending. Many events scheduled to occur were cancelled because you did not need the experiences since you had integrated beyond them. Please continue this path. Allow Comet Lee and the other events scheduled to occur to be catalysts for growth and ascension.

We continue to hold you in our hearts. As ones who have walked the path of ascension, we understand the pain and fear that dimensional change brings. Please remember that you are not alone. We love you and we are cheering you on. We have sent the tools of integration through our messenger. Please use them to integrate the Dark within and without, for as always the Dark ultimately serves the Light.

The Great Hall of the Galactic Federation's Nibiruan Council is filled with the representatives of many of your families. We speak of those of you who are emissaries and ambassadors to Earth, the starseeds, walk-ins, and lightworkers. The time of your reunion with your loved ones is drawing ever nearer. Complete your mission and service to the people of Earth and then come home. Walking by Your Side, Devin through Jelaila, The Nibiruan Council of the Galactic Federation. [End quoting]

All people will not agree with certain aspects of the above but I feel the basic message is of much value and certainly in keeping with the theme of other offerings in this issue of *The SPECTRUM*. Moreover, the theme of dealing with fear has been a frequent topic of the spiritual messages of the Master Teachers from the Higher Realms as presented in the *WISDOM OF THE RAYS* volumes.

CHINA'S PHONES

From *MILITARY* magazine, Sep. 1999: [quoting]

You may soon be buying cell phone service from a company with ties to Beijing. Hutchison Telecom, a firm with connections to Red China's intel service, has been allowed to invest in VoiceStream Wireless, which serves about 100 million U.S. customers. Hutchison Telecom is owned by Hutchison Whampoa, with Li Ka Shing, a Chinese billionaire, as board chairman. Li has connections with the Beijing military and his firm also controls shipping on both ends of the Panama Canal. Li also tried to buy the military port at Long Beach, CA. [End quoting]

It certainly would be interesting to know just how much of the U.S. belongs to China now.

CAMBODIAN WEST POINT GRAD

The son of former Khmer Rouge officer, Hun Sen, now the prime minister of Cambodia,

sat next to the West Point commandant Lt. Gen. Christman this past June to see his son, Cadet Hun Manet, graduate from West Point. The boys at Foggy Bottom insist that even though Hun Sen served under Pol Pot, he didn't have anything to do with the Khmer Rouge leaders' murder of two million Cambodians. The boys at "State" also decided U.S. taxpayers should pay the \$250,000 that it took to educate young Hun Manet at the "Point". Hun will now attend grad school at New York University, then join the Cambodian Army. Hun Sen removed Prince Norodom in a bloody coup to get his job as prime minister in a 1997 election. [End quoting]

When you go high enough among the world leaders, you find there are no boundaries and none of the closed doors encountered by the common citizens. Moreover, as usual, we common citizens get to pay for the self-serving indulgences of these so-called elite. The question is: whose fault is it that these ones get away with such blatant scams?

SCAM: DON'T RESPOND TO E-MAILS, PHONE CALLS, OR PAGES WHICH TELL YOU TO CALL AN "809" PHONE NUMBER

From the INTERNET, <para-discuss@tje.net>, 8/20/99: [quoting]

SCAM: Don't respond to e-mails, phone calls, or pages which tell you to call an "809" phone number. This is a very important issue of Internet ScamBusters! because it alerts you to a scam that is spreading extremely quickly, can easily cost you \$100 or more, and is difficult to avoid unless you are aware of it.

We'd like to thank Paul Bruemmer and Brian Stains for bringing this scam to our attention. This scam has also been identified by the National Fraud Information Center and is costing victims a lot of money.

There are lots of different permutations of this scam, but here is how it works: Permutation #1: Internet-based phone scam via e-mail. You receive an e-mail, typically with a subject line of "ALERT" or "Unpaid Account". The message, which is being spammed across the net, says: I am writing to give you a final 24-hrs to settle your outstanding account. If I have not received the settlement in full, I will commence legal proceedings without further delay. If you would like to discuss this matter to avoid court action, call Mike Murray, Global Communications at (809) 496-2700.

Permutation #2: Phone or pager scam. You receive a message on your answering machine or your pager which asks you to call a number beginning with area code 809. The reason you're asked to call varies: it can be to receive information about a family member who has been ill, to tell you someone has been arrested, dead, or to let you know you have won a wonderful prize, etc.

In each case, you're told to call the 809 number right away.

Since there are so many new area codes these days, people unknowingly return these calls. If you call from the US, you will apparently be charged \$25 per minute!

Sometimes the person who answers the phone will speak broken English and pretend not to understand you. Other times, you'll just get a long recorded message. The point is, they will try to keep you on the phone as long as possible to increase the charges. Unfortunately, when you get your phone bill, you'll often be charged more than \$100! Here's why it works: The 809 area code is located in the British Virgin Islands (the Bahamas). The 809 area code can be used as a "pay-per-call" number, similar to 900 numbers in the US. Since 809 is not in the US, it is not covered by U.S. regulations of 900 numbers, which require that you be notified and warned of charges and rates involved when you call a "pay-per-call" number. There is also no requirement that the company provide a time period during which you may terminate the call without being charged.

Further, whereas many US phones have 900 number blocking (to avoid these kinds of charges), 900-number blocking will not prevent calls to the 809 area code. We recommend that no matter how you get the message, if you are asked to call a number with an 809 area code that you don't recognize, investigate further and/or disregard the message. Be very wary of e-mails or calls asking you to call an 809 area code number.

It's important to prevent becoming a victim of this scam, since trying to fight the charges afterwards can become a real nightmare. That's because you did actually make the call. If you complain, both your local phone company and your long distance carrier will not want to get involved and will most likely tell you that they are simply providing the billing for the foreign company. You'll end up dealing with a foreign company that argues they have done nothing wrong.

Please forward this entire issue of Internet ScamBusters! to your friends, family, and colleagues to help them become aware of this scam so they don't get ripped off. [End quoting]

There's probably more scams going around today than ever before, so it pays to be cautious. And with the vast explosion of electronic communications media like pagers and cell phones and call forwarding, etc., the possibilities for scams are much harder to detect before it is too late.

ABOUT THE SPECIAL WATER

I have no source for contact having to do with the special water that I included in the last *SPECTRUM*. Knowing how our "controllers"

minds' work, I don't think they are going to let us have it in this country just like they are preventing us from having free energy devices. As we have already noted, the earthquake in Turkey was suspiciously close to the special water research and development facility there.

NAVY PREDICTS WIDESPREAD Y2K FAILURES

From the INTERNET, 8/22/99: [quoting]
By Ted Bridis

A Navy report predicts "probable" or "likely" failures in electrical and water systems for many cities because of the Year 2000 technology problem—an assessment more dire than any other made by the government.

President Clinton's top Y2K adviser, John Koskinen, called the Navy's conclusions overly cautious, saying they assumed that major utilities would fail unless proved otherwise.

The most recent version of the study, updated less than two weeks ago, predicted "probable" or "likely" partial failures in electric utilities that serve nearly 60 of roughly 400 Navy and Marine Corps facilities.

The study predicted "likely" partial electrical failures, for example, at facilities in Orlando, Fla.; Gulfport, Miss.; Fort Lauderdale, Fla.; and nine other small- to mid-size cities.

It also predicted "probable" partial water system failures in Dallas; Nashville, Tenn.; Houston; Baton Rouge, La.; Montgomery, Ala.; Tulsa, Okla.; and 59 other cities.

The study forecast likely partial natural gas failures—in the middle of winter—in Albany, N.Y.; Fort Worth, Texas; Pensacola, Fla.; Charleston, S.C.; Columbus, Ohio; and Nashville.

The military report contrasts sharply with predictions from the White House, which weeks ago said in a report that national electrical failures are "highly unlikely". The White House report also said disruptions in water service from the date rollover are "increasingly unlikely". Koskinen, who vouched for the authenticity of the Navy report, noted that all its worst-case predictions for failures were marked as "interim" or "partial" assessments.

"It's not nearly as interesting as the world coming to an end," said Koskinen. "The way they worked was, until you have information for contingency planning purposes, you ought to assume there was a problem." The Year 2000 problem occurs because some computer programs, especially older ones, might fail when the date changes to 2000. Because the programs were written to recognize only the last two digits of a year, such programs could read the digits "00" as 1900 instead of 2000, potentially causing problems with financial transactions, airline schedules, and electrical grids.

The Navy report was first summarized on an Internet site run by Jim Lord, a Y2K author,

who said he obtained it "from a confidential source of the highest reliability and integrity". "The military has to work from the worst case, but so do we," Lord told the *Associated Press* on Thursday. "It's reprehensible for them to know this and keep it from us." Koskinen said the Navy wasn't withholding information from anyone, noting that the continually updated report was available until recently on a web site maintained by the Defense Department.

"The last people in the world the department is going to keep information from is their own people," Koskinen said. "In fact, the whole purpose of the exercise is to make sure they can provide appropriate information to servicemen on their bases and their families."

The report was pulled off the web site two weeks ago, Koskinen said. Neither he nor Defense Department officials offered any reason why. [End quoting]

Of course both sides of this controversy say they are right, but we all should have emergency supplies for severe storms, etc., anyhow.

One of the key methods that the dark forces like to use to maintain control over societies is to create fear in them. Let's don't play into their game. If you really trust in a Higher Power, there is really no reason to be filled with fear. And a little thoughtful planning for contingencies goes a long way to providing a comfortable ride-out of disasters when they do happen.

LESS PAINFUL DEFIBRILLATION

From *POPULAR MECHANICS* magazine, Sep. 1999 [quoting]

Defibrillation will be a less shocking experience for many future cardiac patients. The new C-Fib from CPR Medical of Albuquerque, NM can restart a stopped heart using less than 280 volts, compared to the 2000 to 5000 volts delivered by current defibrillators.

The lower energy output, roughly what it takes to light a 100-watt bulb, will make defibrillation less painful for conscious and semiconscious patients.

C-Fib should prove less shocking for hospitals as well, as the price is expected to be about half that of higher voltage defibrillators. FDA approval is expected this year. [End quoting]

This is a big step toward helping a critical situation without doing so much collateral damage that one problem is simply replaced with another.

WHAT IS AN INDIGO CHILD?

From *BACK COVER OF BOOK:* [quoting]

The Indigo Child is a boy or girl who displays a new and unusual set of psychological attributes, revealing a pattern of

behavior generally undocumented before. The pattern has singularly unique factors that call for parents and teachers to change their treatment and upbringing of these kids to assist them in achieving balance and harmony in their lives, and to help them avoid frustration.

In this groundbreaking book, international authors and lecturers Lee Carroll and Jan Tober answer many of the often-puzzling questions surrounding Indigo Children such as:

Can we really be seeing human evolution in kids today?

Are these kids smarter than we were at their age?

How come a lot of our children today seem to be “system busters”?

Why are so many of our brightest kids being diagnosed with Attention Deficit Disorder (ADD)?

Are there proven working alternatives to Ritalin?

Throughout this work, Carroll and Tober bring together some very fine minds who shed light on the Indigo Child phenomenon. These children are truly special, representing a great percentage of the kids being born on a worldwide basis. They come in “knowing” who they are—so they must be recognized, celebrated for their exceptional qualities, and guided with love and care.

This is a must for the parents of unusually bright and active children!

Jan Tober and Lee Carroll speak before thousands of seminar attendees worldwide on human enablement and empowerment. Lee has authored seven self-help books over the past ten years that have been translated into multiple languages. Jan is the author of numerous articles, audiocassettes, and CDs related to self-help.

Please visit the Hay House Website at <www.hayhouse.com> and the Indigo Child website at <www.indigochild.com>. [End quoting]

I have read this book and I don't have any financial interests and I do not know these people. This is such a good book that all parents can get much help from it. It will especially help those who have or are thinking of putting their kids on drugs of some type for controlling them. Also it is very good help for the parents of those children who “just don't fit the mold”.

UNLEADED GREEN STEEL

It's not just gasoline refiners who have gotten the lead out. The metals industry has jumped aboard the environmental bandwagon by introducing what it calls Earth-friendly Green Steel.

Researchers at the University of Pittsburgh's School of Engineering, which developed the lead-free steel, say it could cut total steel use costs by eliminating the charges associated with

handling the toxic metal.

Instead of being made with lead, Green Steel uses tin. The additive endows the steel with the same performance properties and even makes it a bit easier to machine.

The most common use for steel is in automobile parts. Several major automakers in the United States and Germany already have indicated interest in the lead-free steel. The worldwide market for Green Steel is estimated to be \$1 billion a year. [End quoting]

This must be good for the controlling elite's pocketbooks for them to make such a drastic change in a basic product.

SURGEON GENERAL'S VACCINE LETTER ASSAILED

From the INTERNET, Jackie Lindenbach, <tetra@tetrahedron.org>, 8/20/99: [quoting]

Please pass this important press release on. Thank you.

Contact: Jackie Lindenbach @ (208)265-2575, (800)336-9266.

Watchdog Groups Say Death Toll From Vaccines Amounts to “Genocide”:

Surgeon General's Letter in USA Today Assailed

Sandpoint, ID—Surgeon General David Satcher's letter in *USA Today* (“Immunization A Must: Protects All”, August 19, 1999), in which he complained that vaccine risks were overstated in an earlier cover story (“Now Parents Fear Shots”, August 3, 1999), was harshly criticized as “genocidal propaganda” by a recognized expert in public health education, Dr. Leonard Horowitz.

Dr. Horowitz, director of a health science publishing group (Tetrahedron Press, 208-265-2575) had received an invitation to meet with Dr. Satcher to “discuss issues of mutual interest” regarding vaccine risks when the surgeon general was still directing the Centers for Disease Control and Prevention (CDC). Dr. Satcher cancelled the meeting citing a “lack of credible scientific evidence”.

“Dr. Satcher's comment that ‘serious [vaccine] side effects are extremely rare’, follows in the great tradition of Nazi spin doctor Josef Goebbels,” Dr. Horowitz said. “In recent months, our vaccine research network, including many reputable scientists, has helped reform military and public vaccine policies concerning anthrax, hepatitis B, and polio due to risks far greater than the surgeon general admits.”

The oral polio and hepatitis B vaccines were particularly troubling to Dr. Horowitz and affiliated anti-vaccine activists due to government documents published in his bestselling book *Emerging Viruses: AIDS & Ebola: Nature, Accident, Or Intentional?*, (Tetrahedron Press, \$29.95; 1-888-508-4787). The text, recently credited during the CDC's Advisory Committee on Immunization Practices

by Dr. Robert Chen as among the most persuasive risk awareness works supporting the anti-vaccination movement, was reviewed by Dr. Satcher.

“I assume Dr. Satcher noted the contracts under which numerous immune system destroying viruses, similar to the AIDS virus (HIV), were secretly prepared during the late 1960s by biological weapons contractors and the military chimpanzee supplier Litton Bionetics. Dr. Satcher even received the contract under which Litton shipped contaminated primates to the Merck pharmaceutical company,” Dr. Horowitz said.

Merck's chief vaccine maker, Dr. Maurice Hilleman, likewise testified that he “didn't know we were importing AIDS virus at the time” the contaminated monkeys entered his primate containment and vaccine production facilities.

According to the evidence Dr. Horowitz provided Dr. Satcher, contaminated monkeys and chimpanzees were used by the CDC, FDA, and Merck vaccine makers to develop the hepatitis B vaccine injected into gay men in New York City and Blacks in Central Africa in 1974. “This was perfectly timed for the emergence of HIV, related to a chimpanzee virus, four years later”, Dr. Horowitz reported during a scientific session at the XI International Conference on AIDS.

Following Dr. Satcher's implied denial of CDC wrongdoing, Dr. Horowitz issued a formal complaint to his network, carried by national newswires. Dr. Satcher's inability to see the incriminating evidence at the time he was being considered for the surgeon general post was reminiscent of the story told in *The Emperor's New Clothes*. “Here was a Black man who could watch his own people in the U.S. and Africa, and millions of others around the world, die without seeing anything,” Dr. Horowitz lamented. “The surgeon general's uniform suited him perfectly.”

According to Ingri Cassel, cofounder of the North Idaho chapter of Vaccination Liberation, partly responsible for her region's lowest vaccination rate in the nation, “Dr. Horowitz's inflammatory statements are appropriate under the circumstances”. Ms. Cassel believes that sufficient scientific evidence exists linking vaccines to a plethora of autoimmune disease epidemics, cancers, and even female infertility. The evidence warrants a more thorough investigation than recently done by Congress,” she said.

Genocide is defined as the mass murder of people for political and/or economic reasons. During the late 1980s, experimental tetanus vaccines containing the sterilizing hormone HCG were given to millions of unsuspecting women in the Americas and in several Third World nations. “Today, 25 percent of Black women in urban America, and 35 percent of Native American women, are sterile,” Dr.

Horowitz said. "What a convenient 'act of Nature' for those who fund population reduction programs, including the world's largest vaccine-maker, Merck. If that's not the grossest conflict of interest in Earth's history, I don't know what is."

Records show the Merck pharmaceutical company received a major share of the Nazi "flight capital" at the close of World War II when its president, George W. Merck, was America's biological weapons industry director. These facts were revealed by Norman Covert, Army public relations director at Fort Detrick in Frederick, MD, and veteran news correspondent Paul Manning in his book *Martin Bormann: Nazi In Exile* (Lyle Stuart, Inc, 1981).

"It's likely no 'accident' or 'act of Nature' that today, after HIV has devastated populations in Central Africa and gay America, that 73 percent of AIDS cases in the United States are Black and Hispanic. Could today's public health units and physicians offices be like the concentration camps of yesteryear?" Dr. Horowitz, the son of a Holocaust survivor, questioned: "Are modern vaccines being used in place of the gas? Given the evidence, we may want to change Dr. Satcher's title to 'surgeon genocide'."

People wishing to learn more about Dr. Horowitz's publications, including how to be exempt from vaccine "mandates", can visit his website at: <<http://www.tetrahedron.org>> or call: 1-888-508-4787. Send mail requests to Tetrahedron Press, 206 N. 4th Street, Suite 107, Sandpoint, Idaho 83864.

Note to Journalists: For review copies of Dr. Horowitz's works, or media interviews, please contact Jacqueline Lindenbach at 1-800-336-9266. [End quoting]

The crooks in high places are still prosecuting the servicemen who refuse to take the admittedly contaminated vaccines for anthrax. And there has been recent news about development of a new form of oral vaccine form which will make it possible for you to be "slipped" one or more vaccines, say in an ice cream cone, without your ever even knowing about it. Aren't we lucky!

STRANGE HAPPENINGS IN THE SKIES!!

Excerpted from the INTERNET, <AABCC@onelist.com>, 8/25/99: [quoting]

Hi Everyone,

* Survivor of Turkish quake describes a fireball: "It was awful", he said. "It was like a science fiction movie when a fireball rushes toward you and blows open your doors. I saw it coming clearly through the window in my son's room. It looked like a red fireball."

* Reports of lunar flash or object passing in front of Moon:

EDITOR'S NOTE: I've been getting a

boatload of reports concerning a lunar anomaly, something passing in front of or eclipsing the Moon. HEADS UP!

Email, 08/22/1999, 6:00:57 PM Pacific Daylight Time: At just before midnight (EDT) on Friday night I was looking at the Moon while stopped at a traffic light. While observing, I noticed a bright blue flash dead center in the visible part of the Moon. I am curious if anyone else noticed this or if it was perhaps one of those sparkles seen after rubbing your eyes.

Email (separate source), 08/23/1999, 5:12:57 AM Pacific Daylight Time: Did any one else see anything weird about the Moon on the 19th and 20th of August 1999? We witnessed something that hid 25% of the Moon, so at the time it was at nearly 1/2 or at 1/2 Moon, and the top half of the Moon was also black. It lasted for less than 5 minutes but was witnessed by 3 people. The Moon appeared like a slice of cheese. It happened sometime around 10:30/10:45 on the evenings of 19/20. It looked like something came between the Moon and the Sun, but on the opposite side to the Earth. Anything special?

E-mail, 08/23/1999, 7:26:37 PM Pacific Daylight Time: My husband saw the same event on the night of August 19/20, 1999. He was working all night repairing storm damage when, at around 12:30 a.m. central time, he looked up and noticed (behind the clouds) a bright light. An intense bright orange. He knew it wasn't a planet or star. After studying it for awhile he realized that it was indeed the Moon. He described it in almost the same way as you did. He said it lasted about 5 minutes at "around" 12:30 in the morning (10:30 PM Pacific). It appeared to be in the shape of a "hunk of cheese". He also said he'd never seen the Moon "covered" in this way before. Only about 25% of the moon was showing.

As I read your post to him he immediately got excited knowing someone else had seen this event too. He's usually very quick to thumb his nose at stories like this. I wonder what it was.

E-mail, 08/24/1999, 12:48:07 AM Pacific Daylight Time: If there was something casting a shadow and we know roughly the time of day it happened (I can get a more accurate time later), could someone work out the possibility of where this [shadow-casting body] could be?

I would also [declare] the Moon was an intense bright orange at both times or even red (an unscheduled eclipse but from what?) at 10:30—10:45 PM.

Sighting 1 10:30 BST, Bracknell, England

Sighting 2 10:30 PT ??? USA

So was there any sightings at 10:30 pm anywhere else?

E-mail, 08/24/1999, 2:20:37 AM Pacific Daylight Time: I also saw the Moon appear strange in NYC on August 19 around midnight. It appeared that the top half of the Moon had

disappeared. It was unusually large and bright red that evening. We thought at the time that it could be cloud cover. [End quoting]

You might want to glance up into the skies frequently to see what's going on. Many people all over the world are seeing "strange" sights.

EMERGENCY BULLETIN ON SILVER COLLOIDS

From the INTERNET, Herbal Healer Academy, <newsletter@lists.herbalhealer.com>, 8/25/99: [quoting]

FDA Going After Colloidal Silver— Nation Wide!!!!

The FDA is going to try and stop the sale of Colloidal Silver!!!! Read the news brief at <<http://www.herbalhealer.com/silver.html>>

The FDA is claiming that it is not safe as a nutritional supplement and it must be placed under the category of a drug. There is a 30-day period in which the lawyers that represent the Colloidal Silver Industry in this country have a chance to file an injunction against the FDA. Under the current ruling, I was told by the manufacturer that the FDA plans to stop the distribution of Colloidal Silver at the manufacturing level. The deadline for cease-and-desist is September 16, 1999. The FDA has been very sneaky about this ruling and the natural medicine industry is just finding out about it now, as the clock is ticking!

Be alarmed! This is a tragic mistake on the part of the FDA as thousands of people in this country have been helped by this safe, natural, anti-microbial. There is not enough time for us to warn all the Herbal Healer Academy members by snail mail, so please pass this information along.

Many of you know the value of this product and for the sake of yourself and families, stockpile some!!! We have some great prices for you at Herbal Healer and will ship while the supply lasts!!!

<<http://www.herbalhealer.com/monthly.html>>

Remember we have a pharmaceutical-grade Colloidal Silver at 500 ppm. This is one of the best and safest products in the nation! It will store in a dark glass bottle for years!!!

Dr. McCain

Herbal Healer Academy Inc.

FDA: Silver In Drugs May Not Be Safe

1:56 p.m. ET (1756 GMT) August 19, 1999

Reuters: NEW YORK— (comments in brackets)

Over-the-counter drug products that contain colloidal silver or silver salts have not been shown to be safe or effective, announced the US Food and Drug Administration (FDA) on

Tuesday.

The FDA also said that the general public cannot use these types of drugs safely because adequate directions for the products could not be written.

[Get this—the general public (that's you!) CAN NOT use Colloidal Silver anymore because they can't write adequate directions. How hard is it to write "½ teaspoon in water once or twice a day" ?????]

Products containing silver particles have been appearing in stores in recent years, note FDA officials. Labels on these products include claims that the products can treat adults and children for diseases including AIDS, cancer, tuberculosis, malaria, lupus, syphilis, scarlet fever, shingles, herpes, pneumonia, typhoid, and tetanus.

But FDA officials write that such products are misbranded "when their labeling falsely suggests that there is substantial scientific evidence that the drugs are safe and effective for their intended use".

[This is simply not true. Colloidal Silver has been tested, written up in medical journals, and found completely safe and non-toxic and effective in treating hundreds of organisms. We have had thousands of people use it and find it very effective as a safe, natural antibiotic.]

According to the FDA Final Rule issued Tuesday, "a colloidal silver product for any drug use will first have to be approved by the FDA under the new drug application procedures".

[They are basically not going to permit anyone to say anything about colloidal silver being a natural antibiotic. No references to the incredible value in treating some of the hardest-to-kill microorganisms. Alarming, isn't it, considering all we are hearing from the CDC is that the microbes are becoming antibiotic resistant and we have to find other solutions. Well folks, here goes one!!! I am sure most of you know by now that to get a "drug" approved it costs hundreds of thousands of dollars and takes years.]

Use of colloidal silver solutions, where silver particles are suspended in a gelatinous base, can result in argyria, "a permanent blue-gray discoloration of the skin and deep tissues," notes the FDA.

[This Argyria scare is based on very rare isolated incidents on the use of impure colloidal silver, prescribed by medical doctors back in the 40s. If you research this you will find they were given massive doses and it is not even the same Colloidal Silver preparations that we use today.

Moreover, have you ever seen any Colloidal Silver on the market in a gelatinous base? I have personally tested Colloidal Silver on dogs, cats, horses, goats & ferrets, and found it effective EVERY TIME! Thousands of our members have taken it with no side effects

EVER reported of any kind and NO ONE ever got gray skin. Now you know who has put out all the "turn your skin gray" disinformation!]

The products in question include colloidal silver ingredients and silver salts such as silver proteins, mild silver protein, strong silver protein, silver chloride, and silver iodide. The drugs are usually in oral dosage form, but sometimes exist in topical (to be applied to the skin) and even intravenous forms.

[Silver iodide??? Good grief, this has nothing to do with colloidal silver!!! I think they seed clouds with this silver iodide stuff! Folks, this is very serious as it is an out and out removal of your rights to choose safe, natural alternatives to the chemical killers being dished out by the mainstream medical people. We all know this is about money and pharmaceutical drug cartels controlling the markets, with no regard to your true health and well being. The FDA is not interested in your well being; if they were, they would not only read the thousands of documented reports on Colloidal Silver, they would recommend that all the doctors in this country use it!!!

Raise Cain on this one, folks, and in the meantime, get your Colloidal Silver stock while we still have it available!] — Dr. McCain (still on a rant).

This is a free, monthly subscription-only newsletter. [End quoting]

I know nothing about the above company and take no responsibility if you deal with them. I'm just passing on information for you to do your own research if interested.

Most of our readers probably know that well-produced silver colloids are a very valuable medical resource, but you probably know that the dark, so-called elite have purposely bred many silver colloid-resistant germs also.

For several years we have all been expecting this attempt to prevent us from having the things which can really help counteract the "germ warfare" assaults purposely being engineered against us. The truly creative ones among you-the-public will not only quietly work around this impending ban, by putting together the necessary equipment to make your own colloidal silver — for "experimental purposes only" of course. Moreover, it would be wise to research the private fabrication of other colloids which can overcome the silver-resistant bugs that have been engineered to use against us.

POLITICAL SCIENCE 101: E.T. DISCLOSURE POLICY SPLIT

From the INTERNET, <para-discuss@tje.net>, 8/26/99: [quoting]

There is a deep division within the Bilderberg Group, mirrored in the other world management policy bodies, the Council on Foreign Relations, the Royal Institute of International Affairs, and the Trilateral Commission, as well as within the Departments of Defense and the Intelligence agencies of the U.S. and NATO countries, between those (the Enlightened Minority) who feel it's time to go public with ET contact and present the cumulative experience with ETs as non-threatening, and those (The Benighted Majority) who advocate keeping ET contact hidden while studying ETs further to find their weaknesses in order to continue to refine weapons to repel them, because ETs threaten the current "elite's" monopoly on the apparatus of wealth, power and status.

Bilderberg, CFR, TLC, etc. were built to serve their "elite" masters. The progressives therein can advocate for enlightened world management policies. But they have to see if the majority go along with such policies. The selfish majority don't when some powerful faction's economic ox (e.g. the Dutch royal family's profitable ownership of [Royal Dutch] Shell [Petroleum. Ltd.]) is about to be gored by potential release of nonpolluting Zero-Point Energy [ET] technology.

Dr. Michael Wolf of the National Security Council and my ex-NSA source (and others, such as Colonel Steve Wilson, USAF, Colonel Donald Ware, USAF, Command Sergeant-Major Robert Dean, USA, etc.) are part of the Enlightened Minority within the Intelligence and military organizations, who feel it's time for UFO reality to come out. They aren't waiting for the Benighted Majority to give permission. Thus we are being treated to an extraordinary level of substantive UFO/ET disclosures from authoritative sources.

Those who won't accept UFO reality until they hear it from the President's lips may have to wait a while longer. But anyone who cares

Announcement

**David Icke in Los Angeles
September 19, 1999
2:30~5:30 PM Pacific Time
Contact - Tim Gunns
L.A. Awareness 2000 Expo
phone: 310-479-2722**

to attend to what other governmental figures are disclosing can find substantial documentation of the reality of UFOs and ET contact.

Richard Boylan, Ph.D., LLC 2826 O Street, Suite 2, Sacramento, CA 95816, USA, (916) 455-0120, email: <drboylan@jps.net>, website: <http://www.jps.net/drboylan/>, author of: *Close Extraterrestrial Encounters, Labored Journey To The Stars* and *Project Epiphany*. [End quoting]

It looks like in many ways the so-called "elite" controllers are beginning to divide among themselves and fight amongst themselves, which will eventually do themselves in, as has been foretold.

HEART, MIND & SOUL SUSTENANCE

From the INTERNET, <CAUSupdates@caus.org>, 8/1/99: [quoting]

Dear Friends:

On this Sunday, I share with you some simple stories for the heart and soul as well as a simple test for the mind.

BUTTERFLY COURAGE

by Steve Shultz
(steve@elijahlist.com)

Walking down a path through some woods in Georgia in 1977, I saw a water puddle ahead on the path. I angled my direction to go around it on the part of the path that wasn't covered by water and mud. As I reached the puddle, I was suddenly attacked! Yet, I did nothing, for the attack was so unpredictable and from a source so totally unexpected I was startled as well as unhurt, despite having been struck four or five times already. I backed up a foot and my attacker stopped attacking me. Instead of attacking more, he hovered in the air on graceful butterfly wings in front of me.

Had I been hurt I wouldn't have found it amusing, but I was unhurt; it was funny, and I was laughing. After all, I was being attacked by a butterfly! Having stopped laughing, I took a step forward. My attacker rushed me again. He rammed me in the chest with his head and body, striking me over and over again with all his might, still to no avail.

For a second time, I retreated a step while my attacker relented in his attack. Yet again, I tried moving forward. My attacker charged me again. I was rammed in the chest over and over again. I wasn't sure what to do, other than to retreat a third time. After all, it's just not every day that one is attacked by a butterfly. This time, though, I stepped back several paces to look the situation over. My attacker moved back as well to land on the ground. That's when I discovered why my attacker was charging me only moments earlier.

He had a mate and she was dying. She was beside the puddle where he landed. Sitting

close beside her, he opened and closed his wings as if to fan her. I could only admire the love and courage of that butterfly in his concern for his mate. He had taken it upon himself to attack me for his mate's sake, even though she was clearly dying and I was so large. He did so just to give her those extra few precious moments of life, should I have been careless enough to step on her.

Now I knew why and what he was fighting for. There was really only one option left for me. I carefully made my way around the puddle to the other side of the path, though it was only inches wide and extremely muddy. His courage in attacking something thousands of times larger and heavier than himself, just for his mate's safety, justified it. I couldn't do anything other than reward him by walking on the more difficult side of the puddle. He had truly earned those moments to be with her, undisturbed.

I left them in peace for those last few moments, cleaning the mud from my boots when I later reached my car. Since then, I've always tried to remember the courage of that butterfly whenever I see huge obstacles facing me. I use that butterfly's courage as an inspiration and to remind myself that good things are worth fighting for.

ATTITUDE

by Charles Swindoll

The longer I live, the more I realize the impact of attitude on life.

Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness, or skill. It will make or break a company, a church, and a home. The remarkable thing is that we have a choice everyday regarding the attitude we will embrace for that day. We cannot change our past; we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our ATTITUDE. I am convinced that life is 10 percent what happens to me and 90 percent how I react to it.

A SMILE

So the Zen master steps up to the hot dog stand and says: "Make me one with everything." The hot dog vendor fixes a hot dog and hands it to the Zen master, who pays with a \$20 bill. The hot dog vendor puts the bill in the cash drawer and closes the drawer. "Where's my change?" asks the Zen master.

And the hot dog vendor responds, "Change must come from within."

IF I HAD A CHILD TO RAISE
by Diane Loomans

I'd finger-paint more, and point the finger less.

I'd do less correcting and more connecting.

I'd take my eyes off my watch and watch with my eyes.

I would care to know less and know to care more.

I'd take more hikes and fly more kites.

I'd stop playing serious and seriously play.

I'd run through more fields and gaze at more stars.

I'd do more hugging and less tugging.

I would be firm but affirm much more.

I'd build self-esteem first and the house later.

I'd teach less about the love of power and more about the power of love. [End quoting]

We are living in a time when much that we have been taught (by the advertising media) to call important will fall by the wayside as we become reacquainted with what is truly important. What a different world we can be living in if we all take the thoughts above to heart and live by them. 

NEWS AND ARTICLES

News articles and clippings can be submitted to:

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As always, I appreciate the many contributions you readers make to this column. God Bless!

Part III Of A Series

Native American Perspectives: The Native Ways And Teachings

8/10/99 RAY BILGER

On Friday, July 23, 1999, history was made in Vancouver, British Columbia, Canada. It was the culmination of a four day conference of Native leaders from the United States of America and Canada. The title of the conference was *Uniting First Nations: Tecumseh's Vision*.

The Assembly of First Nations (A.F.N.—First Nations is the name used in Canada for the Native tribes), with 633 member bands from throughout Canada, was represented by their National Chief, Phil Fontaine. The National Congress of American Indians (N.C.A.I.), with over 250 member tribes across the United States, was represented by their President, Ron Allen. The opening session on July 21 was attended by 5,000 representatives of indigenous peoples from as far away as New Zealand, Asia, and Latin America. Observers from the United Nations and the Organization of American States (O.A.S.) were also present.

This was the first such conference of Native leaders from both sides of the Canada-U.S. border in 60 years. On July 23 the A.F.N. and the N.C.A.I. made history by signing an accord in front of about 1,000 delegates, essentially declaring they would cooperate across the White man's imposed borders to fight their cause together. The accord dealt with traditional problems of all North American Indians, including land claims, alcohol abuse, education, and protection of the Native culture. Ron Allen said: "This event is a statement to the world which tells people the sovereignty of Indian nations will prevail."

Phil Fontaine, wearing full head-dress, and Ron Allen passed around the traditional sacred pipe while the drums of the pacific northwest coast Salish Nation echoed through the convention hall. Fontaine said, "This is a historic event in the relationship between the First Nations in Canada and Indian tribes in the U.S. It is not about independence.... It is really about securing our rightful place and our land. We recognize that a joint strategic approach to common issues is the best way to go—strength in numbers." He said they

eventually hope to form political partnerships with indigenous leaders from all over the world.

The days of the White man's ill-fated attempts to divide and conquer the Native American nations are over. As if by some Higher Guidance, Native peoples are now working very seriously to bring all people together to unite and work as one, to help our Mother Earth.

This was the vision and dream of the great Shawnee chief, warrior, orator, and statesman, Tecumseh (1768-1813)—a confederation of Indians where each saw themselves first as Indian, and only then as a member of a tribe, clan, or nation. Tecumseh said:

[Quoting:]

No tribe has a right to sell [the land], even to each other, much less to strangers.... Sell a country? Why not sell the air, the great sea, as well as the Earth? Didn't the Great Spirit make them all for the use of His children? The way, the only way, to stop this evil, is for the Red man to unite in claiming a common and equal right in the land, as it was first, and should be now, for it was never divided.

[End quoting]

When the baby Indian boy was born, his father saw a comet streaking across the sky, so the boy was named Tecumseh, which means "panther crossing the sky". Tecumseh was known (and is still highly respected) not only for his vision of unity, but for his intimate understanding and eloquent portrayal of the Native way of life—perhaps the way we all might live.

[Quoting:]

When you arise in the morning, give thanks for the food and for the joy of living. If you see no reason for giving thanks, the fault lies only in yourself. Abuse no one and nothing, for abuse turns the wise ones to fools and robs the spirit of its vision. Trouble no one about their religion—respect others in their view, and demand that they respect yours. Love your life, perfect your life, beautify all things in your life. Seek to make your life long and its purpose in the service of your people. Always give a word or a sign of salute when meeting or passing a friend, even a stranger, when in a

lonely place. Show respect to all people and grovel at none.

Live your life so that the fear of death can never enter your heart. When it comes your time to die, be not like those whose hearts are filled with the fear of death, so that when their time comes they weep and pray for a little more time to live their lives over again in a different way. Prepare a noble death song for the day when you go over the great divide. Sing your death song and die like a hero going home.

[End quoting]

Some have understood for a long time that we must work together and that this year, 1999, is absolutely pivotal in determining just how our immediate future will unfold. An Elder of the Algonquin Nation recently wrote the following *Letter To The World*:

[Quoting:]

Dear World,

The prophecies from all cultures have been written that this is the year of the decision. Either we are going to change and clean our Mother Earth or keep on destroying her as we have been doing. If we do not make the change, then there is no future for our children.

First, we need to bring all the four colors of races together in peace, love, and racial harmony. It is an unconditional love for all. The Mother Earth's veins have been clogged for many years and her veins are her waterways. Her bones have been taken out of her body, which is the uranium, oil, coal, etc., because of the lust and uncontrollable passion for power and money. The Indian people of North and South America are the Keepers of this Turtle Island. The natural destruction that has occurred, such as earthquakes, hurricanes, and volcanic eruptions, etc., is because people have built on sacred lands of the Mother Earth. These are her beauty lines. She needs to breathe and move. When she yawns, she does not mean to hurt her children, but she needs to move because she is a living being, just like you and I.

Our Mother is giving us a chance to clean her. If we do not, she will have to do it herself. The disasters will get worse and the

children are going to get hurt.

We are in our Fourth World. It is our last chance. I pray that the four races come together in love, peace, and harmony, that we all can join hands and walk as one to save our Mother Earth and the children.

The Walk For The Earth has started with a ripple, but is now turning into a wave. The people are now starting to come together as the prophecies said. I pray for all my sisters and brothers; I pray for strength and understanding to make the circle strong.

Mequetch with Peace and Love for all,
[End quoting]

This *is* the year of decision and what each one of us chooses to do today will very much determine what the future shall be like for all of us. If we look around us with discernment, we can see everywhere the signs that people are coming together against the forces that are attempting to destroy our Mother Earth. Those evil forces are slowly but surely losing the control they have had over us for far too long.

Let us look again, as we have in past articles of this series, to the wisdom of Rolling Thunder, the Shoshone medicine man, healer, and activist:

[Quoting:]

I think that in the White man's world most people believe that you have to take a course, that you have to force your way into whatever it is you do. This is not the way it is in the spiritual world, or in the Indian world....

If you have been living right, the Guidance will be provided for you. To choose between good and evil, and to choose the right, that's the key to being a spiritual person. We do not practice the kind of medicine that forces people to do things against their will. We want people to be in accord with themselves and all of nature....

We Indians come from a different world. We were here when the Earth was young. It shook when we walked on it. That's how ancient we are on this land....

Long ago there were greater civilizations on this land than those of the present. Many things about the history of this land never appear in history books.... Examples are when they teach that there was nothing here before Columbus came, that Columbus discovered America, and that certain tribes are extinct. I am talking about real history, not the standard foolishness. [Editor's note: For more examples of "forgotten" history, see Ray's book, *The Untold History of America*, Vol. I, which fills-in some important missing historical information that every informed citizen should be aware of. If only there were some brave teachers out there who would use this book in conjunction with "required" high school

texts!]

The ancient peoples of all countries and all races at one time knew the ancient ways of how to live together, work together, and sing together. The circle is a symbol shared by all ancient peoples, and that's what it represented.... The circle is the emblem of the Great Spirit. We Native people knew the Earth was round at a time when Europeans thought it was flat.... [And] we didn't come [here] across the Bering Strait....

Before Atlantis went under the sea, the Atlanteans used big boats and could travel in other ways too. They had flying saucers and big canoes and they traveled with the currents when they wanted to. There were great cities with no pollution and no hunger. There was commerce by boat into Mexico and with the Mayans.

The traditional people who got away before

Atlantis went underwater migrated to many places. Some went to Ireland, and they took their knowledge with them. The Cherokee and the Irish are cousins. One of our prophecies is that one day the tribe will reunite....

Ancient people could invent whatever they wished; they could create machinery that would never wear out. They could do such things because they had great knowledge used in a good way for the benefit of all.... They had great technology, astronomy, mathematics—far greater than anything we have today in this society.... They knew how to use spiritual laws to make things easy.

They had the knowledge of how to move twenty-ton boulders and shape the stones where they couldn't put a knife blade between them. I said "shaped"—they didn't chisel or cut them. They could move huge boulders over vast distances, hundreds of miles, and it was easy.

The Untold History Of America



by Ray Bilger

This book shatters the image that has traditionally been portrayed as American History, by exposing the high-level corruption that passes for business as usual in the Halls of Congress, the White House and throughout our entire Judicial system.

The Untold History Of America was written for the specific purpose of providing a high school textbook for all American schools that would educate students about the real nature of our national situation. With a clear understanding of things as they exist in reality, students will then be in a much better position to go on in life and do something to correct our current downhill course.

This book is for those who want to know why America is the way it is today, where we went wrong, who are the responsible parties, and what we can do to bring back the American Dream our forefathers and mothers fought so hard to establish and gave their very lives to defend.

Special emphasis is placed throughout the book on the original inhabitants of America, the Native Americans. They lived for thousands of years on this continent in complete harmony and balance with the Earth. With their help we may yet be able to turn things around so that our tomorrows will be something we will all be honored to pass on to the children who are our future generations.

The first 16 parts of Ray Bilger's ongoing research are compiled into the book:

The Untold History Of America, Vol. I.

Now available from Wisdom Books & Press for:

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Scientists cannot match these tasks today. They've admitted that even with their modern machinery they can't do it. And thousands of slaves with ropes didn't do it either....

The ancients knew of mathematical formulas and of forces that have not yet been discovered by modern scientists. They had other methods, and it didn't take long to build the mounds and pyramids....

The ancient people had energy and transportation unlimited. They could create energy from natural forces.... They used different types of inexhaustible, nonpolluting energy, such as magnetic fields, the tides, and gravity itself. They even knew how to reverse the law of gravity to make their work easier. They had great cities and conveyances without wheels. The ancient people had machines, but they didn't need wheels. They could travel anywhere in a very short period of time on this Earth and other places.

Machines without wings and wheels brought our ancestors [the Cherokees] to Atlantis over ten thousand years ago. Some came to the coast of Georgia and the Carolinas, and moved inland to a place [now] called the Smoky Mountains....

Ancient civilizations like Atlantis declined because leaders abused their power. The leaders were supposed to be spiritual leaders, but they developed egos and jealousy. Even the priesthood became warlike and greedy. Every leader wanted to become a chief, or someone important and powerful. Greed and materialism flourished. There was only one way for them to go then, just like the civilization we are living in right now.

Around the Island of Atlantis a great many sea creatures, like the one in Loch Ness in Scotland, would occasionally wreck the ships and boats. Some of the priests and politicians decided to get rid of the sea creatures, and a great number of people went along with it. The people of Atlantis began to forget their original ways and how to get along with Nature.... They had forgotten the old ceremonies and how to be at peace with the creatures, much like modern people forgetting how to relate to Nature. Meanwhile, in some places people retained the original ways and had ceremonies to call the creatures, to feed them, and to sing and talk to them.

The priests and politicians set their scientists and wise ones to creating an explosive based on fission. They set off explosives all around the island and killed most of the sea creatures. The explosives also set off great earthquakes, tidal waves, and hurricanes, which caused the island itself to go underwater. Traditionals knew what was going to happen, and so these intelligent people got away.

Atlantis was a great island or continent located about where the West Indies are now.

In these times [today] only the mountaintops are sticking out of the ocean—Puerto Rico, Cuba, Haiti, the Bahamas.... I've never read a book on Atlantis. That's the way it's told in our medicine meetings and the way it's written in our teachings.

Not too long ago a great city was discovered underwater near the Bahamas. Divers photographed some of the writing, and it's the same as the Cherokee. They found pyramids sticking out of the mud, paved streets, temples, and metal alloy bars that did not rust and could not be cut with an acetylene torch....

The Cherokee and other tribes have written records of our history from ancient times that were preserved and hidden away. The Indians put their writings into sacred caves and then sealed them, much the same as the one under the Sphinx in Egypt.

Some of us know how the people of Atlantis and other ancient civilizations accomplished great things. You might ask, "Well, if it's known, why don't you tell the people?" This knowledge will stay hidden until the proper time to bring it into the open.

All truly civilized people, including the American Indians, know that too much power and too much knowledge in the hands of fanatics could result in the destruction of Mother Earth. The writings will stay where they are until such time as modern people get civilized enough that they can live with each other without wars and pollution.

Regarding hiding places, my people know a lot about tunnels and caves.... This Earth sits on a bubble and opens to the underworld.... Artifacts and writings were placed in sacred caves, which were then sealed.... Before these caves were sealed, Indians saved themselves from soldiers chasing them by going into the caves and reemerging on the surface many miles away....

Returning to the ancient way of doing things is good. We can put our minds and hearts together as one and really help toward making things better for all, which is why the Great Spirit put us here.

[End quoting]

When you really think about it, the American Indians are very advanced thinkers, and were so even when the European White man first came here. The Indians lived a way of life that respected all things in Nature and recognized a harmonious balance that existed between all things. This was completely incomprehensible to the White man, who saw the Indians only as primitive savages. The Europeans, by comparison, were backward and barbaric, and used and abused things as if there was an endless supply of everything. It is no wonder then that the Native Americans were so misunderstood and mistreated, and still are to some extent today.

To help us try to capture some of the

feeling that the American Indians felt and shared about their surroundings as part of their way of life in the natural setting, it may be helpful to read part of the Introduction to a 1928 U.S. Government Printing Office publication, *Uses Of Plants By The Chippewa Indians*. This is a description of the Chippewa's White Earth Reservation in Minnesota, and reads like pure poetry:

[Quoting:]

The White Earth Reservation is located somewhat west of north-central Minnesota, on the border of the prairie that extends westward and forms part of the Great Plains. It also contains the lakes and pine forests that characterize northern Minnesota and extend into Canada. This produces an unusual variety of vegetation, so that the Chippewa living on other reservations are accustomed to go or send to White Earth for many of their medicinal herbs.

Birch trees are found in abundance, either standing in groups, covering a hillside, or bordering a quiet lake. There are large tracts of sugar maples and forests of pine, cedar, balsam, and spruce. Many of the lakes contain [wild] rice fields, and there are pretty, pebbly streams winding their way among overhanging trees. Toward the west the prairie is dotted with little lakes or ponds, shining like mirrors.

In June the air is sweet with wild roses, and in midsummer the fields are beautiful with red lilies, bluebells, and a marvelous variety of color. In autumn the sumac flings its scarlet across the landscape, and in winter there are miles of white, untrodden snow. The northern woodland is a beautiful country, and knowing it in all its changing seasons, one cannot wonder at the poetry that is so inherently a part of Chippewa thought.

[End quoting]

Everything in the Indian's environment forms an integral part of their understanding of life and how they view all of the Great Spirit's creations. Most people in our modern world appear to have lost touch with this sort of understanding, and the consequence has been that we now take most things for granted, rather than cherishing each flower, and bird, and each other.

All life was put here by the Great Spirit that we might experience and learn together, and it is never too late to turn off the TV and go outside and see the world as it was created for us to see. The smallest wildflower growing by the side of a walking path displays the same grace and beauty as the largest galaxy. How better, than by such enjoyment of Nature, to come to appreciate that all is indeed truly connected to all—as our Native teachers have so often said.

In the next segment of this series we shall look at what it means to be a chief, the head of tribal government, and how that government functions. 

“Better” Living Through Chemistry

Prozac: Panacea Or Pandora?

Editor’s note: The following has been compiled largely from Internet resources by a concerned mother and grandmother who resides in Arizona—a state, like Texas, long known for its population of independent thinkers and action takers.

And maybe it’s about time I gave away a little secret: this person actually has frequently (if anonymously from your point of view) contributed to the pages of this publication and its predecessors under my (E.Y.) editorship. That is to say, she is a loooooongtime public-message receiver for Commander Soltec, as well as for Esu “Jesus” Sananda, Violinio St. Germain, and several others who have been graciously instructing us from the Higher Realms.

But as I said above, this specific sharing is a personal “labor of love” from a concerned mother and grandmother who felt compelled to heighten our awareness of one example of a most insidious tactic being utilized by dutiful puppets of the dark ones who presently control this planet. Here I mean the large-scale employment of pharmaceuticals, through the guise of “medicines”, to keep large segments of the population in the proper docile state for easy mind-control.

Prozac is only one such drug, yet it’s a symbol for the general case. And here’s an interesting thought to consider: Ones who suffer from depression are reacting to their present lives being radically out of alignment with the intentions of their Higher Self or Soul Self—their unique Divine Spark of Creator Source. In order for the depression to really set in, however, there must first be a sufficiently strong tie to that Higher Self for such a high level of annoyance (the depression) to be generated. By contrast, ones with a weak tie to their Higher Self can trip much more merrily off purpose for a long time. Thus these depressed ones basically have a STRONG CONNECTION to their Higher Self—even if their ego consciousness happens to be at odds with that Self currently. So, from the point of view of control of the sheeple, is it any wonder the dark ones want these potential troublemakers identified and drugged?

And maybe this message is a particularly

appropriate reminder at this time because of the general energy conditions (increasing frequency) bathing our planetary system at this time of a Great Transition. The emotional instabilities induced in many ones who—like it or not, one way or another—are being cleansed of negative emotional baggage by these high-frequency energies will induce many to run to their doctors and accept the “chemical solutions” to their “problems” suggested by the conventional (programmed) medical establishment.

The tremendous increase in the numbers of people already suffering from one or another form of depression is not accidental. And as if there weren’t enough engineered reasons for ones to become depressed these days—lost jobs, crimes, taxes, poverty, disease, etc.—the crooks in high places also have in place and functioning various electromagnetic broadcasting methods to induce depressive brain-wave patterns on large, targeted segments of the population—just for good measure! All of this, of course, is calculated to keep we-the-people preoccupied and largely inattentive to their diabolical shenanigans on a larger scale of working toward the goal of world control.

By reading between the lines in the following information, you can readily infer how drugs such as Prozac create a kind of a barrier that deadens or blocks our Creative Connection. And it is this very powerful “Spark of Life” available within all of us that the crooks in high places are most afraid we will wake up to and begin to really utilize.

Well, with the increasing upward frequency shifting of this planet, ones are waking up anyway. And one of the ways that Great Awakening comes about is through the stimuli of information and experience. So read on.

8/24/99 CAROL KERSTETTER

According to a Harvard University study, millions of Americans (approximately 20%) will suffer from some type of depression in their lifetimes, and there seems to be a new intensive focus on (and selling of) depression as a widespread disease. However, pinning down the real definition of depression isn’t

quite so clear cut, and has been altered several times in the past 30 years. So, as introduction to the later discussion, let us see what the official psychiatric position is on the subject—in so far as any common sense can be made of what I am about to present!

In 1952, the American Psychiatric Association (APA) first compiled their *Diagnostic And Statistical Manual* to assist the national census of mental disability. Since that time, it has been revised. Their *DSM-IV*, published in 1994, contains the internationally recognized prime definition on depression, and when and how it should be treated. So after five editions of the *DSM*, there are now 300 identifiable manifestations of depression (including manic depression), which Hypocrites called melancholy.

Dr. Ann Blake Tracy, PhD, has written a probing book [see end of this article for details] which is not readily available in bookstores (wonder why?) questioning the professional establishment’s grasp of this subject. Among other observations, Dr. Tracy suggests that perhaps the *DSM* classification offers convenient, rather than convincing solutions, and has rationalized, rather than reduced, diagnostic chaos.

To introduce this subject, Dr. Tracy, in her book *Prozac: Panacea Or Pandora?* quotes from the *DSM-IV* to both set the stage for her later comments and give us a view of the convoluted jargon defining conventional psychological practice.

Before the *DSM-IV* definition, however, is a priceless quote from popular author and scientist Lewis Thomas.

[Quoting:]

If people are educated to believe they are fundamentally fragile, always on the verge of mortal disease, perpetually in need of health-care professionals at every side, always dependant on an imagined discipline of “preventive” medicine, there can be no limit to the numbers of doctors’ offices, clinics, and hospitals required to meet the demand... We are, in real life, a reasonably healthy people. Far from being ineptly put together, we are amazingly tough, durable organisms, full of

health, ready for most contingencies. The new danger to our well-being, if we continue to listen to all the talk, is in becoming a nation of healthy hypochondriacs, living gingerly, worrying ourselves half to death. (Thomas, 1979)

* * *

The mood in a Major Depressive Episode is often described by the person as depressed, sad, hopeless, discouraged, or 'down in the dumps' (Criterion A1). In some cases, sadness may be denied at first, but may subsequently be elicited by interview (e.g., by pointing out that the individual looks as if he or she is about to cry). In some individuals who complain of feeling "blah", having no feelings or feeling anxious, the presence of a depressed mood can be inferred from the person's facial expression and demeanor. Some individuals emphasize somatic complaints (e.g., bodily aches and pains) rather than reporting feelings of sadness. Many individuals report or exhibit increased irritability.

A2: Loss of interest or pleasure is nearly always present, at least to some degree. Individuals may report feeling less interested in hobbies (e.g., a former avid golfer no longer plays, a child who used to enjoy soccer finds excuses not to practice).

A3: Appetite is usually reduced [but] other individuals may have increased appetite [and] there may be a significant loss or gain in weight.

A4: The most common sleep disturbance associated with a Major Depressive Episode is insomnia, including middle insomnia, terminal insomnia and initial insomnia, and less frequently, individuals present with oversleeping (hypersomnia). Sometimes the reason that the individual seeks treatment is for the disturbed sleep.

A5: Psychomotor changes include agitation (e.g., the inability to sit still) or retardation (e.g., slowed speech, thinking or body movements).

A6: Decreased energy, tiredness and fatigue are common.

A7: The sense of worthlessness or guilt associated with a Major Depressive Episode may include unrealistic negative evaluations of one's worth or guilty preoccupations or ruminations over minor past failings.

A8: Many individuals report impaired ability to think, concentrate or make decisions. They may appear easily distracted or complain of memory difficulties.

A9: Frequently, there may be thoughts of death, suicidal ideation, or suicide attempts." But it is not a necessary condition for the diagnosis, and in other depressive states.

[End quoting]

According to Dr. Tracy, a formal diagnosis for Major Depressive Episode can be met by two conditions: One relates to the severity and duration of the depressed state, though these might be inferred simply by reason of the patient going to the doctor. In addition to depressed mood, the patient should also have at least four ticks in the remaining eight boxes (A2 to A9).

Perhaps the most unifying definition of "depression" is that it is a condition to be treated with antidepressant drugs. Though there may not be a lot to distinguish between the drugs, there is no end of possibilities for prescribing them. The trend in definition has been to identify more and more people as "depressed", to extend the patient base.

Or as Dr. Tracy presents the situation:

"The boundaries of what constitutes depression have been expanded relentlessly outward. Depression as a major psychiatric illness involving bleakness of mood, self-loathing, an inability to experience pleasure and suicidal thoughts has been familiar for many centuries. The illness has a heavy biological component. Depression in the vocabulary of the post 1960s American psychiatry has become tantamount to dysphoria, meaning unhappiness, in combination with loss of appetite and difficulty sleeping." (Shorter, 1997)

Now that we are all clear on the definition of depression (!?!), we can now turn our attention to the treatment of it. As most are aware, Prozac is the most commonly prescribed antidepressive drug. However, the drugs Paxil, Zoloft, and Luvox rank right up there with Prozac. **The most frightening statistic, however, is how many of our nation's YOUTH are prescribed these drugs annually.**

Once a drug has been approved by the FDA, doctors can prescribe it for children, even though it has not been fully tested or approved for children. That seems to be the case with Prozac, Zoloft, Paxil, and Luvox, and Effexor and Serzone. The numbers of children prescribed these drugs has increased dramatically in the last few years, and currently approximately 200,000 children, ages 6 to 12, and 700,000 children, ages 13 to 18, are taking these prescribed drugs.

Prozac has had nearly 40,000 reports of adverse reactions filed with the FDA—twice the number of any other drug! And, to add to the mess, Prozac made the FDA's "serious" classification as NUMBER ONE on the list. This category includes death, hospitalization, cancer, and permanent disability. Paxil and Zoloft also made the TOP TEN list in toxicity and potential for danger, coming in numbers 4 and 7, respectively.

These drugs rapidly and dramatically elevate the level of serotonin in the brain, a known factor in brain damage, psychoses,

mania, mood disorders such as anxiety and depression, mental retardation, and the constriction of bronchial tubes and arteries. We're talking some powerful drug! They change the chemistry of the mind, altering the way people think and behave, and they affect the physiology of the body as well.

And here's something that should make you feel warm and fuzzy: No doctor on Earth can predict how these mind- and body-altering drugs will react in your own body's system! In fact, Dr. Candace Pert, the researcher who, back in the 1960's discovered the processes by which these medications work and who helped to develop these drugs, later served as a Director at the National Institute of Health. She stated in *TIME* Magazine, October 20, 1997: **"I am alarmed at the monster that John Hopkins neuroscientist Solomon Snyder and I created.... The public is being misinformed about the precision of these selected serotonin inhibitors when the medical profession oversimplifies their action in the brain...."**

As the drug was being tested for approval, subjects who demonstrated high levels of agitation or anxiety were treated with sedatives. So, since the very beginning, the drug industry has known that these drugs can act as stimulants.

The manufacturer of Prozac is Eli Lilly. Their own counsel admits that anxiety, more than depression, predicts suicide within a year of its occurrence. In their own research, they found "anxiety, panic attacks, poor concentration, and insomnia performed a cluster that predicted suicide" better than any other parameters. Yet, you will find nothing in Prozac's labeling alerting doctors or patients to this, or to indicate that sedatives might be necessary.

Why is it, then, that European countries such as Sweden mandate these warnings be on the label? Sweden goes so far as to mandate the following warning: "The risk of suicide from ingesting Prozac may increase initially."

Eli Lilly's company line (excuse) is that of 73 criminal cases using a "Prozac defense", none have succeeded. This would seem to imply that there have only been 73 criminal cases. No one except Eli Lilly knows the exact number, but there are far more cases.

The International Coalition for Drug Awareness helps victims who are accused in some cases and it is appalling what generally happens. The pharmaceuticals actually send in attorneys to help prosecutors defeat these defenses. This includes not only expert witnesses, which you would expect, but legal experts, who can help bury defense attorneys who have little education in these issues. Of course, when your company makes over \$6 million a day, you can afford this high-level legal support.

The following was excerpted from the

website for Dr. Ann Blake Tracy, Director, International Coalition For Drug Awareness <<http://members.aol.com/atracypd/index.htm>> and is important information to share here.

[Quoting:]

Serotonin Implicates
New Antidepressants

An ICFDA Press Release
by Ann Blake Tracy, Ph.D.

During the summer of 1997 we heard the news that the Mayo Clinic had completed a frightening study about valvular heart disease in association with elevated serotonin. Dr. Heidi Connolly, with the Divisions of Cardiovascular Diseases and Internal Medicine, who headed the study stated: "We do know that fenfluramine and phentermine [Fen-Phen] alter the way the brain chemical serotonin is metabolized, and serotonin that circulates in the blood can cause valve injury."

The study focused on heart disease and the diet pill Fenfluramine. Fenfluramine produces a rapid release of serotonin, inhibits serotonin reuptake, and may also have receptor antagonist activity. The study's revelations should send a loud and very clear warning throughout the medical community concerning all serotonergic medications—the most popular being: Fen-Phen, Redux, Prozac, Zoloft, Paxil, Luvox, Effexor, Serzone, and Anafranil. Patients on all of these new medications have consistently reported both heart and lung problems. And it should be noted that all of these new medications are designed to increase levels of serotonin by one method or another.

The study points out that elevated serotonin is produced by various chemical agents as well as a condition known as carcinoid syndrome. Ergotamine (Ergot is the base from which we derive LSD, which also increases serotonin.) and carcinoid syndrome have long been known to produce this same heart condition. Both also produce elevated levels of serotonin. The common thread in both the disease condition of carcinoid syndrome and the chemical agents which produce these heart problems is the elevated levels of serotonin. Ergotamine-induced valve disease and carcinoid valve disease are microscopically identical to one another and the ergotamine-induced valve disease is indistinguishable from the valve disease experienced by the Fen-Phen patients.

Ann Blake Tracy, PhD, director of the International Coalition For Drug Awareness, has worked to educate the public, medical community, and government leaders to the physical and psychiatric dangers of elevated serotonin since 1991. Her latest book about the effects of elevated serotonin, *PROZAC:*

PANACEA OR PANDORA? stresses that the increase in serotonin—the exact method by which these medications are promoted as beneficial to patients—is, in reality, the danger of all these new serotonergic drugs. She emphasizes that medical studies have continued to confirm over three decades that increasing serotonin is detrimental to both physical and mental health.

Elevated serotonin has been found in schizophrenia, psychosis, mania, mood disorders (depression, anxiety, etc.), organic brain disease—especially mental retardation at a greater incident rate in children, autism (a self-centered or self-focused mental state with no basis in reality), Alzheimer's disease, old age, anorexia, constriction of bronchial tubes and the arteries to the heart, and blood clots.

It should be noted that medical studies have demonstrated for decades that an increase in serotonin coincide with a decrease in serotonin metabolism. Low levels of serotonin metabolism are found in suicide—especially violent suicide, arson, violent crime, insomnia, depression, alcohol abuse, impulsive acts with no concern for punishment, reckless driving, dependence upon various substances, bulimia, multiple suicide attempts, hostility and more contact with police, exhibitionism, arguments with spouses, friends, and relatives, obsessive compulsive behavior, impaired employment due to hostility, etc.

Emphasis should be made that the Mayo Clinic study on heart-valve damage is not only a warning to Fen-Phen users, but to users of all these new meds which increase serotonin! And now that the warning has been sounded about the association with elevated serotonin and heart damage, are we now also ready to look at warnings given over the years about the other results of increased serotonin mentioned above? **Approximately 50 million people are using these medications and are at risk.** Many of these patients have already suffered the long-term debilitating after-effects. How many more tragedies do we need to witness and pay for as taxpayers and as fellow human beings while we await further studies, when there are already, and have been for decades, enough medical studies to raise red flags about the many dangers of increased serotonin?

WARNING: TAPERING OFF
MEDICATIONS IS THE SAFEST
WITHDRAWAL METHOD

Risks Of Long-Term Use

Evidence relating to possible adverse effects with long-term use is sparse but there is little evidence of concern, probably because the risks of non-intervention are considered far greater. In addition, patients who experience the worst unwanted effects tend either to quit early on, or develop tolerance to them if they

persist.

The relatively few studies of long-term use mainly focus on efficacy and most last for one year. Research into long-term adverse effects would be complicated, expensive and hard to fund. Also bearing in mind that SSRIs have not yet been used for long enough to be sure of their effects, the risks associated with indefinite use can only be guessed at. Unexpected problems and the risk of insidious harm cannot be ruled out. They could become apparent only well into the future, as they have with the tricyclics and many other drugs:

"...We know very little about the risks of continuation therapy (with SSRIs). We have only recently recognized that indefinite maintenance therapy with tricyclics, a group of drugs that we have used for 20 years, increases the risk of sudden death in patients with an arrhythmia. When will we know if there are adverse long-term consequences for fluoxetine?" (Preskorn, 1994)

With benzodiazepines, the most unexpected findings were of lack of evidence of long-term efficacy and the dependence problem. **However, the main claim in the UK litigation was that long-term use had brought about cognitive impairment and depersonalisation in several manifestations.** As information coordinator with the Plaintiffs' legal team, I saw most of this evidence. My impression from memory (1992) is that formal studies provided suggestive rather than conclusive evidence, but there was a good deal of clinical suspicion, plus worrying evidence of the very belated recognition of severe behavioral deficits with barbiturates. In law, with a lower burden of proof (51%), it might have gone either way, but for legal reasons and funding problems, the case never came to court.

With antidepressants, the only aspect of behavioral toxicity to have been formally investigated is excessive sedation in the short-term (Freeman & O'Hanlon, 1992). Apart from unwanted behavioral effects, two possible areas of long-term risk with SSRIs have so far been identified, though their significance is unclear. One concerns often persisting sexual problems, but this has apparently not been investigated. The other concerns the tendency of some SSRIs (mainly paroxetine, fluoxetine, and sertraline) to inhibit an important liver enzyme system, increasing the risk of toxicity with many other drugs and of drug interactions (Nemeroff et al., 1996). Those most at risk are a minority (about 8% in Caucasian populations) whose genetic make-up leads to reduced efficiency in this enzyme system, who are therefore already "poor metabolizers" of the same drugs:

"Poor metabolizers demonstrate longer plasma half-lives and thus higher steady-state drug concentrations than their 'fast' metabolizer counterparts. Accordingly, 'poor

metabolizers' carry a higher risk for toxicity and/or drug interactions...". Sindrup and colleagues (1992) reported that "paroxetine reversibly converts normal or extensive metabolizers to the poor metabolizer phenotype. This may be true of several other SSRIs." (Tollefson, 1993)

Uncertainty about long-term risk can be expected to influence some prescribing decisions. This does not appear to have been formally studied, but the dilemmas involved have occasionally been mentioned in published discussions. Some advocate more sparing use, both to avoid over-treatment and because of the possible long-term risks involved:

"My approach is to treat each episode of depression for 6 months and then taper therapy. Some recurrences are as long as 5 years apart. Should patients be committed to indefinite therapy to prevent widely spaced episodes of depression?" (Preskorn, 1994)

Other experts take the view that intermittent treatment involves a higher risk, notably because of the possibility of strong "rebound" reactions (Roose, 1994) and apparent relapse if treatment is interrupted:

"Some circumstantial evidence suggests that antidepressants are sensitizing and increase the risk of recurrence, but without maintenance treatment, patients are going to have a recurring course of illness with devastating consequences. I believe that a decision to start maintenance treatment represents a commitment to long-term therapy, because stopping the medication will lead to recurrence." (Keller, 1994)

Nor have questions about the true nature of relapse, and a possible link with dependence, entirely gone away. In conversation with Healy, one of the pioneers of antidepressant therapy recently mused about this, as follows:

"We are trying to keep people on antidepressants for rather long periods of time, and the relapse rate goes up if you stop too soon, so you wonder. There's an old article on imipramine in the *Canadian Journal Of Psychiatry*, around the time of the first conference with imipramine in Montreal, saying imipramine is an addictive drug, because if you stop it, you get depressed again; therefore, you are addicted to it. The same model would say that diabetics are addicted to insulin. But there is some truth in it and the question is even more acute with Xanax and panic disorder, so I don't know how it's going to work out in the long run." (Cole, 1996)

But what does insulin dependence really have to do with the long-term use of antidepressants? The answer in the end comes down to one's view of the hypothesis that depression is a deficiency disease and that antidepressants work by restoring serotonin to normal levels. Far-fetched as this view of serotonin has to be (Healy, 1987), it has

nevertheless captured professional and public imagination to a remarkable degree. Many doctors and patients need no further persuading and many prospective patients can soon be expected to join in. Early in 1997, the manufacturers of venlafaxine (Effexor/Efexor) began a "Direct to Consumer" advertising campaign in the US (*SCRIP*, 1997) and that summer the manufacturers of Prozac followed suit:

"Prozac, the 'happy pill', is in the news again, with its makers, Eli Lilly, being criticized for going over doctors' heads and directly targeting depressed Americans with a big advertising campaign. Two-page color ads, depicting a dark rain cloud followed by a bright Sun, will appear in the US next week in 20 consumer magazines, including *Newsweek*, *Cosmo*, *TIME* and *Marie Claire*, aimed at getting patients to diagnose themselves and then ask their doctor for the drug by name. In Britain, advertising drugs directly to patients is illegal." (Hicks, 1997)

It remains to be seen how long it will take before the public begins to question the fundamental contradiction that arises here: if long-term users of antidepressants are indeed in the position of insulin-dependent diabetics, why have they repeatedly been told that there is no risk of dependence? If the analogy held, antidepressants would have the potential of "once on, never off" type drugs; insulin-dependent diabetics need drugs for life. Related concerns have prompted another pioneer in the field to speculate that serious problems might be looming even now:

"I think the next big issue is going to be the question of long-term treatment of depressive illness. I think what will happen, and it has already begun to happen in the United States, is that patients are going to start suing doctors who haven't informed them of the course of the illness. There is a general agreement about the course of the illness now—it's pretty bad—so everyone should be told about it." (Coppin, 1996)

On the other hand, one might question how far the assumption that antidepressants were absolutely *not* drugs of dependence had colored understanding of drug action and effectiveness, and the nature and course of depression. This question arises if one rejects the notion that drugs should be regarded almost as nutrients for some frank malnutrition of the mind.

Insulin withdrawal (or shutting down the pancreas) swiftly, dramatically, and universally leads to fundamental and quite specific disorders of metabolism. If antidepressants were in some sense drugs of dependence, they would not resemble insulin in this respect. The evidence suggests a much closer link with benzodiazepines:

• The subtlety and disguise of benzodiazepine and antidepressant withdrawal

symptoms led in both cases to a generalized failure even to recognize their existence after several decades of use.

• With the BDZs, recognition of a dependence problem undermined the optimistic assumptions previously made about their long-term effectiveness. With antidepressants, effectiveness can be assumed only so long as dependence is denied (and vice versa).

• Withdrawal problems seem to affect only about one-quarter to one-half of patients on antidepressants or BDZs, depending partly on dosage levels and treatment duration. The main withdrawal effects are transient too.

• There is no real possibility of mistaking the effects of withdrawing of supplementary insulin for pancreatic insufficiency, yet the danger of mistaking BDZ withdrawal symptoms for relapse are now well recognized. With antidepressants, the message hasn't come through, though one or two experts were pointing to the risk even before the advent of the SSRIs. Then, there was still some uncertainty about the existence of a generalized withdrawal reaction, but: "If withdrawal effects are a reality, the distinction between dependency and prophylaxis may be difficult to draw." (Blackwell & Simon, 1988)

The thrust of the Defeat Depression Campaign, among many other communications to the general public, has been to say rather the opposite of all this. Perhaps the time has now come to thoroughly investigate what is what and to set the record straight.

Defeating Depression

The SSRIs arrived on the scene at the end of the 1980s, just as benzodiazepine prescribing went into sharp decline because of concern about widespread dependence problems and the mass litigation arising from it. The companies marketing SSRIs of course wished to take advantage of this. Firmly labeling their products "antidepressants", they set out to convince doctors of the value of their drugs and their advantages over anxiolytics.

"...the temptation to market them (the SSRIs) as antidepressants is all but irresistible. These compounds can be produced easily. They are far safer than the earlier tricyclics and MAOIs. They are so safe that it becomes a feasible proposition to take the current findings from social psychiatry and advise general practitioners that there are many more untreated depressives than was formerly thought; often conditions presenting as anxiety stem from an underlying depression, and current evidence suggests that antidepressants (in contrast to anxiolytics) need to be taken chronically, in order to reduce the risk of relapse...". (Healy, 1991)

The leadership in general practice and

psychiatry did not need much persuading. In steering prescribers towards their drugs, the manufacturers enjoyed substantial support from a high-profile, professional initiative, which they, in turn, partly funded. [*Imagine that! What a surprise.*]

The “Defeat Depression” campaign was organized in the UK (1992-97) by the Royal College of Psychiatrists (RCP), with the Royal College of General Practitioners (RCGP) perhaps rather in tow. The thrust of the campaign was to explain depression and encourage people to recognize it; to persuade sufferers to come forward for treatment; and to emphasize that no stigma should attach to such a commonplace but distressing illness, a major social problem as well. Only two years into the campaign, over three million leaflets about depression had been circulated to the public and many other initiatives had been sponsored as well. (Royal College of Psychiatrists, 1992, 1994, 1996)

The Defeat Depression campaign focused in particular on what the organizers believed were widely held misconceptions. One concerned the public’s failure to recognize the value of drug treatment. Another was the general failure to recognize depression for the complex and hidden disease it may be. The launch of the Defeat Depression campaign was explained as a response to “the tragedy that, despite the availability of effective treatments, 70 per cent of sufferers go untreated”.

In addition, there was the concern that depression, when recognized, was not treated aggressively enough: over the years, many surveys had established that, as a general rule, GPs prescribe doses of drugs that experts consider ineffective. **As GPs treat nine cases in every ten, this implies that most cases of depression are being treated with strong placebos. It would be useful to know what exactly GPs are treating, and whether they appreciate some things that experts don’t.**

Perhaps by way of dissociating themselves from the BDZ debacle, the RCP/RCGP also addressed what they saw as a widespread but mistaken belief that antidepressants were drugs of dependence. The Campaign’s first press release was headlined *Antidepressants Not Addictive* because a MORI public opinion poll commissioned by the Campaign had found that “78% of the public believe anti-depressants to be addictive”. “It is worrying”, said the launch press statement, “that people may fail to take the medicine in the mistaken belief that it can cause dependence”. (RCP/RCGP 1992)

In unpublished correspondence, senior figures in both Colleges later explained that they saw no evidence of withdrawal problems and mainly had in mind lack of evidence of antidepressant addiction and abuse. Essentially the same points had repeatedly been made about the BDZs:

“We have searched the literature and can find no reference to research evidence that shows that (a) drug-seeking behavior or dependence, or (b) rebound and withdrawal occur when prescribing antidepressant medication...”. There is no street market in antidepressants. In fact, it is our experience that it is often difficult to get patients to take some initially, and to continue for the recommended course length.” (McBride, 1992)

“The statement that antidepressants are not addictive is correct. Antidepressant drugs do not result in drug-seeking behavior, i.e. they do not have a market value, neither do they cause dependence in a technical use of the word...”. Obviously a person who is still suffering from depressive illness from whom the drug is then withdrawn would suffer a return of depressive symptoms that could have very serious consequences. This, however, is an indication of their efficacy, not of dependence.” (Sims, 1992)

A former editor of the *British Journal Of Psychiatry* (published by the RCP) went further. Provoked by the suggestion that it seemed folly not to have tested drugs like Prozac for their dependence potential (Medawar, 1994), he argued that it was both mistaken and dangerous to have suggested that the question of dependence arose at all: “It would be regrettable if serious depressive illness, often involving the risk of suicide, remained untreated through people being misinformed about the well-established properties of antidepressants...”.

“During the past 35 years, there has in fact been no evidence that any antidepressants—whatever their structure—cause ‘addiction’ or ‘dependence’. Medawar says there is ‘profound confusion’ over the meaning of these terms and, if so, he has certainly added to it. Diabetics are dependent on insulin and people with high blood pressure are dependent on hypotensives, in the sense they will become ill again if they stop taking the drugs. Many sufferers from depression are in the same position, but this is totally different from the experience of people who take heroin or cocaine as euphoricants.” (Freeman, 1994)

On this basis, the Defeat Depression Campaign emphasized the need for radically different standards of treatment. Fears of dependence were misconceived and resulted from misunderstanding. In the future, there should be more prescribing for depression and at higher dosages than before, and serious consideration should be given to continuing treatment indefinitely.

Warnings And Prescribing Advice

The authorities are unanimous: with antidepressants, the question of dependence

doesn’t arise. The Royal Colleges of Psychiatrists and General Practitioners have emphasized there is no risk of dependence, and recommend doctors to reassure their patients about this. The manufacturers of SSRIs clearly also considered such risks remote and did not test their drugs for therapeutic dependence potential, and neither the UK nor US regulators required such tests to be done. The FDA (but not the CSM/MCA) has required that this be stated on the label—e.g. “Prozac has not been systematically studied, in animals or humans, for its potential for abuse, tolerance or physical dependence...”. (Lilly, 1996) This would explain why withdrawal effects came to light only several years after licensing.

Since then, the CSM/MCA have concluded that withdrawal symptoms from the main SSRIs “are generally self-limiting and not usually severe, and there is no evidence that true dependence occurs.” (Price et al., 1995) Accordingly, not all SSRI manufacturers have been required to warn doctors (or patients) about any element of risk, nor to advise gradual withdrawal. The data sheet for fluoxetine hints that patients might be expected to glide off Prozac because it tapers its own withdrawal (Lilly 1996) and, with sertraline, otherwise suggests no problems would arise: “Lustral has not been observed to produce physical or psychological dependence”. (Pfizer, 1996) **An appreciable minority of users would not agree.**

The CSM/MCA have required data sheet warnings for paroxetine (Seroxat/Paxil), fluvoxamine (Faverin/Luvox) and venlafaxine (Efexor/Effexor). The latter are the strongest, probably because venlafaxine is a newer drug and has the shortest elimination half-life. The contrast between US and UK prescribing advice is marked.

US Label, 1996: “The effectiveness of Effexor in long term use, that is, for more than 4-6 weeks, has not been systematically evaluated in controlled trials.” (Wyeth, 1996)

UK Data Sheet, 1996: “Efexor has been shown to be efficacious during long-term (up to 12 months) treatment.” (Wyeth, 1996)

Lack of evidence of dependence is claimed, but on the basis of non-systematic pre-marketing studies and trials. Clinical experience would reveal a different picture, because most trials and studies last only a few weeks and rarely measure withdrawal, and because patients on trials are carefully supervised, and compliance with drug regimens is verified by pill counts and/or blood tests.

US Label, 1996: “While Effexor has not been systematically studied in clinical trials for its potential for abuse, there was no indication of drug-seeking behavior in clinical trials. However, it is not possible to predict on the basis of premarketing experience the extent to

which a CNS-active drug will be misused, diverted and/or abused once marketed ...”.

UK Data Sheet, 1996: “Due to the possibility of drug abuse with CNS-active drugs, physicians should evaluate patients for a history of drug abuse and follow such patients closely. Clinical studies have shown no evidence of drug-seeking behavior, development of tolerance, or dose escalation over time among patients taking Efexor.”

Professional chat on the Internet suggests that of the order of one-quarter of patients on shorter-acting SSRIs might experience significant withdrawal symptoms, sometimes even with slow dosage reductions. In the light of this, official warnings seem bland:

US Label, 1996: While the discontinuation effects of Efexor have not been systematically evaluated in controlled clinical trials, a retrospective survey of new events occurring during taper or following discontinuation revealed the following six events which occurred at an incidence of at least 5% and for which the incidence for Efexor was at least twice the placebo incidence: asthenia, dizziness, headache, insomnia, nausea, and nervousness...”.

UK Data Sheet, 1996: “Discontinuing Efexor: No definitive withdrawal syndrome has been observed with Efexor. During clinical trials, symptoms reported on abrupt discontinuation...included fatigue, nausea, and dizziness, and one episode of hypomania ...”.

No warnings appear about the risk of mistaking withdrawal symptoms for relapse, and no suggestion is made that patients might need to be informed. There is reference to the possible need for gradual withdrawal:

US Label, 1996: “When discontinuing Efexor after more than one week of therapy, it is generally recommended that the dose be tapered to minimize the risk of discontinuation symptoms. Patients who have received Efexor for six weeks or more should have their dose tapered gradually over a two week period.”

UK Data Sheet, 1996: “Discontinuation effects are well known to occur with antidepressants; therefore when Effexor has been administered for more than one week and is then stopped, it is generally recommended that the dose be reduced gradually over a few days and the patient monitored in order to minimize the risk of discontinuation symptoms. Patients who have received Effexor for six weeks or more should have their dose reduced gradually over at least a one-week period.”

In UK patient information leaflets, which are also subject to regulatory approval, the recommendation for gradual withdrawal comes down to this: “Do not stop taking your tablets without the advice of your doctor. If your doctor thinks you no longer need Efexor, he may ask you to reduce your dose before stopping altogether.” (Wyeth, 1996)

Advice to patients taking paroxetine (Seroxat/Paxil) goes into more detail, albeit to push the serotonin deficiency model of depression for much more than it is worth: “These tablets are not addictive. Everyone has a substance caused serotonin in their brain. Low levels of serotonin are thought to be a cause of depression and other related conditions. This medicine works by bringing the levels of serotonin in your brain back to normal.” (Smith Kline Beecham, 1996) The leaflet goes on as follows:

“Do not suddenly stop taking your tablets without discussing this with your doctor. Some people find that if they suddenly stop taking these tablets, they feel dizzy, shaky, sick, anxious, confused, or have tingling sensations. They may also have difficulty sleeping and achieving vivid dreams when they do sleep. But these symptoms are unusual and generally disappear after a few days. To avoid these symptoms your doctor may tell you to take smaller doses or to spread doses further apart before you stop taking the tablets altogether.... If you stop taking your tablets too soon, your symptoms may return. Remember that you cannot become addicted to ‘Seroxat’.”

In short, warnings in patient information leaflets and in the data sheet/label have to be read closely and between the lines. They might be strong enough to protect manufacturers and regulators, if problems were to arise, but offer limited help to doctors and patients who would want to prevent them.

What Passes For Progress

What progress has in fact been made in treating depression with the coming of the SSRIs? **In the opinion of many of the great names in this field, the answer appears to be very little, hardly enough to justify the hard sell of the manufacturers and the leadership in clinical medicine.**

“In my opinion, if you look at the history of psychopharmacology, since, say, 1964—over thirty years now—nothing radically new has been introduced. Perhaps the only original idea was the discovery by Japanese colleagues that a drug such as carbamazepine, used as an anti-epileptic, could be protective in manic-depressive disease.” (Pichot, 1996)

“...it seems almost that the era of drug discovery is over.... The golden era was 1954 through 1974 or thereabouts. In the last 20 years there have been great advances in neuroscience, but not clinical advances to anything like the same extent.... We have gone 30 years without really discovering much.” (Healy, 1996)

“We had the monoamine oxidase inhibitors and in 1959 we have the first tricyclic antidepressant. There has been no important progress after 1959. Some differences in the

mechanism of action but equivalence in potency. Maybe smaller differences in side effects which have not been exploited in clinical practice. Clozapine may represent a progress in the treatment of the psychoses, but that’s all.” (Garattini, 1996)

“Not much has changed in practice. We know how to do it faster and a little better, but the modus of doing it has not changed.... As regards treatment, I think we probably have enough on the shelves to serve us for some time if we learn how to use it.” (Lehmann, 1996)

“It’s notable, isn’t it? There haven’t been many new ideas in psychopharmacology in the last decade.” (Coppin, 1996)

“We have made great strides in reducing side effects and toxicity, but as far as clinical efficacy is concerned, we have really made very little progress.” (Beaumont, 1996)

“If you really want to reduce the thing to basics, the discoveries which opened the path for the development of modern psychiatry are the discoveries of the effects of chlorpromazine, lithium, imipramine, and meprobamate.... **With all fairness to the vast array of drugs which followed, the best any of these drugs have done is to substitute one side effect for another, while creating, by their rapidly growing number, a tremendous turmoil for physicians, and by their steadily increasing cost, a serious financial burden for patients.**” (Ban, 1996)

These opinions were given in interviews recorded in the mid-1990s by Dr. David Healy, a practicing psychiatrist and historian of medicine. They are not only fascinating; along with other papers by Healy, they also have much influenced the thinking in this paper. The truth may indeed be that not much has really changed since the introduction of the first antidepressants—whose own effectiveness was still in doubt, even ten years on. Though widely praised and used, in those days it was still not transparently silly to be asking “Are antidepressants better than a placebo?” (Malitz & Kanzler, 1971), nor to suggest “Yes, but barely” as a likely answer. (Hollister, 1972)

The last word on progress belongs to Lewis Thomas (1979), with a thought which just predates the age of the SSRIs: progress in medicine and in securing health come from good science and good sense. In the absence of either, it is wiser to desist:

“My contention is that we do have some science in the practice of medicine, but not anything like enough, and we have a great distance to go. And, although we have achieved, through the application of science, a degree of mastery over many infectious diseases formerly responsible for great numbers of premature deaths, the introduction of science into medicines did not really begin with the management of infection. Long

before that event, some time in the middle of the nineteenth century, medicine showed its first signs of scientific insight by undergoing quite a different sort of professional transformation. It stopped doing some things.”

New products and perceived breakthroughs do not necessarily bring real progress. The history of dependence on sedative-hypnotic drugs over the past 200 years strongly supports the view that medicine sometimes makes real progress not by leaping forward, but by looking back. At present, as in the past, good medicine involves learning from mistakes and not repeating them. “The greatest mistakes are probably made not because doctors don’t know enough, but because too often they behave as if they do.” [Medawar, 1996].

On the face of it, government and regulatory authorities, the leadership of the medical profession, and the pharmaceutical industry have much to answer for. From early 1998, their response and further information and debate on this matter will be reported on the Internet at <<http://www.socialaudit.org.uk>>.

[End quoting]

With depression having become such a widespread ailment of Americans (real or merely suggested), and with the big bucks to be made by the pharmaceutical companies, you have to look hard and deep to find the real facts. But then, you already knew that, or you would be tuned into *CNN* or reading *USA Today* instead of *The SPECTRUM*, wouldn’t you?

For more information about the subject of depression and the medical community’s treatment with such drugs as Prozac, Paxil, and Zoloft, please visit this website: <<http://members.aol.com/atracypd/index.htm>> and check out the book *Prozac: Panacea Or Pandora?* by Ann Blake Tracy, Ph.D. This book is not in bookstores (as you might well suspect), but you can purchase it through the above website or send \$19.95 to Cassia Publications, P.O. Box 1044, West Jordan, UT, 84084. Price includes 2-day mail within the United States. For delivery in Canada or Western Europe, please send: \$23.95. For delivery elsewhere, please send: \$25.95.

Anyone who suffers from depression or knows someone who does would benefit greatly from reading this book and by checking out the above website. What the medical and pharmaceutical communities are telling us about the treatment of depression, and what seem to be the observable and reported facts of the matter, are two entirely different things.

I just thought you should know the other side of the story. ☺

The Power Of Truth In A World Of Lies

8/12/99 VIOLINIO ST. GERMAIN

Good evening, child. It is I, Germain, come to you this day in the purest radiance of the Light of Creator God. Simply surround yourself with The Light, and the darkness will no longer be.

Let us try to sort some of these things out, shall we? There is much consternation with you, and though this message will be very personal to the scribe, it will also serve well as a general message. There can never be too many lessons or messages regarding TRUTH, for it is something that has been twisted around by many, for many reasons.

There is no need to defend truth, for truth simply is, and will always prove itself. And, if you learn to live life in truth, you will never have to remember the lies in order to cover them.

Lying is complex. Truth is simple. The old saying: “Oh, what a tangled web we weave, when first we practice to deceive” is oh so true. And regardless of how old the saying is, it never has needed to be revised. It is oh so simple, and oh so true.

Those who choose to lie their way through life must always be on guard, for they must be able to remember to whom they have told what story. The web becomes so tangled, for they may tell one thing to one person and another thing to another person, and then those two people get together (and they almost always do eventually). Then those two begin to compare notes, and the liar is outed. Then the liar tells another lie to cover the original two lies, and so on and so on. Do you see how complicated life is when you operate outside of truth?

When you live in truth, you have no need to remember to whom you have told what story, for each person will have heard the same thing, and you do not have to run and hide and struggle to recall the stories you have told. Liars will always, sooner or later, be revealed. Usually the time it takes to reveal them depends on the number of people to whom they have lied. Once liars are revealed, it is common practice for them to flee from those to whom they have lied, for the last thing they want is to be confronted by the offended.

The world is full of liars—from

governmental leaders, to spiritual leaders, from corporate executives, to the lowliest man on the payroll, from the very top of the heap, to the very bottom. But the only one you really need concern yourselves with is SELF, for you cannot control any other except self, and it is not your place, even though, when lies are told about you, the first reaction is to confront the liar.

Depending on the liar, however, confrontation is pointless, for many are habitual or pathological liars, and will only tell more lies to weasel out of the original lie. And, these are the same ones who will squeal “foul!” the very loudest when they are called out and/or confronted. The more boisterous the liar, the more guilty is the same. They know what they have done, but the ego will not allow them to admit such and apologize and/or ask for forgiveness.

Lying is like an addiction. Usually it starts out with little white lies to keep out of trouble. When they don’t get caught and confronted, the next lies become a little bigger, and then the next ones are a little bigger still, until it becomes easier to lie than to stand forth and tell truth, regardless of the outcome.

Lying is also like an addiction in that even when the person wants to stop, it’s difficult, because if you begin telling the truth, the previous lies start to become evident. It takes the same courage and responsible persistence to break this addiction as any other, more recognized addiction, say to drugs or alcohol, etc.

Lying is only another way of not taking responsibility for actions, and is fear based, usually coming from one that is lacking in self-confidence. Rather than admit to an error, this type of person often finds it easier to make up a story that takes the responsibility off of themselves and transfers the “guilt” to someone(s) or something(s) else. And by guilt, I mean your specific use of the word which refers to “owning up to being responsible for your actions”—as in guilty or innocent of some charge or accusation.

Many will ask why someone would do such a thing as chronic lying, but it is quite simple, really. In your present world, rampant

as it is with darkness, it is often considered easier or preferable to lie than to tell the truth, because there is such corruption present that standing and taking full responsibility for actions is most often met with punishment, ridicule, or chastisement.

In the workplace, for instance, if you've simply overslept and arrive at work late, and honestly state same, you will most likely receive some sort of punitive action. However, if you claim that you encountered a traffic tie-up or automobile problem, then usually you will not encounter any chastisement or punishment.

Sure, it may be a "little" lie, but chelas, lies are lies are lies. There are no big lies or little lies—lies are simply lies. Telling a little lie is like being a little pregnant—there is no such thing—you either are or you are not pregnant. Likewise, you have either lied or you have not; simple as that.

Lying to yourself is perhaps the most insidious form of lying and is closely related to the powerful admonition to "know thyself". When you cannot bring yourself to be honest with yourself, how can you expect to be honest with others? In both cases it is a matter of respect and responsibility.

Lies are also told by those who lack confidence in themselves. For example, in order to look good, some people think they must run others down, even if it means making something up that is not true. The distorted rationale is that if everybody else is a "loser", then the liar must be a "winner".

Yes, it does smack of utter foolishness, but look around you, for there are many in this category. These are the ones who will go on the attack when they feel, in some way or another, threatened. It is a game of the ego, rooted totally in fear. They are afraid that if anyone else is better at something than are they, then they will not be noticed, and therefore, not be rewarded for whatever it is they have done.

Ones may also be in fear of credibility if someone challenges what they have done or said and, because they have little or no self-confidence, these ones make-up something in order to look good or to defend their position. This is a frequent "skillful" maneuver in the workplace, and unfortunately is the basis for many a tragic promotion of the wrong person into a position for which they are not suited.

Usually those with the lowest self-confidence (or no confidence) in their position will protest the loudest. They will use volume and repetition to reinforce their position, because they have no confidence in their claims or actions.

The lower the self-esteem, usually the greater the lies. It's quite simple to figure this one out, because the less one thinks of oneself, the more fictions they invent.

Sometimes this condition is a mechanism invoked to cover-up an excessively self-critical (non-self-forgiving) nature; here the one doing the lying cannot possibly imagine that others could be just as accepting of the statement "I made an error" as of the excuse actually offered.

Then there are the low-self-esteem ones who believe that fiction is more interesting and of more value than the truth. Many in this category actually begin to believe the fictitious stories themselves—and therein lies the danger I spoke about earlier, for not only have they now lied to others, they have lied to self and they believe the lie.

But, can you see that, regardless of the reasons for lying, ultimately lies are always rooted in fear, and fear is a consequence of entertaining dark energies? So here we are again, back to the constant need for calling in The Light for protection and guidance and insight.

Those who call-in The Light will be given to see through lies. It is why dark energies avoid The Light, for as you have often been told, Light "destroys" darkness. Actually, destroys is not even accurate. Light simply transforms darkness, for in the space in which darkness existed, now Light exists; but the darkness did not go anywhere else, it was merely absorbed and transformed by The Light.

Yes, lies can do much damage, and it is so very important to continue daily to keep The Light about you. The dark energies are very angry right now, as more and more Light begins to shine upon your world, and they are not only taking truth and twisting it out of shape, they are manufacturing all manner of outright falsehoods when twisting truth is not sensational enough. I can only say unto you to stand in the strength of Truth, for eventually Truth will rule over the lies and expose them for exactly what they are, and the liars will only discredit themselves.

But their lies only give you more opportunities to strengthen your resolve and your "soul muscles". Do not worry about that which these liars charge against you, for you know in your heart that such is false—and God knows it is false, so what else matters?

If you are concerned that others will believe the lies, then know that these ones are those who yet have basic lessons to learn in discernment. Remember what Esu "Jesus" Sananda has said so many times in the past many months of lessons—this is a time of housecleaning and heavy-duty sorting of those who are ready to graduate into their next level of lessons from those who are not.

But take heart, child, for sooner or later The Light infusing your planet right now will overtake all forms of darkness, and in

that day all Truth and all lies will be revealed for exactly what they are. All you need to do in the meantime is to concern yourself with what YOU do, and simply ignore those who are spreading the massive falsehoods.

How you react to the falsehoods and the attacks will serve to reveal the degree to which you operate in Light. Meanwhile, the lies will reveal the darkness in which those ones operate. It can be no other way!

Your world needs LIGHT, and you can be one of those many little Lights that, when linked together, will replace every shadow of darkness with glorious Radiance. The darkness is working feverishly to try and keep you from waking to your potential as Lighted fragments of Creator Source.

Obviously a central nerve has been struck in those ones who feel that lying is their only defense and that they must resort to such outrageous fabrications presented as facts. However, if they chose to defend themselves with truth, they would, in fact, reveal themselves. Sooner or later they will trip-up in their lies, and people will notice and demand truth of them. That time is coming, so fret not.

In the meantime, continue on the path you are on, for it is the only path over which you have any control. Allow for the drama to continue to unfold, for it is all in the Divine Plan, and all must play itself out. The final curtain will soon come down, and you only need concern yourself about the integrity of your own personal role.

You are living in the time when nothing can be any longer hidden. The Truth must be revealed, as must therefore the lies. The Light is present and will only continue to grow stronger and brighter as you continue forward in the Planetary Transition process. Many of you already know this intuitively, and are finding that there are many physical manifestations taking place to confirm those feelings. Many surprises are in store for you ones—whether they are pleasant or not is a matter of YOUR personal choices at this time toward honesty and responsibility.

Let us draw this message to a close, for there are a myriad of things you need to attend. Be at peace, and as I said before, allow the drama to unfold, and continue to play your part with integrity and in Lighted Truth. Yes, I am advocating you turn the other cheek in these instances, for all will sort itself out, and the liars and cheaters will sort themselves out as well.

I am Germain, Cohan of the Seventh Ray, the Violet Ray of Transmutation. I leave you as I came—in Light and in Truth. See that you go about your business in the same manner and all will be well.

Salu! 

Oracle's Messages About Parasites

Editor's note: The following three articles are offered by our Mayan Shaman friend, Oracle, who feels that this subject is critical to our health and well being at this time of tremendous frequency upshifting on planet Earth. Anyone already aware of the subject of parasites—and their ever-lurking presence in our water supplies as well as in many foods—will be in full agreement with Oracle's great concern for, and desire to awaken, those not yet so well aware of these pesky little critters and the havoc they can cause in the physical mechanism of man and animal.

You may remember that we first introduced this accomplished spiritual leader and healer and master herbalist, who was raised by Mayan Indians, on page 20 of the Premier Issue of The SPECTRUM. At that time he shared a most astonishing photograph of an angelic "Phoenix Bird" visitation to him which was caught on film while hiking in a forest in the Southwestern United States.

In Rick Martin's Front Page interview with David Wilcock (as well as in David's other materials), prominent mention is made of the ancient Mayan cultural connection, and Mayan calendar connection, to many of the events happening around our globe at this time. Oracle is planning to share more of this ancient wisdom and prophecy, from first-hand experience and personally-handed-down sources, at a later time, with all the SPECTRUM readership. He feels strongly that this publication is THE most important conduit for reaching those who are seeking Truth. But first, ones must pay attention to their health in order to achieve a condition of wellness, in order to enjoy (and thus make their own unique contribution to) the Great Planetary Transformation going on at this time.

We warn you ahead of time that the information presented here is not complete and will leave you hanging. We don't like to leave you with a cliff-hanger, but arrangements are still being made by Oracle to secure the proper herbal ingredients referred to in the following narratives. Moreover, even the proper modern names for some of these ancient healing herbs are not clearly established, and must be so done before detailed information is made public, to avoid confusion. It was not possible to have this

information ready in time for when this issue of The SPECTRUM went to press.

According to Oracle, a lot of people without the proper healing knowledge or correct herbal combinations are making quite a business out of offering so-called parasite "cures" which are either completely or just partially ineffective. Moreover, true healing (a state of wellness) only comes about through a coordinated effort between body, mind, and spirit. Naturally, utilizing the correct herbs from Mother Nature's garden is an important step in the physical part of that three-level process.

So sit tight, read the following offerings, and look forward to the possibly life-saving herbal information that will be appearing in the next issue of The SPECTRUM.

Now, do you think there could be an "herbal formula" for cleansing out the parasites which infest so many of the major business and cultural institutions around the world? Maybe if we get rid of the little parasites within, we'll have the energy to go after those big ones!

9/2/99 ORACLE

Warning! Parasites, The Silent Killers

If you become infected with parasites, be prepared for the fight of your life. On national television, ABC News had a special segment on parasites. Reporter John McKenzie interviewed Dr. Monica Santa Maria of Kaiser Permanente Hospital who discovered a patient had a massive tumor. After the patient was tested for cancer, an incurable infestation of parasites was discovered. Professor David Relman of Stanford University illustrated the way parasites are identified by using scientific DNA testing with computers. He demonstrated that some parasites can be treated, but for others there is no cure.

This fast-growing infestation of parasites has shaken the foundation of all medical institutions. The medical world has no real solutions for this parasitic giant. Parasites such as fasciolopsis buskii are responsible for cancer and HIV-AIDS. In the medical world, little is

known about how to get rid of them. Patients are treated with expensive medication, radiation, and chemotherapy, but are offered low guarantees. The question in everybody's mind is, "How do we treat and eliminate this calamity?"

Ancient civilizations used herbs that were effective in eliminating their parasites. The Mayan civilization gave their formula to certain chosen people whose lives were prolonged for over 100 years. This herbal formula was an amazing method to cleanse the nine vital organs of the body and was made of 11 different herbs combined with the powder of a chili pepper that grows in Latin America. This herbal combination eliminates parasites, strengthens the body functions, and promotes longer life and better health.

Some of the ailments that may be the invasive results of parasites are: abdominal pain, allergies, anemia, anorexia, vitamin B-12 deficiency, blindness, blood in stools, blurred vision, shortness of breath, bronchial congestion, cancer, chest pains, chills, chronic constipation, colitis, coughing spells, diarrhea, dizziness, eyes swollen, face puffed up, fevers, gall bladder problems, headaches, heart disease, hiccups, HIV-AIDS, immune system disorders, indigestion, nausea, nervous disorders, night sweating, pancreatic problems, rashes, rectal bleeding, rectal prolapsus, skin ulcers, sleeplessness, spleen damage, sweating, tissue damage, toxemia, typhoid fever symptoms, urination burning, vaginal discharge, vomiting, and weight loss.

Parasites include a bizarre cast of characters that can end up taking intrusive residence in our bodies. The most common known to mankind fall under these four categories: roundworms, tapeworms, single-cell protozoan, and flukes.

Some common worms, such as roundworms, lay over 200,000 eggs a day. Think about it: Do we want to live with bodies contaminated by parasites, waiting for them to strike?

But the truth is this: Parasites are responsible for many of our major illnesses. Look at the list! Every year, these parasitic infestations cause the death of thousands of people around the world.

But there is hope! You can set yourself free from these parasites with the help of herbal vermifuges. Remember the promise and take heart: "Cleanse and purify thyself and I will exalt thee to the throne of power."

Dr. Hulda Clark, Ph.D., N.D., made a great point that will change the way we see parasites. She told the world that parasites are silent killers! In her article "How Parasites Cause Cancer And HIV", she details a great description about how these parasites can destroy our bodies. For the purpose of paying tribute to her wonderful research work in the world of parasites, I am incorporating into this

article some of her findings:

“Though conventional wisdom has it that cancer is not like other diseases, that it is a fire that cannot be controlled or contained, and that the cancerous organ must be radiated or cut out, nothing could be more wrong!

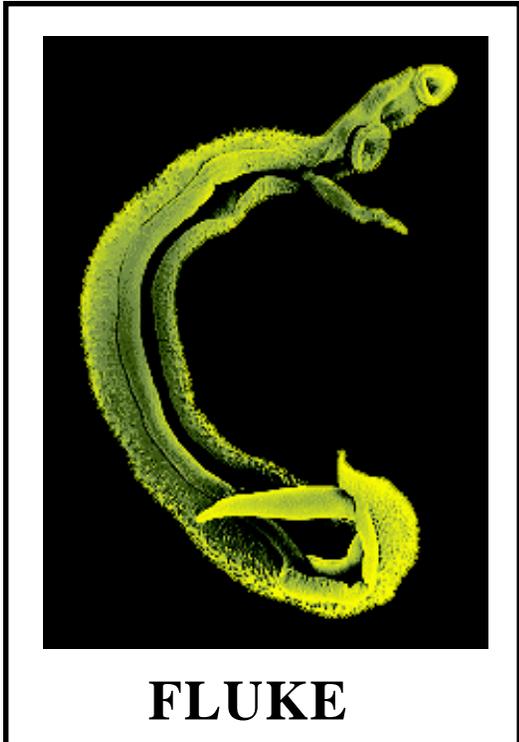
“All cancers are alike and all are caused by a single parasite (*fasciolopsis buskii*). The same parasite also causes HIV and AIDS. If you kill the parasite, cancer s t o p s immediately and tissues return to normality. One must be infested with this parasite in order to get cancer or AIDS.

“Usually, the *fasciolopsis buskii* parasite lives harmlessly

in the small intestine where it does little harm, save for the occasional case of colitis, Crohn’s disease, or irritable bowel syndrome. Most of the time, parasites are expelled out of the bowels. But when the parasite is able to invade other parts of the body, such as the liver, uterus, or kidneys, it can cause cancer if the host body is unable to properly process isopropyl alcohol or common rubbing alcohol. Once the parasites are in, it is hard for the organs to purge them. You must remember that parasites can produce millions of eggs right in the body, in the cervix, lungs, or anywhere in which the tissues will let them in.”

[*Editor’s note: For a long time Hulda Clark has had two books available, which contain a lot of similar information, about parasites. One book is called: The Cure For All Cancers. The other is called: The Cure For HIV And AIDS. These books are published in the United States by ProMotion Publishing, 10387 Friars Road, Suite 231, San Diego CA 92120; (800) 231-1776.*]

The Mayan formula has been shared with people of all ages. Now the overwhelming results are in. Written affirmations have substantiated claims from many patients who have shown significant improvement from their illnesses after taking the parasite formula. Sickly children suffering with different ailments found their symptoms disappeared without explanation. Many incapacitated suffers from different walks of life, including patients with AIDS and cancer, experienced a sense of wellness in their bodies when they faithfully followed this parasite treatment.



FLUKE

This is not a panacea or cure-all for all ailments. But by eliminating dangerous parasites from our bodies, we have a better chance to survive in this polluted world. In this contaminated environment, people are getting sicker and sicker every day. People are falling apart because they go to god-emulated professionals who believe we can correct everything. But we are not gods. And we have neither the answers nor the power to change things with our limited ability. Nevertheless, many of us have found hope, because parasite formulas have surfaced after many centuries, giving us a new hope for the healing of our bodies.

Do not forget that he who does not use the gifts from mother Earth (herbs) has no excuse but to die before his time.

My Journey Into The Mayan Jungle

I have been asked by hundreds of people if I have tried the parasite formula and why I believe that it works. Well, in order for me to clear the air, I might as well share my story about how I became acquainted with this parasite formula.

In 1993, I had reached a point where it seems that the medical industry couldn’t help me anymore. My heart was malfunctioning. My arteries were clogged, my cholesterol was close to 300 and, to make things worse, I was suffering from chronic bronchitis, stomach problems, and aches all over my body.

In a matter of about six months, I had gained over 80 pounds without explanation. Neither my heart specialist nor my internist knew what else to do. I was destined to die. Life was not fun anymore, and I couldn’t believe that, if I died, I wouldn’t know why.

It was then that, for the first time in a long time, I remembered my Nanna, Maria Ponce. Maria was an elderly Mayan healer with great powers and knowledge. It isn’t that I had forgotten her; I was just not ready to take a chance on herbs and natural

healing when I was so sick.

But something amazing happened when I had a dream like I had had in the past where my Nanna visited me and told me that I needed to go back to my roots and see Ponce, one of the oldest members of my Mayan tribe. I couldn’t wait, and the next day I took the first plane to Merida. When I arrived and was looking for a way to reach the village, which was located deep in the jungle, I couldn’t believe it when I heard my name called.

Two familiar faces approached me speaking the Mayan language, and I recognized them as my Nanna’s son, Roberto, and his wife. They told me they had been waiting for four days. I didn’t want to ask them any questions. I was just glad they were there.

Before we started our journey, they gave me a tea and said it would make the journey easier, which it did. After two days of riding on horseback and in a canoe, we arrived at the village. It was there that Ponce was waiting for us. It had been over 20 years since I had seen him, and my eyes couldn’t believe how well he looked. I was six years old the first time I met him and he still didn’t look a year over 50. It seemed that time hadn’t moved for him; he always looked the same.

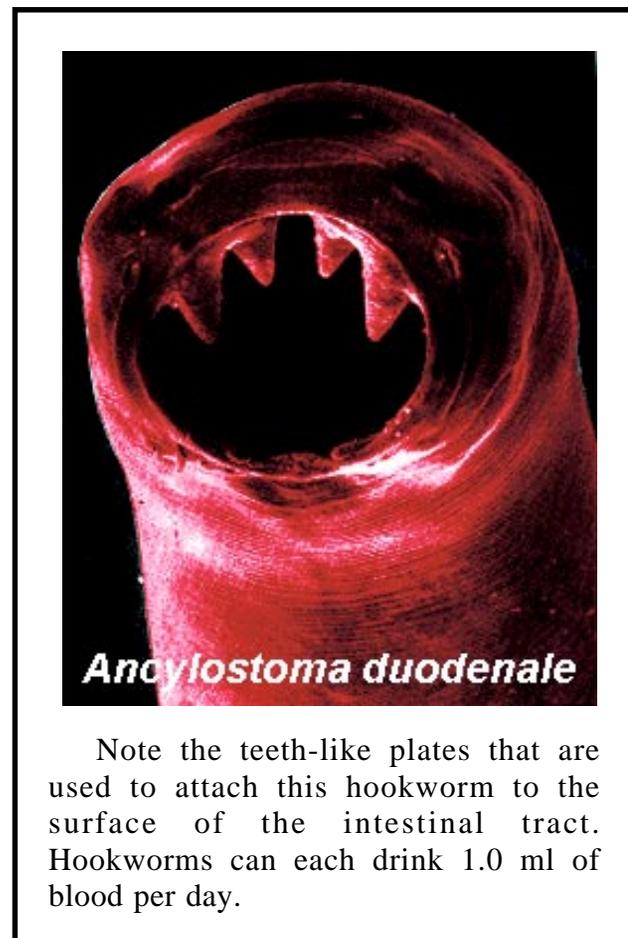
To make this story short, Ponce was my Nanna’s grandfather, and she had died at the age of 86. So the question came to my mind again, what was the secret to his longevity? Before I

could tell him why I was there, he smiled at me and said, “It is time to clean you out; follow me.”

Once we were inside his home, he told me to sit down and wait while he brewed a tea that consisted of in excess of nine different herbs. The smell was so bad that I felt like I was going to throw up. He finally poured me a cup and said, “Drink it if you want to get well.” Against my better sense and because I trusted him like I trusted my Nanna, I swallowed it while holding my nose.

The after-taste was so terrible that I had to go without food the whole day.

He told me that I needed to take this tea three times daily for the next seven days. After four days, I had just finished my lunch and



Ankylostoma duodenale

Note the teeth-like plates that are used to attach this hookworm to the surface of the intestinal tract. Hookworms can each drink 1.0 ml of blood per day.

taken the tea when, all of a sudden, I experienced cramping like I had never experienced before. I was dizzy and nauseated. I honestly believed that I was dying.

Then it hit like lightning, but I couldn't move. All I could do was pull my pants down and begin to eliminate waste. This feeling was so strong that I believed my stomach was going to come out with everything in it. Then I realized there was a very large parasite hanging out of my rectum and I passed out.

I was awakened by the cold water in the river and found several women scrubbing me with herbs and cleansing my body. After a few minutes I passed out again and woke up several hours later in Ponce's home, where I noticed he was working his magic on me. I never felt better. I knew that if I ran a marathon I would win it.

Ponce looked at me and said, "It is time for you to see all the parasites you had in your body." He opened a large bucket and I couldn't believe my eyes. It contained these gross forms of alien bacteria and worm-like figures. The he said, "If you hadn't come here, you would probably have been dead in two years, and your doctors would have had a fancy name for your death."

It was then I realized that millions of people die every year leaving their families thinking that they have died from cancer or AIDS and many other illnesses that are caused by parasites. I got real mad thinking about all of the money that I had spent on medical tests and worthless medicine that was attempting to cover my illness until my immune system would drop and my body would cease to exist.

At that moment I swore to myself that, if I could get this formula, I would make it available to everyone who needed it. I didn't have to beg long, Ponce knew we had illnesses that had reached epidemic proportions world-wide that no one knew how to treat.

Six months ago I began to share the Mayan formula with many people who were suffering, and to my surprise, miracles have happened over and over again. Now I am not surprised when someone calls and says, "Thank you, I feel great." I know that the magic of Ponce will continue to do its work.

It is this writer's intention to bring awareness to people. If you are ill and if time goes by without you getting well, you may consider trying to eliminate dangerous parasites from your body. After all, these micro-characters are responsible for millions of deaths around the globe.

If you really want to know what your doctors know about parasites, ask them. The answer may be a surprise to you. It is my humble opinion that only four to six percent of the doctors in America have knowledge about what parasites can do to a human being.

I am now over 40, still a bit overweight, but enjoying great health. I amaze anyone who plays tennis or racquetball with me. It

seems that I can go forever. Of course, every year I cleanse myself of parasites and I take some incredible herbs that build my immune system. I won't claim that I am immortal, but I believe that I now have something to extend longevity.

So there, my friends, this is my story about how an old man, without fancy medical degrees, chemotherapy, or radiation, used his magic to heal me and gave me the opportunity to enjoy life to the fullest.

The Truth Will Prevail

In America, society has become too busy building material wealth at the expense of our health, and Mother Nature has begun to teach us a lesson that never will be forgotten.

Parasites are taking over our lives and are killing more people than ever before, but in order not to create panic, our medical world has all kinds of new names for new illnesses. We are not told that many of these deadly and painful illnesses are caused by parasites, and the one that is suffering dies without knowing that a parasite took his or her life.

The Mayan people recognize that our bodies are merely a part of Nature and that man always is living under Nature's influence. Each human body is a miniature cosmos, a replica of the great cosmos that is Nature.

Our bodies are one with the universe and there is an order, a principle of constant flux in Nature. Our bodies are affected by all the changes in Nature—the pollution of Mother Earth and the destruction of our rain forests. We dress in silk and gold in a fake plastic world where our goal is to see how fast we can destroy each other and all the gifts of Nature.

Today we tend to think that disease is caused externally—by bacteria, viruses, chemicals, etc. In truth, this is only a partial answer. While certain bacteria may make some people sick, the same bacteria will have no apparent effect on other people.

It is important to realize that the source of disease is twofold; the cause of disease lies both outside and within the body. In actuality, the inner cause is the more significant, for it is one's own physical condition that is the major factor in determining one's health.

Parasites, the silent killers, are now the rulers. They have taken over our bodies and no one knows how many parasites there are or how deadly they are.

Parasites have been co-evolving with man for millions of years. And, like viruses and fungi, their presence in the human body is destructive.

Our country relies on foods that are grown around the world. We also enjoy exotic foods,

like sushi and sashimi, that are uncooked and/or undercooked. These foods are excellent hosts for parasites.

Many parasites go undetected for years because their presence doesn't produce any serious symptoms. But at the time when immunity is low, they can overtake the body, resulting in death of the host.

There are six stages of disease:

Stage 1: There is pain in some parts of the body, accompanied by chills, high fever, and often headache, forehead pressure, coughing, stiff shoulders, and painful joints.

Stage 2: The disease is still somewhat apparent on the surface. It has also gone into the stomach, where the parasites have begun to manifest their initial destruction. There is headache, heavy feeling in the stomach, sometimes a hard swollen abdomen, and constipation.

Stage 3: The parasite rules the intestines and the stomach is heavy, sometimes aching. Other symptoms include bitter taste in the mouth, thirst, dizziness, fast heartbeat, loss of appetite, nausea, and sometimes vomiting.

Stage 4: Now the abdomen is soft. There is no appetite, the stomach aches, the pulse becomes weak, and the feet are usually cold.

Stage 5: By this time, we have seen the doctor and done many treatments for different illnesses. We may even hear the doctor say it may be cancer, and the nightmare begins.

Stage 6: The heart becomes weak at this point and it appears that all nine vital organs are now affected. Our life is not the same and there are so many symptoms it is hard to tell the source. All our organs become weak; there is a desire to eat but, if food is taken, vomiting results. This is common with people who are infested by AIDS and cancer. (By the way, let's not forget that there is a parasite responsible for these illnesses.)

It is obvious that these six stages of illness must be treated, that each stage is progressively more serious, and that death will follow.

There is no reason why we must suffer and not enjoy life, or see our loved ones die in pain with no hope. The solution to a long-lasting life in good health is to follow the knowledge of our teachers and healers from all over the planet.

Parasites can be treated and removed from our bodies. Remember, for every illness there is an herb that will treat and bring wellness and longevity.

This writer is not making any medical claims, but is merely sharing ancient knowledge that comes from a tribe where many people live to be over 100 years in great health.

* * *

Recommended reading: *Solving The Puzzle Of Chronic Fatigue Syndrome*, by Michael Rosenbaum, M.D., and *Super Immunity For Kids*, by Leo Galland, M.D. 

An Interview With David Wilcock

[Continued from Front Page]

Having just experienced his first major publicity appearance on the Laura Lee radio program on July 17, David was still stinging from what was a less-than-receptive encounter. The controlled media, no matter how well disguised, even (or maybe especially) in the format of a talk show, always takes some getting used to! After assuring David that *The SPECTRUM* is “user friendly”, and after he checked with his own Inner Guidance, he felt at ease enough to share with us without hesitation.

While the front end of this conversation will hold particular interest for those well versed in knowledge about Edgar Cayce’s life, the second half of the interview holds some helpful and enlightening commentary for everyone.

As is often the case with such contacts, I first heard about David Wilcock from two directions simultaneously—from Dr. Al Overholt and from Charles Neil. As Dr. Overholt mentioned in the News Desk column in the last issue of *The SPECTRUM*, for those of you with Internet access, David’s website is: <http://ascension2000.com>. This website contains some of the most insightful and inspiring material (given through David in trance) that you will read anywhere. It is my intent to offer portions of his information in what will be a several-part series on this subject in upcoming issues of *The SPECTRUM*.

Directly following the interview, we will continue our exploration into this fascinating subject and person by sharing an in-depth analysis between Cayce’s life and that of David Wilcock. And, for those of you interested, yes, David currently does conduct “readings” (including “dream readings”) for a donation of \$100 (subject to change in the future). These readings are his only means of financial support. He may be reached to schedule an appointment for readings at the following email address: djw333@pilot.infi.net. You may write to David directly by sending your

correspondence to *The SPECTRUM* and we will see that David receives it, until such time as we may provide other contact information.

Sit back now and suspend your natural disbelief for awhile, just like you would when you go to see a movie, and let the information flow through you openly rather than jumping to any premature conclusions. As is *SPECTRUM*’s general policy with all material, “Let the reader discern for self.”

After some initial introductory discussion concerning my policy about allowing people who are being interviewed to speak without interruption (remember his recent rude experience on the Laura Lee radio program!), we pick up the conversation.

Wilcock: The whole reason why everything that I’ve published is free is so that as many people can get it as possible. That’s what I was instructed to do by these Forces. That was one of the only compliments that Laura Lee gave me, actually, on the air.

Martin: The most obvious first question that comes to mind—

Wilcock: Ok.

Martin: —and this is probably the most uncomfortable one, but the most obvious first question is: What exactly was the response by the A.R.E. [the Association for Research and Enlightenment, Inc., in Virginia Beach, Virginia—the official Edgar Cayce organization] when you approached them?

Wilcock: Ok, I can answer that question. (Pause)

Martin: Feel free. The tapes are rolling, as they say.

Wilcock: Let me give you a little bit of background to work up to that question, so that we’re not speaking from a platform of assuming that it’s just a given that this is who I am. I want to give you just a little bit of background so we can work up to my A.R.E. announcement.

Martin: Good.

Wilcock: As you are probably aware, my

initial psychic experiences began as early as I was able to remember my dreams, which were around age 2. At that age I had the distinct vision of cylindrical spaceships that would hover and flutter in the sky, and I always felt that one was about to crash and I had to go help this person—that, essentially, a cosmic being had crashed and was stranded here and needed help. Obviously, at the time, I didn’t realize that the dream was about myself.

So, when I was 5 years old, I had a spontaneous out-of-body experience. In the spontaneous out-of-body experience I found myself hovering over my own body. I could watch myself breathing and watch myself sleep. And I also had another body that still had my pajamas on.

A “Force” that was outside of my own conscious control took me, feet first, down my hallway and the hallway light was still on. I always slept with the lights on. When I got to the staircase my body stopped and turned 90 degrees in a pivoting motion. I was aware, at that point, that there were what appeared to be several voices in the background that were all talking as though they were very interested in me and in what I was going to do. My body also tilted about 30 degrees in order to begin going down the staircase.

As this happened, and I started to actually drift down the staircase, about two feet below the roof, I was distinctly aware, in my mind’s eye, of a series of visions of me, out of the house, flying up into space and possibly not ever coming back. At least, that was my fear. So, I got extremely scared. As soon as I got scared, I was back in my body almost immediately.

After this experience had ended, I found myself feeling like a failure for not having accomplished what it was that this Higher Force had been trying to get me to do. I felt afterward that I would not have died, but I was going to have been taken somewhere and I messed up.

So, I felt that I was a failure and I wanted to recapitulate whatever losses I had incurred by failing in that way, so my natural response was to go down into my parents’ basement and dig out books on psychic phenomena. I read my first full-length adult book on psychic phenomena when I was 7, in second grade. And I was able to perform some experiments based on the material in that book, and got results that were so surprisingly accurate that it demolished any doubt that this wasn’t real.

The most significant one was the ability that I had to guess numbers 1 through 10 accurately by simply having a group of my friends go around the corner of the building and guess the number together. I would just simply tell them the first number that popped into my head, and it was right every single

time. I had a 100% accuracy.

So, that was pretty much my early stimulation. And then when I was in junior high school I was doing Tarot cards. When I was in high school I learned lucid dreaming, to become awake and aware while I was dreaming, to control the outcome.

My next significant event was in my sophomore year of college. A friend of mine stopped by to tell me an amazing story which was that he had had a two-hour conversation with his physics professor. The conversation with the physics professor, by itself, is not important, but what was important was that the physics professor was telling him that it was common knowledge in the higher echelons of NASA that the United States had secured captured alien discs and have reverse-engineered the technology.

So, my understanding was that there were three different types of beings who had been inside this craft, the tallest of which was the common Nordic that everyone talks about—in other words, a regular looking being with sort of pink skin, with a perfect complexion—tall, with deep blue or even purple eyes, long blond hair that goes down below the middle of the ear, and usually some sort of a silver or blue jumpsuit.

The middle-height being was your typical Grey, but it was a very slender and beautiful-looking Grey.

The shortest of the beings was, apparently, like the typical Grey that everyone sees, and they determined that the head that everyone sees was [*in fact*] a helmet—that underneath the helmet [*the skin*] was more reptilian looking.

So, these were the three beings who they found. He did not have indications about autopsy reports. He also described the propulsion system.

The propulsion system creates a sort of virtual laser. It, supposedly, sends out a particle of radiation that is going 75% the speed of light. Then, a trillionth of a second later, it shoots out another particle of radiation that is going the full speed of light. The radiation is able to repel itself, so this creates a billiard-ball effect where the faster particle bounces off of the slower particle, goes back and hits the edge of the ship, which drives it forward, and in this manner you are able to ascend to lightspeed, near lightspeed, at a very fast rate.

I had never heard any talk about this propulsion system in public. I still haven't, but much of the other material that he got was later duplicated 2-3 years later in *Day After Roswell* by Col. Phillip Corso. So, that was my activation event, you could say.

After that point, I began compulsively reading books like crazy, and I read everything I could find. My book *Convergence*, which is freely published on the

Internet at my website [www.ascension2000.com], discusses the culmination of what ended up being six years of research, after I first had this disclosure.

After doing research for four years and reading, probably, as many as one or two books (and completing them) each week, usually having five or six in progress at any one time, I started to feel somehow empty. I was chasing this information furiously, and yet there was nothing in the personal life to mirror what was happening in the books. I finally realized that the key was in my dreams. I had been recording my dreams since, approximately, the same time that I got the disclosure. So, for the last four years I have been keeping a record of this.

I started to participate on Richard Hoagland's message board—the Enterprise Mission message board—and wrote a lot of articles and actually captured his attention enough that we got into several debates. After Richard Hoagland's message board started to fold up, which occurred in November of 1996, I realized that I had to direct my creative energies into my own work and not into someone else's message board.

Around this same time, a man by the name of Joe Mason called me on the telephone. He had been a participant on the message board. He was one of the only people who could relate to my writings on synchronicity. [*I had*] written several posts [*on*] how I would see repeating digits on the clock at just the right moment. This would happen five or six times a day. I would be sitting there not thinking about what time it was, reading a book or driving down the road, and would just happen to look at the clock at exactly 4:44 or 5:55 or 11:11 or 12:12. There were several of them.

These were getting to be quite bizarre because there were times when four or five different synchronicities would all converge at the same time moment. One of my favorite ones was when my speedometer hit 444, my clock hit 5:55 and, at that exact second, it started pouring rain while I was driving.

So, these types of things were happening to me. Joe Mason explains that synchronicity was a way for our Higher, subconscious self to communicate to us consciously. It was a way for messages to be communicated. He said that there was a more direct way of getting in touch with this Higher Self, and that was what he called the “dream voice”.

He said that, when you woke-up in the morning and you were still able to remember your dreams, if you just allowed yourself to listen, you would discover that, similar to being in a room with several TVs running at the same time, there would be a bunch of background noise that you could hear if you were willing to tune-in and if you were close enough to being asleep that you could actually

hear it. He said that, if you listened to this and you wrote it down, it would have meaning, even if it didn't seem to make any sense.

In fact, the whole key to the technique was that you did not understand what you were getting when you wrote it down. If you did start to understand it, then your conscious mind had a much higher potential for distorting the information.

In the midst of this conversation, I was falling asleep. It got to be 5:00 in the morning, because it was only 2:00 in the morning his time, in California. But he was giving me so much good information that I was still trying to write it down, even as I was falling asleep. That turned out to be what trained my conscious mind to be able to do this.

The very next morning I woke up and I could hear his voice talking to me again, just like last night on the telephone. And I just started to write down what it said, and a lot of it was very cryptic and it didn't make any sense. But, at the very end of the conversation, it said to me: “...There are other sites you can visit, such as Chichen Itza...” which is the pyramid site in Mexico, the Yucatan, Central Mexico. “You can go there with your mind, you know, check it out.”

And I had just gotten done reading this amazing 8-page transcript, for the second time, and reading this sentence that was obviously telling me that I could recreate the same, fantastic, out-of-body experience I had when I was 5, again, by inducing it consciously. And, just as I was reading this again, the phone was ringing. And the phone tugged at my heart. I knew that it was somehow very important.

I wondered if it was actually Joe Mason himself asking me, calling me and asking me something like, “Did you get that telepathic message I just sent you?” So, I answered the phone and it turns out that it is a friend of mine inviting me to a seminar on astral projection. The synchronicity was so amazing that I just felt it thundering into my head. I didn't know what to do.

Later on, I realized that that Monday, November 10, I had predicted the imminent heart attack of Mother Teresa the following Friday. It was in the following sentence, which reads, “One of our women, Teresa, a sibling, inoperative, Christian, psychically.” So, that phrase seems to imply to me that they were saying that sibling Teresa, in other words, Mother Teresa, was rendered inoperative. It was pretty clear that I had tapped into something that was definitely real.

In the very first day, there was a very enigmatic series where it was saying, “I was born in...” and then it gave me a series of

dates, and some of these dates were in the 1800s, and some of them were more recent times. There was one date, in particular, that I couldn't get because it didn't come through very clearly, but it sounded like 1887. I found out later on that Edgar Cayce's birthday was 1877. That was the date I was actually trying to get.

So, even from the very first day, there were allusions to my having been Cayce. There was also a phrase that said, "That's the church pattern, Emilius and others like him have been around for a very long time." I found out much later, about a year later, that in the Cayce readings, Emilius was, supposedly, the first incarnation of the soul entity that finished itself from the Earth as Jesus Christ. Emilius was initially what's called the "first Adam" in the *Bible*. He was responsible for trying to save those souls who had been seduced by the material world and by its vibrations and wanted to stay here, for the time being.

This was, supposedly, according to Cayce readings, how we all "fell from grace". That's the original "fall" referred to in the *Bible*. We were spiritual entities, seduced by matter, and Emilius saw that we were not able to escape, and he came in to try to resolve this problem.

In the wake of this, I became aware of the fact that every morning I could wake-up and just start listening. I would be getting messages from a very high spiritual source, and it completely changed my life. They immediately started to talk about my diet needs and my personal needs. I had a very different agenda.

I wanted to ask them about UFO information. I wanted to ask them about research-oriented questions. Their agenda was much more along the lines of telling me: "Look, there's a lot of things about yourself that we need to fix. There's a lot of personal issues that you have to resolve." So, it was pretty interesting that, here I thought I was contacting extraterrestrials and was going to get all this cosmic information, and they end up being, basically, like my psychotherapist!

After going through this for awhile, I kept seeing more and more accurate future prophecies. And they are all documented on my website. There have been hundreds and hundreds of them. And it was basically leading up to telling me that I was supposed to move.

As the year progressed, there was an event where I had joined a "Search for God" study group, which is based on the work of Edgar Cayce, and I essentially was doing it because I had been thinking about moving to Virginia Beach, Virginia to possibly study with Atlantic University, the graduate school based on Cayce's work. In the study group I met this guy by the name of Skip and he was a

hypnotherapist. He agreed to hypnotize me and try to get me to do a reading, to see what would happen. Very, very anomalous and interesting events occurred when he hypnotized me.

First of all, he sat me in the chair and I had my crystals in my hands. At the exact second that I touched both of my crystals in the position that I normally would, he also was plugging in this heater. And as he was plugging it in, an arc shot out from the wire into the air, and it was about a 3-inch-long arc of electricity. And he says that, after this happened, it worked fine, and before that it worked fine. It was only this one time that there was ever a problem. It was enough of an arc that it actually created a wisp of smoke.

During the reading, when I started to channel, the Forces apologized for their effect on the electronic systems. They also were answering questions that he was asking telepathically, before he ever spoke them physically. So, in effect, he stopped asking questions and just used telepathy to mold the reading in the direction of what he wanted to know.

At the end of the reading, we were going over to his computer to check out the latest crop circle formation, and before we were ever able to bring it up, the whole house went out in power and it stayed off, according to him, for exactly 60 minutes, and then came back on. So that was highly unusual stuff.

The next really major thing was, I was able to induce the conscious out-of-body experiences and I had an experience where I projected myself into this state and I knew where I was. I met some people who obviously didn't. I was trying to tell them, "Look, I'm having an out-of-body experience. I can levitate; I can float; I'll show you that this is not real." They refused to believe me. I got very frustrated with these people and I said, out loud, "Isn't there someone around here who knows what the hell is going on?"

Before I had even finished the sentence, I had turned around and there was already a woman standing there, wearing a purple robe (and that's a very important color) with penetrating blue eyes and grey hair that was parted in the middle and was sort of long. I didn't think anything of this. I figured she was just another one of these regular people running around. But as she stared at me, I found that I couldn't move, and so she commanded my attention. She kept staring at me until the mental chatter in my mind had settled down somewhat and I was able to just think clearly.

Finally, when I was sort of relaxed and she was still staring at me, she says, "You know you have to move, don't you?" And I started to hem and haw and look both ways

and wonder what to do, and she just didn't say anything else, and I still couldn't move, and so I realized that I basically had to say "Yes".

So I said, "Yes, yes, I will move, I will move." Then I was able to be free. I transcribed a reading that had happened the day before this, after the experience happened, and it said, "Strap on your parachute hat, Virginia would be a nice destination."

So, the Forces proceeded to collapse everything in my life that was of any value to me, soon afterwards, including my job, and I was left with basically nothing worth staying [for] up in New York. And my landlady, who had never wanted a lease in writing, suddenly was asking me for a one-year contract, and it wasn't even at the beginning of the year of when I had started renting.

All of these things pyramided. There was a girl who I was sort-of seeing, and we had a falling out that was looking like it was going to be permanent. All this stuff happened all at once and I realized that there was very little holding me in New York.

So, I called the A.R.E. volunteer center and got the listing for a house. And, basically, packed all my stuff into the car and drove down there. The second night that I was there, I remembered, to my surprise, that back in July (it was now October), in my reading, it had said the words "Great Neck". And now I happen to be living on Old Great Neck Road, which is off of Great Neck road, so that was pretty shocking.

So, after realizing that, somehow, it appears that even back in July my readings knew not only that I was going to Virginia Beach, Virginia, but I was going to be in this particular house, on this particular street. I said to myself, "Now, I have to look. I have to see if there is anything else that's worth noting here. Maybe these readings have other prophecy about my arrival in Virginia Beach."

So, I went back to my room, grabbed the book of readings, went downstairs and sat on this white leather couch. As soon as I sat on the white leather couch, my eyes drifted up to the bookshelf and I saw the title of a book that said *The History Of The German Steel Helmet, 1921-1945*, and I was absolutely beside myself.

It turns out that, back in July, around the same time I got the words Great Neck, I had gotten an anomalous phrase in German, and I don't even speak German. My housemate was able to translate it for me. The phrase was translated into "a group of German steel helmets". And here I was, sitting on this leather couch, looking up seeing a book that says *The History Of The German Steel Helmet*.

I came to find out, when I talked to the woman who I was renting from, that the other

man who was living in the house (whose name was Dennis), was a collector of German steel helmets. In fact, he had a giant collection of them, enough that he could start a whole store. He hadn't even called her for the first time to move in back in July when I got this reading. He didn't move in until August. That was obviously pressing on my brain, considerably.

Something else was happening. Skip, this same guy who hypnotized me, called me up before I moved to Virginia, and had said, "I want you to see something. You have to come over, right now." And I said, "I don't know what you're talking about." And he said, "No, you have to come over right now."

Finally, I agreed. I drove over to his house, I got inside, and he had this magazine. He had taped a piece of paper over the magazine with a square cut in the middle of the paper. Inside the square was framed the image of a face that looked exactly like mine.

And he said, "Now, who is this?" And I had to stop and think for a good fifteen or twenty seconds. I finally realized that, since he was an A.R.E. member and it had the look of a magazine, it must have been *Venture Inward* magazine and that, therefore, it had to be an image of Edgar Cayce when he was my age. So I guessed, "Edgar Cayce".

And he said, "Well, yes, but who else does it look like?"

And I said, "Yeah, I understand what you're saying." We were both pretty flabbergasted about this.

As soon as I got to Virginia Beach, there was a person, who I had called on the telephone when I was looking for houses, who was actually the catalyst to finding the house that I lived in. And he said he wanted to see me in person, right away. I told him that I didn't understand it, but that was fine. As soon as he met me in person he said, "My God, I can't believe it!"

I said, "What?"

He said, "You look exactly like Edgar Cayce."

I said, "You know, someone else has told me that, and I don't know what it means."

He said, "Well, you might be his reincarnation."

I said, "That is just ridiculous; that's impossible. Why would I have to be such a figure? You know, I'm doing my own work, but it doesn't mean anything grandiose. At least, I don't think it does."

Well, as time progressed, more and more people were meeting me and having the same reaction. People who were rather high-up in the Cayce circles were seeing me, before they knew that I did any psychic work, and saying things like, "My God, he looks exactly the same as Cayce."

There was a man, who has a very high

position in the A.R.E., who I met for dinner. He told me after we got done with dinner that he had nearly fallen over backward when he first walked into the restaurant and saw me sitting at the table, because he had worked with Cayce's early years extensively, including photograph archives, and had never seen anyone who was the spitting image of Cayce, as I was.

As time progressed I was living with someone who was intensely dedicated to the Cayce readings [and] has been a friend of Gladys Davis Turner for a long time. Gladys Davis Turner was Cayce's [longtime] stenographer. And, also, the readings indicated that she was his [Cayce's] twin-soul. So, she was very important in this saga. This person knew all the ins-and-outs of the Cayce readings. He was very well educated about it. And as I lived at his house with him, after moving from the house I lived at in the beginning (I was only there for 2 weeks), he became convinced that I was the reincarnation of Edgar Cayce.

I still wasn't.

So, the next significant event was that I finally got so fed-up with wondering whether it was true or not, that I went into a deep state of trance, and before going into trance I asked the reading, "You have to tell me if this is true. You have to tell me if I am the reincarnation of Edgar Cayce."

The answer that I got was as follows: "Understand that we may indeed give you the answer, but with the answer comes great responsibility. You will need to go back through your life and see all the parallels. In short, the answer is yes. We had to wait until the proper time to tell you this, and that proper time has arrived."

So, I was just totally amazed. I couldn't even believe it. I resisted it very strongly. I was almost bitter about it, because now I felt, all of a sudden, that this work I had been doing psychically for the last year, took on a much higher level of importance. I felt an obligation that I didn't feel before, because now I knew I was responsible for this legacy and that I was supposed to carry this legacy through into the next generation.

So, I resisted it strongly and I didn't really want my readings to talk about it. Yet, I was having some dreams that were very evidential where I was scuba-diving down into something like Atlantis and bringing up all these fragments, one-by-one, and the fragments together were Gladys Davis Turner. It was like I was reconstructing myself. Gladys Davis Turner is my other half, in terms of the spiritual sense.

Getting back to the A.R.E., the next important thing that happened was, I had an astrology program on my computer, and one day I sat down and said, "Let's see if there's anything that will happen if I run a

comparison chart between Cayce's birth-time and my birth-time."

So, I punched in Cayce's birth-time. I had the exact information. I punched in my exact information and then I brought up the chart. My heart just about stopped. What I saw, without even a matter of seconds of delay, was that the two charts were so tightly meshed together that it defied any coincidence.

The Moon was within minutes of 1 degree in the same position on both charts, sitting directly on top of each other. And, in fact, all of the inner planets, through Mars, were in almost exactly the same position. The Sun, Mercury, Venus, Mars, and the Moon were all sitting right on top of each other.

Then, all of the outer planets were aspecting each other very tightly. I knew at that moment that this was just getting more and more crazy. The facial similarity was remarkable. So, there had to be something to it.

Soon after this point, I got a reading about the Hall of Records and it said that it was very important that the A.R.E. be more vocal in the public about the Hall of Records because there was a negative force that was currently in power over there, and if enough people didn't desire the truth, then this negative force could potentially stifle the release of this Hall of Records, indefinitely, to the public.

So now, I not only had this identity, I had a message that I was supposed to give to the A.R.E. Even then, it took me about three more months. It wasn't until, basically, April and May, 1998, when I actually approached them for the first time.

Now, let me give you a little bit more background information so you can see how interesting this event really was. In the Cayce saga, there was a financial backer named Morton Blumenthal who financed the Cayce hospital. For those who don't know a lot about Cayce, his life-long ambition was to have a place of treatment and healing for those who were given his medical readings. The medical readings advised some very exotic medical treatments that, normally, could not be found.

He wanted a hospital where people could actually get those treatments. He did attract people who had lots of money in order to pay for this and Morton Blumenthal was a New York stock broker who proved to be able to do that for him. They built the hospital together, and within less than a year after it was in operation, [there] was the great stock market crash of 1929. And the hospital folded-up very quickly. Morton and Casey had a very, very icy separation and the entire affair was so emotionally charged that they were never able to speak to each other again.

I have found that all of the significant

people from the Cayce circle have shown up again in some sort of reincarnation in the present, with the same degree of facial similarity and attitude and behavior similarity. So, it turns out that Morton Blumenthal had reincarnated as my friend, Chris, who I've known ever since I was a freshman in college.

We've stayed in touch, in spite of having numerous disagreements. There was a phrase in my readings, before they ever told me about my identity, where they were talking about Chris and they said, "Plug-in the early New York stock exchange." And it was so anomalous that I actually asked them, "Could you please explain why you're talking about a stock exchange when you're talking about Chris?"

And they said that it was "a technical term posed as a riddle, and think of how you would exchange dollars and cents". And that was all they would say.

So, now I realize the facial similarity between Chris and Morton, but I hadn't quite understood that that's who he had been. He actually came to live with me, and I had moved into another apartment that was two blocks away from the A.R.E. and the Cayce hospital.

You have to understand that, in my past life, Morton and I had become dire enemies over this hospital falling. On the very day that I was to go to the Cayce Hospital for the first time in this life, to meet with people from the A.R.E. to talk about this, my friend Chris and I had the worst altercation, the worst argument that we had ever had in our entire friendship. And it was happening in the context of him knowing that I was about to go over to this hospital and be interviewed.

So, there was obviously some reincarnation karma playing itself out. As a result of being in this argument before I went, I was on edge and very nervous. I met with a senior staff person with the A.R.E. He took me into his office and we had a long conversation and I explained the story in as much detail as I could, and I explained how this was all new—and it was very difficult for me to do that.

What ended-up happening was that he tried to exchange skepticism, was basically trying to pick me apart, was very resistive to the whole idea. His conclusion that he made was that I was a nice guy, I had some obvious genuine psychic ability, but the fact that my readings had told me that I was the reincarnation of Edgar Cayce, and the fact that they had mentioned that there were going to be Earth changes in the future of a large-scale nature—[*meant*] that I had to, therefore, be contaminated by negative entities and otherwise unviable as the legitimate article.

He did befriend me, and I ended up working with him selling concessions for the next play at the A.R.E. And that's one of

my running puns, which is: Edgar Cayce came back to the A.R.E. and they got him selling candy bars.

Martin: (*Laughter*)

Wilcock: Every night that we were doing this play, and I was selling candy bars with him, in the context of this friendship, he would continue to attack me, he would continue to attack my credibility. I gave him several of my best readings and, instead of just acknowledging how nicely worded they were, he was trying to pick them apart. And it seemed like, a lot of times, he was doing it just for the sake of trying to make an argument.

He read the whole manuscript of what has now become *Convergence*. At that time it was called *1999 Cycle*. I have had many, many people tell me that *Convergence* is the best book they've ever read, that it has brought together research as diverse as Gurdjieff, Ouspenski, Collins, Graham Hancock, Robert Bauval, Richard Hoagland—just the whole gamut of metaphysical writers that this book has fused together.

He read the initial version of it and told me that it was very interesting, but held no substance. So, I knew that it was not doing me any good. I was severely losing confidence in myself and, as a result of that, I broke-off the contact and I basically have not made any further direct attempts on my own to go to the A.R.E. offices and try to talk to them, even though I live right in the same town with them.

The next important stage of my public disclosure happened on July 1, 1998, when I made the conscious decision to move into a new place, which I had done, and to entertain the possibility of doing this business of readings for other people for money, instead of doing these other jobs that I had been working, which were all temp-jobs at \$6.25 an hour.

When I made the commitment to do it, I got one of the longest readings ever. It took me about an hour and 20 minutes to do one reading, which is unusually long. This particular reading generated a lot of new information. Some of the information was confirming the stories about the bloodline of the Holy Grail, or the idea that Jesus survived the crucifixion and, even though he had ascended in the spiritual sense, he went on to have a family. So, my readings talked about that and gave some credence to the story. The story is now becoming extremely compelling with works such as that of Lawrence Gardner who wrote *Bloodline Of The Holy Grail*.

Martin: Right.

Wilcock: And Lee and the other guy who wrote *Holy Blood, Holy Grail*, and other books along those lines, like *Messianic Legacy*.

So, at the end of this particular reading,

once I had made the commitment to do readings for others, there was an expressly difficult warning that came through and it discussed the possibility that there was going to be a terrorist nuclear strike on New York City on August 17, 1998. And it came through in very deeply fragmented form, but it was obviously understandable.

Obviously, this never happened. In the wake of that event, I called the FBI because I was so concerned about the possibility that something like this could happen. I had gotten several dreams that showed it happening. I had gotten readings that had predicted the exact day and also showed me the astrology surrounding the event.

Based on my track record—I had hundreds and hundreds of accurate prophecies by this point—I knew this was nothing to ignore. And so I felt I had to call someone who would be responsible enough to be able to do something to defend New York against this.

The reading got very specific. It said that this group was going to try to take a boat and ride it into the harbor, and they had secured a suitcase nuke from the collapsed Soviet regime and were planning on exploding it.

So, when I called the FBI, as is to be expected, they very naturally were tapping my phone to beat the band within a week, and the tap continues to this day. In fact, that click that we heard in the conversation [*earlier*] was the tap coming on when I said the word A.R.E.

It has never stopped. I have lived, ever since the time that I started to do readings for others, without privacy. My phone is continually tapped. It is highly annoying, but the joy that I have felt from doing readings for others, and away from the wage-slavery system, has been unbelievable.

My next major event was that I moved onto a farm that was self-sustaining. And during that time I didn't have to pay rent and the readings had slowed down, and that's when I took three months of my time, working about sixteen hours a day, seven days a week, to write *Convergence*.

I finished *Convergence* on March 8, 1999. And, right at about the exact same time that I did, Richard Hoagland had his heart attack, which made me very concerned.

My next significant event was that I got in touch with John Major Jenkins, who was the author of *Maya Cosmo Genesis 2012*, and he made arrangements for me to get on the Laura Lee [*radio*] Show to voice these ideas. And so, now, as we speak on August 3, of 1999, I have now been on the Laura Lee Show, which was on July 17, 1999, and my public presence has finally increased to the point where people are starting to pay attention to this material.

Now, the Cayce readings have said, in reading 294-151: "Is it not fitting, then, that

he must return to be as a liberator of the world.” And I always tell people, you’ve got to remember, it says “a” liberator of the world; it does not say “the” liberator of the world.

Martin: Right.

Wilcock: It’s not a messianic prophecy. There are many liberators—anyone who decides to work for Light, to give up the focus to earn money and have a materialistic life, in order to serve God in what they do, is a liberator. Anyone who just tries to be of service to others is a liberator. So, it’s not anything grandiose.

I’ve had a lot of people tell me that, you know, if you really are Cayce, then why aren’t you famous? And I just say to them, “Look, it doesn’t matter how many people have gotten this information. What’s more important is the quality of the information (that those who did receive it) have gotten.

And what I have done is try to make all of my material come from a very, very high level of quality, so that it can en-Light-en people as much as possible. Because it is not so much important if you reach large numbers of people. If we understand the Law of One, we understand that All is One, and therefore the One is in each person.

So, if you are able to reach one person significantly enough that you have changed their life, then you have reached everyone. So there is no need to worry about getting big numbers.

That’s not what’s important. And that’s why I give my information away freely on the Internet. I only make money from doing personal readings because I want as many people as possible to be able to read this.

I do believe that my readings are telling me that there is going to be much more exposure in the future, in the near future, and I am prepared to handle it as far as it goes. I don’t know what the future holds, but I’m certainly going to stick to my ideals through the whole process.

My ideals are that I do not want ego to get involved. I do not want to think of myself as anything special. I have a mission to perform. I have a job to do. The job is to tell people the reality of life on Earth and the reality of life in the Higher Dimensions, and to make that reality more tangible.

The whole reason why we’re here is to make a choice between service to self or service to others. The choice that we’re obviously supposed to make is service to others. The whole reason why these readings are so intensely focused right now, is that we’re heading into a frequency shift—and that’s probably going to be your next question: what is ascension? How is it going to happen?

Just to give you a real brief overview, in Cayce reading 1602-3, it said:

“In 1998, we may find a great deal of the

gradual activities that have come about. These are due to the cycle of the solar activity, or the Sun’s passage through the various spheres of activity.”

The Cayce readings mentioned the Solar Cycle. In my book *Convergence*, which is freely available on the Internet, I’ve discussed how we have now discovered this Solar Cycle through the work of Maurice Cotterell.

Maurice Cotterell has taken ancient work from the Mayans, concerning certain super-numbers, such as 1,366,560, and he’s discovered that these same numbers, that were written down by the Mayans, correspond to cycles in the Sunspot activity that he was able to discover by charting out the orbits of the Sun at its various points.

The Sun rotates 26 days at the equator, and 37 days at the poles. As a result of this, it kind-of twists and binds-up as it goes along—sort of like stirring a pot of soup, it’s faster where the spoon is and slower around the edge.

So, when he plotted out these variables and made a graph out of it, he discovered short-term cycles, but also much longer-term cycles. And one of these longer-term cycles is about 3,740 years, or 1,366,040 days—and this corresponds very, very tightly with the Mayan number because all you have to do is to add two of the Mayan sacred numbers of 260, which would be 520, and you get from 1,366,040 to 1,366,560.

So, this cycle that he had discovered, he believes, is what corresponds to the shifting of the solar magnetic poles. Now, how did the Mayans know about this 3,000 years ago and graph it out with a number that is exactly the same, given this slight adjustment?

The other thing that is even more interesting is that the Mayan calendar is approximately 5,200 days long, and that’s another cycle that the Mayans keep watching. If we expand the Mayan calendar by a factor of 5, we come out to about 26,000 years, and this is the Big Cycle that we are concerned with.

This cycle can be seen on Earth, with the slow-wobbling of the Earth’s axis that’s known as precession, and it’s also visible in the Sun. This Sun-spot cycle, that causes the pole shift, the Mayans also had, and corresponds to exactly 7 of these—wait, let me rephrase that: 7 of these cycles correspond to 1 precessional cycle that’s coming from the Sun.

So, this made me realize, when I looked at the Cayce readings, that there was a hyper-dimensional effect involved in the Solar Cycle. And that hyper-dimensional effect was causing us to go from one realm of frequency to another. In other words, a frequency of vibration.

The understanding that I now have is that we are passing from the 3rd level of vibration

into the 4th. And when this passage is complete, the frequency of matter on Earth, in vibrational speed, will be seen to increase. As the frequency tries to increase, it creates a great pressure on any person who is not accepting the higher-dimensional energy, because the higher-dimensional energy is the energy of love.

So, any place that we are not being loving and alive at this time is going to be forcibly shown to us—and very directly—because this energy is forcing us to be more loving—we have to, if we want to stay compatible. If we’re not compatible with it, everything that’s holding us back is going to be very forcibly shown to our face.

At this point it looks as if—though the August 11 solar eclipse probably will have happened by the time this newspaper is released—it is a major turning point in this timeline. It is believed that this event, if you look 3 months before it and 3 months after it, this junction is sort-of like what they might call in quantum physics a “singularity” or [*the focal point for*] a series of anomalous and potentially destructive events on the planet. It also is what clears the “gateway” for the most positive events, such as ascension.

Martin: David, you’re cutting in and out. Can you repeat a few of those phrases you just stated?

Wilcock: Ok. The August 11th solar eclipse, based upon what I understand in my readings, needs to be looked at in terms of 3 months before the event, as well as 3 months after the event. And during this whole period of time we can see many changes, and these changes correspond to the shedding of the darkness so that the Light may come in.

There is a great deal of symbolic correlations around this particular conjunction, namely the lore in the *Bible* of the Four Beasts of the Apocalypse. It appears that these Four Beasts of the Apocalypse were actually referring to the four signs of the zodiac in which this Grand Cross is occurring.

The notion of the bride and the bridegroom in the *Book Of Revelation* corresponds to the diamond ring that will be formed by the Sun’s corona. In other words, the corona looks like a diamond ring. It has a ring, and there’s one point where the Sun is brighter. It’s been called the diamond ring in history.

Also, the time of this corona, over Greenwich, England is exactly 11:11 a.m., that’s when it hits the corona. And I have been seeing this on the clocks for 4 or 5 years, at least, almost every day. Now, also, if you look in the *Book Of Revelation*, Chapter 11, Verse 11, it says: “After the 3 and ½ days, the righteous people who had been struck down by the masses again rose up and struck fear into the hearts of many. God appeared on a cloud and said, ‘Come up here’ and they were born into the Heavens,

and in that same hour earthquakes shook the Earth.”

Now, it's also very interesting because Graham Hancock and Robert Bauval explain at the end of their book, *Message Of The Sphinx*, or *Keeper Of Genesis* (if you have the European version) that the 11:11 ratio is expressly flagged in the Great Pyramid over and over again. And the Cayce reading said that the timeline indicated by the Great Pyramid in its internal passageways would be complete at the 1998 period.

Now, Cayce's readings also said that 1998 was possibly a time of great geophysical changes, but also the possible time for the second coming of Christ. Now, obviously we haven't had any severe geophysical changes, although there are certainly many things that are creeping up on us. And we haven't seen a direct physical manifestation of Jesus.

The readings explained there were two sides to the second coming of Christ story; one side is, obviously, a physical apparition; but the other, far more important, side was the awakening of the Christ spirit within each person.

So, when we understand that the second coming of Christ has to do with the birth of Christ within each of us, Christ-consciousness within each of us, then we understand what this Solar Cycle is producing. So, it is my belief, based on what my readings are telling us, at some discreet point in the future, enough people on this planet will have attained Christ-consciousness and that will change the frequency upon which their spiritual vibrations are vibrating.

At the same time we reach this critical threshold of vibration which enough people have attained, that will also increase the vibrational speed of the global grid—which is this geometric network of lines that corresponds to how higher dimensional energies are brought to the Earth. And that's discussed in *Convergence* in much greater detail than we are going to do here.

When enough of us shift our energy, that allows the global grid to shift its energy. When the global grid makes the realignment to the fourth-dimension vibrations, according to numerous mystics (including myself), it will make an approximate 20-degree correction in its positioning. That's a magnetic correction, so that means a magnetic pole shift.

The important thing to remember is that the ascension effect, the effect of people transforming into Light and transfiguring from the physical, will be able to occur at the point that the grid shifts, but the point of the grid shifts takes a few hours to occur, even though it actually transforms. It doesn't happen instantaneously. However, when that energy in the grid has shifted, there is an instantaneous possibility for everyone (who has attained this crucial vibrational frequency)

to ascend.

The vibrational frequency is quite easy to make, actually. All it requires is that you have cleared a 50% threshold of a desire within yourself, on the core level, to be of service to others. So, if you're just barely above 50% motivated towards service to others, as opposed to motivated toward service to self, serving yourself only, then you will be compatible with ascension.

Now, one of the things that I am here for is to “legitimize” your dark side, your shadow side. I, certainly, do not have a stellar past. There is no need for anyone who reads this to feel that they are somehow incompatible with ascension because they are somehow “not good enough”. All you have to do is care for other people on a very basic level and you have made this vibration.

So, when that critical mass happens, that will be the time of both ascension and corresponding Earth changes. And we can never know when it's going to be. It has to do with the mass-consciousness, and that mass-consciousness can shift at any moment.

There could be a global event that could occur that could make a lot of people suddenly become more loving, and in that moment, that could be when the shift happens. I believe that there are indications that the next major opening for when something like this might occur is in May of 2000. But, I also am open to the fact that any time between August 11, 1999 and May of 2000 there could be this event.

So, you have to live every day as though you could be ascending this day. If this was your last day on Earth, did you do the most valiant and most spiritual thing that you could be doing? Did you overcome self-indulgent habit patterns? Did you clear boundaries that you've put up around yourself that say these are your limitations and you can go no further? Have you lived-out your potential? So, I try to live every day as though it were my last and I try to live-up to my highest potential.

At the time of ascension, all who ascend will have the experience of the most profound religious experience of their entire life. The experience is supposed to be so ecstatic that there is no way to even emphasize how fantastic it will feel, using human language. It's also been told to me that, once we have ascended, we will have the opportunity to return to the Earth, after it has been cleansed by the pole shift, and this will be the beginning of the 5th root-race, according to the Cayce readings and the Mayans. Both say this.

The 4th-dimensional beings are actually going to be—according to what the research says from these readings—the 4th-dimensional beings are a cooperative melding between the human form and the form of the Zeta

Reticulans or the Greys. And that's why people are seeing these alien abductions going on and there are these hybrid babies that are being produced that are half human. These are the bodies that are going to be able to live in the 4th dimension.

A 4th-dimensional being has all of the same abilities that Christ did, once he ascended. It's 100 times more harmonious to live in this realm of vibration than it is in the 3rd dimension. Life is much less complicated in one sense, much more joyous and invigorating in another sense. The Earth is going to be returned to a pristine state. That is going to be the collective effort of these entities, once they've ascended in the beginning. They will be able to use telekinesis to prepare the Earth and to restore the natural balances in our ecosystem.

So, it's a glorious future that's ahead of us and I live every day with the knowledge that, from talking to these beings and doing research, that this is real. It would be nice if everyone else could experience the faith that I have of knowing that this is really going to happen, and believing that this is going to happen, because it really does change your outlook.

We can then understand the fact that all of these apparently hidden correspondences—between weather changes, the degradation of society, the outrageousness of the government and media—all the good things and all the bad things, together, that they're all leading up to a point and the point is not doom; the point is spiritual transformation. And the transformation itself is such a glorious surprise that it goes way far beyond what we could have ever imagined.

Do you have any questions?

Martin: You've pretty well covered it. The two primary questions I had were concerning the pyramids of Egypt, because the Illuminati have some rather nasty plans in mind for August and December of this year, in terms of rituals at the pyramid that will, essentially, work at sending out a vibration, planetarily, using the energy grid to, basically, keep people asleep, and I just wanted to hear your comments about what surprises there may be in store from the Lighted side regarding the pyramids and use of the pyramids. That was one question.

The only other question has to do with the “harvesting”.

Wilcock: Ok. You have to understand that the Great Pyramid exists at the epicenter of the global grid. In other words, the global grid is a series of magnetic and hyper-dimensional lines of energetic force and they correspond to the five basic platonic solids—the octahedron, the cube, the tetrahedron, the icosahedron, and the dodecahedron. So, the epicenter of all of that energetic work is at the exact site location of the Great Pyramid of

Giza. That is why it was built there.

When we're looking at the August 11 conjunction, we're looking at a hyper-dimensional physics effect. The actual alignment of planets is so strong that it greatly increases the amount of pressure of the 4th-dimensional energies coming in. And when the eclipse happens and the Sun goes corona, it actually creates a sort-of hyper-dimensional laser beam that strikes the Earth and moves along its surface. And every place where this eclipse touches is getting this dramatically powerful burst of energy. There is nowhere on the planet where that is harnessed to a greater degree than at the Great Pyramid of Giza, because that is the epicenter of the grid.

My own readings are telling me that this is an effort that is being made [by the dark ones] in order to try to stop the increase, or to try to use the increasing energy to create greater chaos on the planet.

Martin: Right.

Wilcock: The important thing to remember is that, if you look at the hierarchy of dimensions in the octave—and when I say the octave, I mean the fact that our dimensions are based on a cycle of 8—in other words, once you've gotten to the 8th dimension, you've gotten back to the Oneness, there is no more fragmentation.

We live on the 3rd dimension. There are also beings who live in the 4th, beings in the 5th, beings in the 6th, and you could say that there are beings in the 7th, but their nature is very mysterious to us.

The negative entities do exist. They do have their UFO technology, and they are trying to subvert the human population. But the much greater amount of input comes from the Light side. The negative entities can exist on the 4th-dimensional level, the 5th-dimensional level, and the very, very beginning of the 6th-dimensional level. But at the point when they hit the 6th-dimensional level, what's called the spiritual entropy is so high that it, literally, dissolves their soul unless they become positive. Therefore, essentially speaking, all 6th-dimensional and 7th-dimensional beings must be of the positive polarity.

The path of negativity is a path of separation. It's a path of service to self. It's a path wherein the entity believes that, since self is God, then others must serve that self in order to serve God. So, they desire to enslave the public, and rationalize that, by getting the public to serve them, the public might then learn to serve themselves as well. And in serving themselves, they're serving God.

The reason why this is a backward philosophy is that everyone else is God too, not just yourself. And when you stop thinking of yourself as separate from God, you realize that everyone is part of this Oneness.

And so that's why SERVICE TO OTHERS IS the positive polarity, whereas service to self is a confusion, it's a belief that serving the self is serving God and, therefore, everyone else must also serve yourself.

Now, these negative extraterrestrials have worked with the elite of Earth quite extensively. They've had negotiations, agreements, etc. And I am sure that it's the negative entities in the higher-dimensional planes who alerted our governments and the Illuminati and so forth to the existence of this conjunction and what could be done with it.

The way I look at something like this is, almost as a humorous side-note, because no matter what type of human sacrifice ritual you try to do, or however you try to thwart this energy, the positivity of this energy, of this conjunction, is so overwhelmingly powerful that it just defies any attempts to defile the energy. We have more people on the planet who are balanced in the direction of the positive than in the negative. Not necessarily the vast majority, but enough people are more oriented toward service to others than service to self.

The best thing that these negative forces can try to do is to try to keep us in a constant state of fear. The way that they do this, primarily, is through news media and creating world events, deliberately fabricated world events, to instill this never-ending sense of terror and paranoia, a sense of apocalyptic, millennial doom, so that we are, essentially, very fearful. If they can keep us in a perpetual state of worry and fear, then they can also keep us feeling that we have to be of service to self, because if we don't we're in grave danger.

And so, the self-serving behavior would be to hoard food, and in the event of Y2K, to buy guns so that you can shoot anyone who tries to take your food—that's all self-serving. And so, the more fearful that we are, the more paranoid we are, then the more we are actually espousing this negative philosophy.

And so that's what their purpose is, they're trying to grant us the opportunity to be afraid, grant us the opportunity to live in terror. And my readings have said that there is going to be a rapidly escalating constellation of events at the later half of this year, that we're just now about to go into, including the possibility of a very large-scale war—I just got that the other night—which could be very imminent. And all of these events are going to be designed to make us just more and more fearful.

So, that's why my readings are telling us that the most important thing we can do at this time is to disassociate from the media, at least from the main, corporate media. Don't pay attention to the death-pangs of the world that is being transformed. Pay attention to the birth pangs of the world that is being reborn within you, of the Christ-consciousness that is

being reborn within you.

If you focus on the system and structures that now exist, and you don't acknowledge and respect and love the fact that they must be cleansed, then you certainly will have the opportunity to be very fearful. If you focus on the consciousness change that's happening within you and on what this is all leading to, that we're about to go into this ascension, and you can hold that energy of positive vibration and be extremely excited about what is happening, because you understand why it's happening, then you are on a good path.

The fear-mongers are going to try to make us think that this is the apocalypse, that this is the end of time and the world is over and we're all going to die. Different people, such as Dr. Steven Greer, have suggested that they might even try to stage a mock alien invasion with reverse-engineered extraterrestrial technology.

[Editor's note: Not just the use of "alien" technology as in craft, but remember Project Blue Beam's satellite-driven holographic sky-show capabilities. For those unaware of these and other diabolical possibilities, the potential for gullibility is quite high—call it the late 1990s version of Orson Welles' famous 1938 "War Of The Worlds" radio broadcast which sent a wave of panic throughout the country.]

I've been getting information that they might start a very large-scale war. So, we have to keep our eyes open for these things.

But, in short, I think it's very important to remember that the negative entities are sort-of like a bunch of bumbling fools who have not yet realized the true essence of the universe. They believe that this is going to work, because they believe that they are stronger than the Light, and so they're going to try things like this.

But it doesn't change for one minute the fact that the 4th dimension is coming, and there are more people on this planet who are positive than negative, and we are going to ascend. Everything is going to occur on schedule.

The beings in the 6th and the 7th dimension have infinitely greater resources and power available to them than these negative entities do. And so, all the negative entities can really do is amplify pre-existent personality patterns that we have that are fearful, and just make us more fearful. That's all they can really do. They can try to lead us to becoming self-serving, but ultimately the choice rests with the individual.

So, it's important that we remain faithful to our own spiritual ideals and remember that is the purpose of what's going on here.

Martin: That's a perfect place to stop.

Editor's note: Directly following this interview is the comparative discussion article covering the similarities between Edgar Cayce and David Wilcock in greater depth. 

Introductory Essay On The Wilcock-Cayce-Ra Connection & The “Mission”

SPRING, 1999 DAVID WILCOCK

Edgar Cayce [1877-1945] is perhaps the most well known psychic of the 20th century. His work is essentially unparalleled in psychic literature, since he specialized in highly accurate “medical readings” where people could be accurately diagnosed and treated at a distance, using a host of alternative remedies and methods, many of which were never before seen. The entranced, sleeping Cayce needed nothing more than a name and address to perform this service. All indications have been that as far as medical readings are concerned, Cayce had a 99% accuracy rating.

Cayce was a strict Fundamentalist Christian, and this psychic ability essentially revealed itself when he lost his voice for a period of several months. After having almost lost all hope of recovery, his body began speaking while he was asleep, and gave his family the exact steps necessary to regain his speech. For the first 20 years, all of Cayce’s readings were essentially medically based. After this time, they began to reveal much more metaphysical information concerning past lives, astrology, and the existence of Atlantis, among many others.

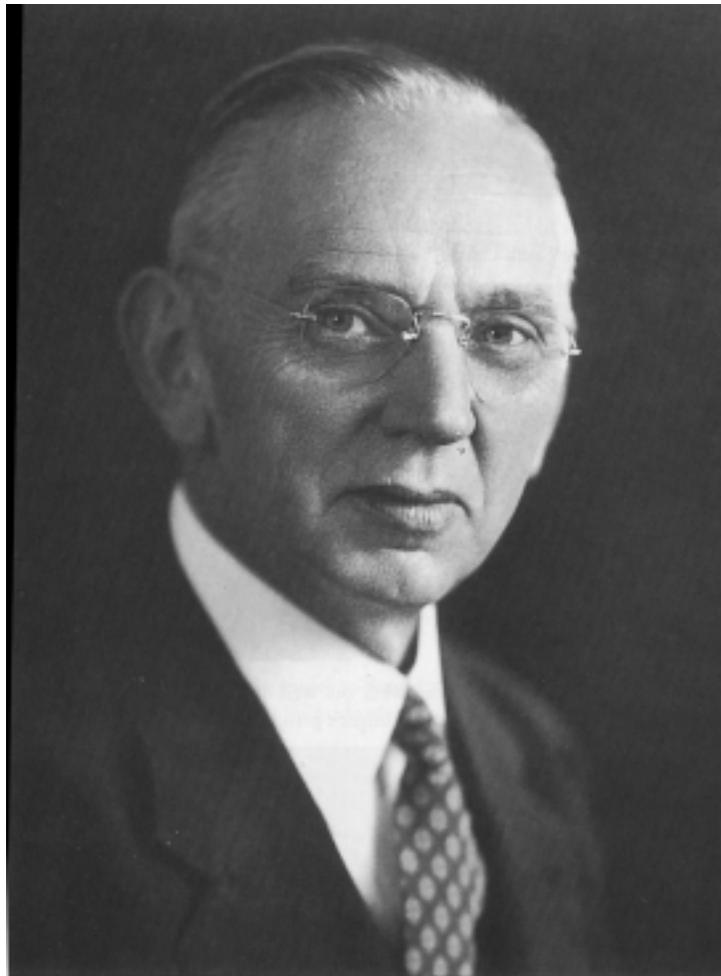
The Cayce readings are frequently indicated as being very difficult to read. Their sentence structures were often quite excessively long and convoluted, using archaic language similar to that of the *King James Version of the Bible*. For this reason, most available books on the market are about Cayce’s readings, rather than just being direct transcripts of his readings. One can spend a great deal of time studying these readings, knowing that they are proven to be highly accurate, and be unable to fully understand them without intensive concentration and focused thought.

It has long been known in the Cayce circles that the readings issued a prophecy surrounding the return of himself and his associates in 1998. Many people naturally assumed that this meant that he would either be born as a baby in 1998, or return as an Ascended being. Here is the actual text from reading 294-151, when this return was discussed:

“Is it not fitting, then, that these must

return? As this priest may develop himself to be in that position, to be in the capacity of a LIBERATOR of the world in its relationships to individuals in those periods to come, for he must enter again at that period, or in 1998.” [294-151, 7/29/32, 11:00 a.m.]

The context of this reading discusses



Edgar Cayce, 1877-1945

Cayce’s past incarnation as the priest Ra-Ta, who was said to have a pivotal role in coordinating the preservation of Atlantean records, through his collaboration with the construction of the Great Pyramid and the Hall of Records. He also helped the Atlantean survivors integrate themselves into the Egyptian lands. Cayce was obviously quite surprised and happy to find out that he could claim this pivotal, important past incarnation as one of his own.

Those who thought that Cayce would spontaneously return as an Ascended, angelic being in 1998 obviously were proven wrong by the simple passage of time. Although it does

say that “the priest will return in 1998”, it also says that he “may develop himself” into this role. In other words, the portion of him that was the priest in a past life could be seen to fully return to his waking consciousness in 1998.

Also important for everyone to remember is that the reading says that he may become A Liberator. It does not say that he will be THE Liberator. Please understand that this is NOT a Messianic prophecy. Cayce’s return is one of a great team of “Liberators” who will be present on the Earth during this period of time. Many others on the planet might also be termed “Liberators” by these Higher Forces, even if they are consciously unaware of that fact.

It is important to remember that if we examine the “rules” of reincarnation as outlined in the Cayce Readings, it can be clearly demonstrated that Cayce would need another lifetime to work on his own personal difficulties. In other words, there were many areas where Cayce had residual “karma” that he would need to work out in a future life. These areas included five key points:

1. **DIET AND EMOTIONS:** Cayce never stopped smoking, drinking coffee, eating poorly, and indulging in fear and worry throughout his life, despite ongoing admonitions from his readings to do so. Complete dietetic regimens were given, which he ignored, as well as suggestions to avoid worrying, which he was largely unable to do.

2. **DREAMS AND CONSCIOUS CHANNELING:** Cayce was instructed by his readings to remember his dreams every day and use them for guidance. He was never able to keep this up, although he did keep a journal of them in spurts through the late 1920s. He was also told that it would be preferable for him to learn to channel consciously instead of unconsciously. He never was able to do this, although he did show remarkable psychic gifts while awake.

3. **FORGIVING MORTON:** Cayce never really forgave, rectified, or talked out the icy breakup that occurred between himself and his chief financial backer,

Morton Blumenthal, who had more readings than any other person on file. Cayce departed from the physical without having spoken to Morton for almost 15 years, and Morton wrote a book partly intended to expose Cayce et al.’s abuse of his financial donations to the work.

4. **LOSS OF HOSPITAL:** Similarly, after losing the hospital that Blumenthal helped to fund, Cayce thought himself a complete failure and never fully regained his self-esteem. This created a definite psychic blockage that still existed upon his death.

5. **SELF-MARTYRDOM:** Most importantly Cayce was unable to “stand up for himself” enough to refuse readings to anyone after his

popularity soared from the publication of the book *There Is A River*. As a result, he literally martyred himself for his work. At the end he was doing eight readings a day, six days a week, and he quickly burned out and died as a result of this.

Cayce's readings explained how karma from past lives needed to be worked out in future lives. They also said that they had not revealed the full extent of his past lives to him, only those that were most important for him to know. Coincidentally or not, almost every past life that the readings told Cayce about was of the male gender. No female lives were given, as perhaps this would have made him even more uncomfortable about reincarnation.

Cayce was already dealing in his own life with karma from previous lives as well as he could, and according to his readings, he did quite well. As Ra-Ta, he had been almost destroyed by his iniquities with women, having been banished from Egypt for several years. As the king Ujhlted (pronounced YOOLT), Cayce was betrayed and murdered by those he thought he trusted. As the Greek man named Xenon who lived during the Hector/Achilles period, Cayce committed suicide out of fear, after realizing that the Trojan Horse had penetrated the city gates with a huge invasion force inside of it. As the Englishman John Bainbridge (who actually reincarnated under the same name twice), he was a gambling, womanizing alcoholic who enjoyed his misdeeds so much that he came back as a very similar person to do it all over again.

Cayce did certainly make great progress in his own life at clearing out the karma from these past circumstances, especially in his efforts to clear the effects of his suicide as Xenon. However, given the nature of what karma is and how it functions, we can see from the above checklist that Cayce certainly needed to come back again for one more lifetime to refine and complete his process of self-integration. He left the Earth with unfinished business that would need to be completed before the end of the Piscean Age that we are now within.

We also know from the study of Cayce's readings and other sources that successive future incarnations should have at least five key points of similarity:

1. **ASTROLOGY:** Astrology is vitally important in terms of the spiritual "configuration" of an entity. Therefore, we should see remarkable astrological similarities between successive incarnations.

2. **FACIAL APPEARANCE:** The facial appearance is another vital "stamp" of an entity's own identity that transcends the space of one simple lifetime. The entity's innate personal vibrations determine the precise arrangement of the DNA molecule. Therefore, we should expect that successive incarnations have very obvious facial similarities.

3. **KARMIC TRAITS AND LESSONS:** The entity will invariably have the same traits, both "good" and "bad", and therefore be drawn back into learning the same karmic lessons, repeating them again and again until they are mastered.

4. **KARMIC PLACES:** The entity might well be drawn back into the same places that it had lived in the past. Such was the case between Bainbridge and Cayce both ending up in the Virginia area.

5. **KARMIC PEOPLE:** The entity will invariably be drawn back into associations with the same people who it had known in the past, reincarnating with them again in the future. Consciously, the entity would have no idea that this is what happened. Amazingly, there are hundreds of cases of this "group reincarnation" that emerge in the Cayce readings, especially from the Ra-Ta and Ujhlted period.

So, what we have here is five basic stipulations for reincarnation. Obviously, there are many others as well, but these are some of the most important criteria.

At this point, we enter the story of David Wilcock. He had no idea, consciously speaking, that he might be connected to Edgar Cayce in any way until after he had been doing his own "psychic readings" for an entire year. David has also demonstrated repetitive accuracy in his readings and prophecies, including two examples of prophetic sentences that were phrased in foreign languages that David had not consciously studied. The connections between the two are quite extensive, and are the subject of the entire book *Edgar Cayce Returns? The Life Story Of David Wilcock*. For now, we will focus on the five main points of similarity that we have just touched upon above.

ASTROLOGY:

A. David was born exactly 96 years after Cayce, which makes both of them fall under the Year of the Ox in the Chinese zodiac. ($1973-1877=96$, and $96/8=12$.) Since there are 12 signs in the Zodiac, this is a one out of 12 chance.

B. David was born on March 8, only five days away from Cayce's birthday on March 13. (Both are Pisces.) This is a 1-out-of-73 chance ($365/5=73$.)

C. David's exact time of birth, 11:16 p.m. in Schenectady, New York, puts the Moon in a practically identical position to Cayce's Moon, at 28 minutes of one degree, or roughly one half degree. This alone is a 1-in-720 chance (360×2) and then you must factor that against the likelihood of them being born within five days of each other, and in the same year of the zodiac (that is, $365/5=73$, $720 \times 73=52,560$, $52,560 \times 12=630,720$). This makes both David and Cayce an Ox-Pisces with a Moon in Taurus, which is a one-in-630,720 chance.

D. Remarkably, all the inner planets (Sun, Moon, Mercury, Venus and Mars) are

positioned so closely to each other in the two charts that their average variance is only 7 degrees, 43 minutes, out of the potential 360 degrees. This is quite unbelievable and adds tremendous strength to the case. The "hologram" of Cayce's ego personality was completely preserved.

E. The remaining large outer planets (Jupiter, Saturn, Uranus, and Neptune) are all in very tight aspects to each other in their corresponding positions on the two charts (Jupiter 30 degrees, Uranus 60 degrees, Saturn 90 degrees, Neptune 150 degrees). The average deviation from being exact among these aspects is only 2 degrees, 18 minutes! This shows that although the two entities are closely related, they have very different missions on the planet.

F. Cayce's Pluto turns out to be in direct opposition (180 degrees apart) from the point where the Sun rises in David's chart, known as the Ascendant. The difference is only 1 degree, 22 minutes, again a very strong connection. Also, David's Pluto is 1 degree, 23 minutes away from being precisely 90 degrees offset from Cayce's Jupiter. [Notice that both variances in these Pluto aspects are only 1 minute of 1 degree different from each other: 1' 22" and 1' 23".] This does indicate some friction between the two incarnations, as astrologers consider these aspects harsh.

G. Lastly, the vertices or "balancing points" between the two charts are in a very tight 180-degree opposition.

And so, we have to conclude that, from a sheer astrological perspective, combined with what we understand from the Cayce readings about reincarnation, the probability of all these connections being merely happenstance or coincidence is almost impossible. Contrary arguments can be made, but facts are facts. David can prove the date, place, and time of his birth with his birth certificate, and the rest is self-evident to anyone who looks at the astrology.

FACIAL APPEARANCE:

Numerous laypersons as well as several experienced portrait artists have verified that the facial similarities between David and Cayce are astounding. The only main differences are that Cayce's jaw is more recessive than David's, and Cayce's lips and earlobes are slightly larger than David's. The most stunning similarity of all is in the similarities within the shapes of the lips, cheekbones, hairline, and nose, the remarkably similar appearance of the eyes, and the literally identical bone structure of the brow above the eyelids. (It is important to make this comparison with photographs from similar ages, as maturity and weight changed Edgar's appearance as time progressed.)

These similarities are strong enough that several people directly associated with the Cayce work and his younger pictures "nearly fell over backwards" the first time that they saw

David's face. One even volunteered that David "looked exactly the same as Edgar Cayce" before he ever even knew anything about David, or that there was any possible connection.

KARMIC TRAITS AND LESSONS:

Quite without his conscious awareness of a reason, David was inclined towards being a psychic from a very young age. He had a spontaneous out-of-body experience at age 5 and read his first adult book on ESP at age 7. He also conducted successful telepathic experiments with his friends at age 7. He began reading the Tarot cards at age 13, had his first consciously-induced lucid dreaming experiences at age 16, and got his first channeled psychic messages at age 23, the same year that Cayce lost his voice and began doing his own readings. Both are almost blindly driven to serve God, other people, and the planet. (See "Karmic Similarities Between Cayce and David" further down in this article for an assessment of their shared karmic lessons.)

KARMIC PLACES:

David would end up being very strongly asked by his readings to move to Virginia Beach before he was consciously aware of the Cayce connection. This move was prophesied in the readings almost from the very first day, and David was only just beginning to suspect a possible connection when he arrived in Virginia Beach. David's readings predicted the exact name of the street (Great Neck) he would be living on back in July of that year, and the move wasn't made until October. They also gave him the German phrase "Scarstahldig" in July, which turned out to mean "A group of German steel helmets." (David has never studied German.) Amazingly, the tenant living with the woman David moved in with in Virginia Beach was a collector of German steel helmets! Furthermore, he had not even been living there when the reading was done in July!

KARMIC PEOPLE:

David gradually became aware that some of his closest friends and associates were the reincarnations of others in the Cayce circle. Each case is a story all its own, with compelling karmic connections as well as similarly astounding facial correspondences. More research is necessary to uncover any possible astrological connections. Here is a partial list:

A. Morton Blumenthal: David's very good friend, Chris, whom he has known since he was a college freshman. Chris is highly intellectual and drawn to New York City, just like Morton was. Very similar faces, hairstyles, and mentalities. David's readings dramatically indicated this connection through a time-

encoded prophecy that was made before David knew about his past life as Cayce.

B. Edwin Blumenthal, Morton's Brother: David's best friend, Jude, who he has known since he was a freshman in high school. Amazing facial similarities between the two. Many of the fantastic potentials that the Cayce readings ascribed to Edwin can be seen in Jude, through his creative work with photography, art, music, and poetry. Jude is perhaps the single most important figure in the early stages of David's awakening.

C. David Kahn, Edgar's Best Friend:



David's "other best friend", Eric, who he has known since his junior year in college and lived with for two years, during the time when the readings got started. Notably similar faces, and identical facial expressions while being photographed. Both are highly intelligent, compassionate, stable, and business-minded people. Eric was of invaluable assistance on all levels when David began doing readings.

D. Dr. Wesley Harrington Ketchum, the man who broke Cayce's story to the medical world: David's brother. The facial similarity is quite remarkable. More research is still necessary to determine further connections. Antagonism between Cayce and Ketchum could account for early sibling rivalries, which have now been ameliorated. Cayce stopped working with Ketchum when he learned that Ketchum was using his readings for profit.

E. Leslie "The Squire" Cayce, Edgar's father: David's father. Again, the behavioral and karmic connections and facial similarities are extraordinary. The rather rough edge that the squire possessed was completely visible in David's father throughout David's adolescent years, and later the same degree of intense love would also be quite visible. Furthermore, David's father's favorite clothing store has always been "The Squire Shop". He does not know or understand any of these connections consciously.

Undoubtedly there are still other connections not yet discovered. But so far, these discoveries conform perfectly well with

the idea in the Cayce readings that the same groups of people will continue to reincarnate together in successive lifetimes.

SIMILARITIES BETWEEN CAYCE'S KARMA AND DAVID'S

DIET AND EMOTIONS:

David adopted a strict vegetarian-Vegan diet well before he ever started doing readings, and through his readings he has refined it more and more, on an ongoing basis. (Obviously, he does not smoke, drink coffee or alcohol, or eat pork, which were the causes of Cayce's ongoing health problems.) David has also had numerous dramatic lessons in learning to renounce fear and worry, and trusting that his needs will be met. Both Cayce and David have struggled with ongoing financial hardship. David has largely cured himself of the problem of his worries and fears interfering with him in any way, which is certainly no small feat.

DREAMS AND CONSCIOUS CHANNELING:

A. David has recorded almost every dream, every single morning since 1992, with only one major breach in 1994. Since November 1996, each of these dreams have been recorded on audio tape and later transcribed onto the computer for archive and analysis purposes. Including the psychic readings and extensive personal journals, this means that almost all of David's spiritual growth, development, and multidimensional experiences are extremely well documented for future study. Throughout this entire period of time, David has striven to follow the guidance of his dreams to the best of his ability—something Cayce had tried to practice, but did not persevere with.

B. David started off from the beginning of his psychic career as a conscious channeler. Further refinements over time have led David to achieve higher and higher levels of trance quality without going unconscious in the process.

FORGIVING MORTON:

A. Although David's friend Chris still doesn't believe that this is who he was and is essentially not metaphysically inclined, there is strong evidence connecting him directly with Morton in David's readings, long before David ever had any idea of his connections with Cayce. This came through when David was specifically asking about Chris and the readings said "Plug in the early New York Stock Exchange." All of Morton's money was made on the Stock Market. David and Chris have been through an ongoing series of ups and downs, but regardless of the difficulties, they have remained very close friends throughout the entire time, hence clearing past karma.

B. Chris has remarkable facial, intellectual, and behavioral similarities to Morton. Also, Chris had come to live with David right after David moved into a house that was a mere two blocks away from the former Cayce hospital, now the A.R.E. David and Chris had perhaps the worst fight of their entire friendship directly before David was to go over and see the Cayce hospital for the very first time! At this point David still did not realize the Chris-Morton connection, though he was aware of his connection to Cayce.

LOSS OF HOSPITAL:

A. David would relive this karma over and over again in the physical. It came through in four main fashions:

1. Loss of Living Situations: Like a recurring nightmare, David would end up being asked to move out by almost everyone he lived with, once he got to Virginia Beach, despite his cleanliness and politeness, essentially since they did not understand him or somehow felt overshadowed or threatened by his abilities. (The other person involved themselves way too much in David's business, forcing him to break away.) This pattern also occurred with two college roommates. Cayce had similar problems with having to move in his own life as well. David now has his own private apartment!

2. Loss of Jobs: Until David made a commitment to actually do personal readings for a living, he either grew weary and disgusted with every job that he had, and quit, or got spontaneously fired, often for no apparent reason. The jobs that he actually enjoyed also seemed to dissolve mysteriously, and the readings explained that this was their own doing, to relieve the karma associated with the hospital as well as inexorably steering David towards self-employment in service to others.

3. Loss of Romantic Interests: David also seemed to have a cycle where every potential female relationship that he tried to become involved in would quickly sour. This led David to wonder how such a pattern could possibly occur over and over again, since he treats people with nothing but complete love and respect, and is not at all physically unattractive. Now he knows that this is related to the Ra-Ta and John Bainbridge karma, in part.

4. Loss of Book Contract: David invested a lot of personal self-esteem and pride in the fact that he had recently sold his book *Convergence* to a publisher, and looked forward to the \$5000+ advance. The timing of the loss of this contract forced him to do an emergency fundraiser in only three days in order to pay his rent on time. By this point he was already largely impervious to personal loss, and it did not have a large effect.

David would also endure an overt dismissal from certain factions of the ARE, the organization founded by Cayce. Although his

complete one-year absence from them was essentially self-imposed, it was an ongoing source of frustration. This certainly could be a karmic parallel to the banishment of Ra-Ta from Egypt.

So, with all of these "hard knocks", we can see that David has had to "reinvent the wheel", going through remarkably similar losses all over again. The point of all of these lessons appears to be designed to make David completely self-sufficient. The "Achilles Heel" of Edgar Cayce was that he depended on the financial resources of others in order to achieve his own personal successes. David has now worked strongly to become self-reliant in all areas, financial and otherwise.

SELF-MARTYRDOM:

A. David has had ongoing, multiple lessons extending through to the immediate present about the need to stand up for himself and not allow others to take advantage of him. He has had to learn, through often very intense and harsh experiences, that he must maintain his boundaries and free time, or else he will not be able to finish his work within the necessary timelines.

B. David also has had to be diligent in taking breaks from his work with his book and article writings, personal readings for others, seminars, dream-reading transcriptions, and Internet research, which has often been 16 hours a day, six or seven days a week, since he became self-employed in July 1998. He has to discipline himself to break away from the computer to do other things, such as exercise and recreation. While dedication to the work is good, he needs time to live his life. David is obviously too young to "die of burnout", but it is still something he must be aware of. This selfless dedication to the work is an obvious reason for his romantic failures as well!

So, all these lists bring us back to the central point. Even on this surface level that we are looking at, there are undoubtedly some major connections between Cayce and David that fit remarkably well into the category of a "reincarnation" situation. Furthermore, in David's book *Edgar Cayce Returns?* we get an in-depth account of the numerous "hints" that David's readings were giving for the whole first year, all of which emanated from a deep level of trance and were not understandable or decipherable at the time. If David had really had any inkling that something like this might have been true, he may have suspected it earlier and gotten the idea of what his readings were trying to tell him. However, this was not the case.

DISCLAIMER: At this point we would like to insert one additional "disclaimer" which came to us through a reading after "sleeping on" this article. I, David, do not wish to self-aggrandize or make myself out to be something great through writing all of this. In fact, I

dislike the spotlight and the controversy, and that is why I haven't yet written up this article until now, after knowing about this for a year and seven months already. I just want there to be a document that states the truth as I see it—both the strong points and the weak points. We are all One in this Creation, and no entity is any more or less valuable than any other. If I were trying to tell everyone that I was some spiritual super-hero, then I obviously would not have included the information about my losses, relationship problems, and the like. I do not feel that I will single-handedly "save the world" or do anything grandiose. I am simply one of a great team of Lightworkers, both incarnate and discarnate, all of whom wish to be of service to others. That's it.

And now, back to the article.

NO MORE MEDICAL READINGS

The most common question that anyone asks David about the "Cayce connection" is this: "Why don't you do medical readings like Cayce did?"

David's readings have repeatedly addressed this point over time. Essentially, David came to the planet with a very different mission than Edgar. It was not his responsibility or desire to simply come through as a carbon-copy of the person he had been before. Now that this lifetime would see the year 2000 at age 27, it was much more important to focus on the pivotal event of the entire 75,000-year history of human life on Earth—namely, the end of the Solar Cycle that was referred to repeatedly in Cayce's readings.

Much of David's scientific work, cataloged in *Convergence*, is a direct repetition and re-assimilation of the knowledge that was available to Ra-Ta. This knowledge included:

1. The fact that civilization moves in 25,000-year cycles;
2. The fact that the universe is organized into an octave of dimensions;
3. The fact that these octaves have a light, sound, and geometric counterpart;
4. That this geometry shows up on Earth as the global grid;
5. That this grid energy can be harnessed through building crystal structures;
6. That the Great Pyramid was the optimal energy-focusing design;
7. That humanity would be "harvested" at the end of the cycle;
8. That higher-dimensional beings would assist this harvest transition.

Cayce's readings did their part to set the stage for the metaphysical knowledge that needed to be in place on Earth in order for us to be better prepared for Ascension, both consciously and subconsciously. This knowledge included the idea of reincarnation, both individually and in civilizations such as Atlantis. It was also important for Edgar

Cayce's readings to give us a very large part of the Ra-Ta/Ascension puzzle:

1. The announcement of the existence of a Solar Cycle;
2. The historical timelines for this Cycle;
3. The idea of an octave of dimensions;
4. The idea of a global grid geometry;
5. The fact that the cycle concludes with Earth changes and ascension.

The last point in the list, point five, explains why Cayce's readings drew special attention to the time period between 1998 and 2001. The prophecies made it clear that, at some point within this time window, there would be both major Earth changes and what they called the Second Coming of Christ.

If we study the deepest interpretation of this Second Coming in the readings, we realize that it is identical to the notion of Ascension—namely, that each person who has followed the basic truth of “service to others” will complete the “Christ pattern”.

Symbolically speaking, completing this pattern involves crucifixion and Ascension. What is crucified is the will of the ego, so that the person then accepts the idea of “Not my will, O Father, but Thy will be done.” The Ascension or personal spiritual transformation comes after this choice is firmly made.

Therefore, once we are able to accept God's will, which is to “feed my sheep” or to “love thy neighbor as thyself”, we have understood what our real purpose is here on Earth. Regardless of who you are or what religion you espouse (or even if you support any religion at all), the final truth of your purpose for incarnation on Earth is to make a choice as to whether you will serve others or serve self.

In order to be “Ascension compatible” we must become at least 51% motivated towards service to others, and this is enough of a difficult step for many people that the majority of incarnate entities on Earth will not Ascend, at least not in the first major “vortex” of Ascension. If we do “make” the first vortex, we will never have to see any of the mega-Earth-changes while incarnate within the physical plane.

THE IMPORTANCE OF RA

Finally, we need to cover the importance of Ra. We learn from Cayce that Ra-Ta had made a connection to Higher Intelligence, similar to channeling, and this enabled him to do his work on the planet involving archeology, the design and building of the Great Pyramid and the Hall of Records.

In 1981, this same intelligent group of entities who were in contact with Ra-Ta was finally able to find an arrangement of three people who could bring out their teachings to the planet. These people are Don Elkins, Carla Rueckert, and Jim McCarty. Their work would be published in a series of five books entitled

The Law Of One series. The first book is also known as *The Ra Material*. (See www.llresearch.org for more details.)

David has simply never found any other source of channeled material that matches the quality level of the work of Ra. You could literally spend an entire lifetime studying the material that came through in those five books and still not fully understand everything. From these books, we learn new information about the Ra-Ta period that was not gleaned from Cayce's readings—namely that Ra was the extraterrestrial group that Ra-Ta had contacted for guidance. Ra is a sixth-dimensional source with a strong pull towards the seventh dimension. The seventh dimension is the highest level that can be attained before fully reuniting with the One, at the octave point, or the eighth dimension.

The Ra material covers an incredible range of topics, and yet they have incredible, undeniable, internal consistency. Their single most important teaching is the Law of One, with the path of service to others as the most important way to live that law. Furthermore, central to this material is again the idea of 25,000-year cycles in the universe, an octave of dimensions, the light-sound-geometry connections in this octave, its connections to the global grid, the building of pyramids to harness this energy, the fact that humanity is about to be harvested, and that higher-dimensional beings will assist this transition.

Furthermore, Ra had a mission of attempting to right a very serious wrong that they claimed to have made. In the first book, they explain that their decision to give us the Great Pyramid on Earth was actually a very poor idea. The reason why is that it was taken over by the elite secret brotherhoods and used for their own purposes, instead of the public temple of healing and initiation that it was originally designed for. Since much time has passed, the outer casing stones have been removed, the global energy grid has shifted, and the blocks have cracked and subsided, the Great Pyramid is now only a faint shadow of the massive power station that it was at the time of its construction.

Although the gift of this pyramid was an error in judgment on Ra's behalf, as well as that of the Confederation of Intelligent Life that governs this section of the galaxy, the responsibility also rested with Ra-Ta in part. This is another reason for why Cayce was compelled to give his teachings. It was necessary to give an unfiltered version of exactly what the Law of One really was, in order to filter out the distortions that have been placed on these teachings by the elite ruling class of Egyptians. These distortions still persist through to the present day within secret societies and brotherhoods that underlie the world's elite power structures. (For example, see the “Masonic” Great Seal of the

United States on the back of the American dollar bill.)

Furthermore, Cayce's readings sought to rectify the distortions of Christ's teachings in mainstream Christianity, which were also put in place by the elite. Cayce tells us that Jesus taught reincarnation, for example. Therefore, both of these spiritual gifts to the planet were later abused in similar ways.

A NEW HEAVEN AND A NEW EARTH

And therefore, with the life of David Wilcock, the Cayce saga now reaches its conclusion. After the full completion of the Solar-Precessional-Galactic Cycle in late 2012, the Earth will no longer remain as a third-density planet. It will have completed its 75,000-year period of three 25,000-year “major cycles” in the third dimension, and move into the fourth. Those who remain here will inhabit beautiful new fourth-dimensional bodies that will be a hybridized blend of those of Earth and those of Zeta Reticuli. (David has numerous dreams on file where he has seen these wonderful new Light beings.)

The genetic procedures that have produced these hybrid bodies have been occurring for some time, and this explains the where and why of the widely documented “alien abduction-contact” scenario. (It is important to note that there are also negative ETs performing terrifying abductions to attempt to confuse us as to the ultimate purpose of this process. This cannot happen to us unless we disobey the Law of One through free will, by getting caught up with knowingly self-serving behaviors. Even then, we would need to happen to be one of the very few who were targeted, and the chances of this happening are highly unlikely. We have a choice, every moment, whether or not to invite negativity into our lives, and it cannot touch us if we do not allow it to do so.)

The fourth-dimensional Earth will be a utopian paradise in comparison to our current situation in the present day. In the Ra material it states that life on Earth is 100 times more painful and difficult than in any of the Higher Realms. We will have all the abilities of Christ and more, thereby making real the promise of “As I do these things, so shall ye do them, and greater things, for I go unto my Father.” [*John 14:12.*]

The Earth will already have been cleansed from its magnetic pole shift and crustal displacement as the grid realigns itself with the instreaming fourth-dimensional vibrations. This “pole shift” will remove much of the traces of modern civilization from the Earth's surface.

Together, we will clean, repair, and renew the Earth with our newfound telekinetic abilities. One sweep of a hand will purify an entire polluted lake or river, or transform a festering garbage dump into rich soil. The

crumbling ruins of city skyscrapers will sprout up into bold and beautiful trees, and the oceans will burst with fish, dolphins, and whales. Everyone will be telepathic, and no one will be able to hide anything from each other. Flying and psychic teleportation from one spot to another will also be possible, although we might not try to develop these abilities at first, not realizing that we now have them. Many brothers and sisters from other planets will people the new Earth, as all current estimates tell us that the number of present-day Earthlings who will Ascend will be quite low.

We will also regain membership in the Confederation of Planets in service of the One Infinite Creator, our own "local" group in the galaxy. This will give us the ability to travel among the stars and meet with other planetary cultures. We will all have our jobs, many of which will be to help the others still trapped in the third dimension as unseen angelic beings of Light. Our tools will include intelligently piloted UFO spacecraft, the formation of crop circles and megalithic stoneworks, as well as various technologies that work directly with our consciousness to enhance our energetic abilities.

Our neurological and spiritual capabilities will be so dramatically enhanced that it is not quite possible for us to really comprehend what it is going to feel like until we actually arrive there. The euphoria and bliss of day-to-day existence will be nearly fathomless in its depth. Just think about that: 100 times more harmonious than present Earth. The Ra material states that life in their own sixth dimension is so harmonious that the feelings of day-to-day living would be "indistinguishable from the state commonly known as orgasm." Sounds good, huh?

OK, THEN WHY ARE MOST PEOPLE NOT ASCENDING?

According to Ra, this planet was a rather unique case, where several different planetary races were combined together on one planet to experience third density. The normal pattern would be for some people to Ascend after the first major cycle, many more to Ascend after the second major cycle, and the rest to Ascend at the end of the third.

Should the entire population Ascend at once at the end of the first or second cycle, then the planet would remain unoccupied for the remainder of its time in the third dimension. In our own case, no one Ascended after the first major cycle, and only about 150 could have Ascended after the second! Those 150 decided to stay until the third to help the rest of us, and are called the "Elders" by some. St. Francis of Assisi was one of these "Elders".

Therefore, the "mixed bag" of planetary civilizations on Earth has been a serious problem for the Forces to deal with. As much

as they want to help us, they cannot violate our free will by appearing in our skies and showing us the way; we would have to all want them to do this for them to arrive. As a result of our inability to get along with each other on this planet, we have created an incredible environment of negative vibrations that the Forces are trying to work through. These negative vibrations manifest themselves in human beings through self-serving and self-indulgent behaviors including greed, pride, materialism, jealousy, poor diet, and indulgence in television, smoking, alcohol, drugs, sex, and violence. (Yes, television; you didn't read that wrong.)

Perhaps the single greatest service that these Forces have provided us with to quell our negative vibrations is to incarnate as physical human beings themselves. Consciously, these "Wanderers" are usually never aware of who or what they are, but they are indeed capable of awakening. (If you have read and can fully understand (remember?) all the material on David's website, then you are probably one of them yourself.)

David's life story covers the "Wanderer question" in much more detail than we will in this article. Our point is that even with all the efforts of Wanderers and angelic entities beaming us Love and Light, in Ra's words "there will be very few to harvest [into the fourth density]."

However, the majority who have not Ascended will still be "harvested" by the Confederation and moved to another planet that is being terraformed in Earth's image. Understand that this "terraforming" will give this new planet a 6-billion-year history just like ours. (This is one reason why our ubiquitous DNA molecule seems to have been "seeded" on Earth from elsewhere. It is mathematically impossible for anything of its complexity to have occurred by random evolution.) This long-term terraforming will occur due to the fact that those of the Confederation who have created the planet can work outside of three-dimensional linear space-time. The new planet will have everything from a "primordial soup", to fishes sprouting legs and walking on land, to dinosaurs, to mammals, to "regular human beings". They will also have their 75,000-year history of third-density human reincarnational civilizations that will probably be covered up and scoffed at towards the end of the cycle, just like what we have done with our own past in Atlantis and Lemuria.

Those who will be transported to this new planet will probably never remember that they had once lived on a different planet called Earth—at least not while they are physically incarnate. New constellations will shine down at them from the night skies, forcing the Confederation to redesign their zodiac. We can currently see the behind-the-scenes work that is

going into this new planetary construction through numerous UFO sightings associated with the drawing up of pond water, plant life (especially trees), and animal life. Everything on Earth has been preserved and stored, including human genetic materials. For example see the Betty Andreasson material, given in part through the books *The Watchers* and *The Watchers II* by Raymond Fowler. Linear time does not pose a barrier to those doing this work, and thus they can accomplish this new construction in a relatively short period of their "time". In fact, since they did not anticipate having to create this new world until they were well through our own 75,000-year cycle, by their standards it has been what we would call a "rush job".

CONCLUSION

Therefore, we welcome you to this material as an opportunity to explore these concepts and ideas. It was finally revealed in January of 1999 that David has secured his own unique form of conscious channeling contact with the Ra group. The only reason why he was able to do this was that he had "fully assimilated" the teachings of Ra from the five books "to an acceptable degree of distortion". Therefore, since he already knew Ra's teachings on a conscious level, they were able to come in and refine many concepts without having their results distorted. Very few of David's readings have ever been definitively tagged as "Ra readings", since the announcement of their presence might well trigger his conscious mind, but the wording and content gives strong clues.

The point of this work is to prepare you, the reader, with the full knowledge and understanding of the reality of life on Earth and what we all have in store for us. It is my privilege to be able to present this material to the world, thereby completing the mission that was outlined in the Cayce readings. It is okay for you to have a healthy skepticism; in fact, this is the sign of greater wisdom. If you are intrigued by the possibilities that all of this material could be true, then I encourage you to read *Convergence* and my life story, as well as some of the readings and article updates [*on David's Internet web site*]. This little article is obviously far too short to address the depth of information that you will receive from studying these materials. However, once you have studied them you will undoubtedly be able to understand exactly why this article was written, and why these topics were included within it.

I hope that this work will help you in your understanding, trust, and seeking of the One Infinite Creator, and of the Divine Plan that is unfolding upon our planet for all humankind to potentially take part in.

Peace be with you in the Light of everlasting Love. 

Some Excerpts From *Convergence*

8/30/99 RICK MARTIN

After speaking with David Wilcock and reviewing his web-site, it seemed appropriate to share with you some portions from David's book *Convergence*, which is freely available on the Internet. For those of you who are not particularly computer literate, or do not have a personal computer or access to the Internet, you might consider going to your local library, community college, or university library to use their facilities to visit David's website: www.ascension2000.com, thus allowing you access to the entirety of his information.

Quoting, now, portions of *Convergence*, by David Wilcock:

In short, we will demonstrate that the 1999-2000 Ascension Vortex is the result of **all** dimensions in the Solar System operating through large, approximately 25,000-year **cycles**. Since we might not even really understand what dimensions are, we will be discussing them in some detail, and in the surprising ways in which they can actually be measured. Our book will be a collection of fascinating data that combines a "new" rendering of the Mayan Calendar, the Pyramid Timeline, the Global Grid, Crop Circles, multi-dimensional physics, and sunspot cycles.

The group itself was in control of what questions were asked, and they were routinely chided for venturing into areas that were "off-topic", which Ra called "issues of transient importance". It is quite evident from reading Ra that the only topic they wished to discuss was the Law of One, as this was the most powerful law that anyone could ever hope to understand. The law states that all entities, places, and things in all dimensions of the Creation are One, and there is no actual separation between any of them. Ra explained that the single most important thing we can learn to support the Law of One is the notion of **service to others**. That is the one term almost invariably used when Ra describes the positive polarity, or the positive path. The

term used for the negative polarity is those who choose the path of **service to self**. Therein lies the distinction.

RA: I am Ra. The Law of One states simply that all things are one, that all beings are one. There are certain behaviors and thought-forms consonant with the understanding and practice of this law. Those who, **finishing a cycle of experience**, demonstrate grades of distortion of that (higher-dimensional) understanding of thought and action will be **separated by their own choice** into the vibratory distortion most comfortable to their mind/body/spirit complexes. This process is guarded or watched by those nurturing beings who, being very close to the Law of One in their distortions, nevertheless, move towards active service.

RA: Thus, the illusion is created of Light, or more properly but less understandably, Light/Love. This is in varying degrees of intensity. The spirit complex of each **harvested** entity moves along the line of Light until the Light grows too glaring, at which time the entity stops. This entity may have barely reached third density or may be very, very close to the ending of the third-density Light/Love distortion vibratory complex. Nevertheless, those who fall within this octave of intensifying Light/Love then **experience a major cycle** during which there are opportunities for the discovery of the distortions which are inherent in each entity and, therefore, the lessening of these distortions.

RA: **One major cycle is approximately 25,000 of your years.** There are three cycles of this nature during which **those who have progressed may be harvested at the end of three major cycles.** That is, approximately between 75,000 and 76,000 of your years. All are harvested regardless of their progress, for during that time the planet itself has moved through the useful part of that dimension and begins to cease being useful for the lower levels of vibration within that density.

RA: **This sphere is at this time in fourth-dimensional vibration.** Its material is

quite confused due to the society memory complexes embedded in its consciousness. It has not made an easy transition to the vibrations which beckon. Therefore, it will be fetched with some inconvenience.

This inconvenience, or disharmonious vibratory complex, has begun several of your years in your past. It shall continue unabated for a period of approximately thirty of your years.

RA: Thus, the entry into the vibration of Love, sometimes called by your people the vibration of Understanding, is not effective with your present societal complex. Thus, **the harvest shall be such that many will repeat the third-density cycle.** The energies of your Wanderers, your Teachers, and your Adepts at this time are all bent upon increasing the harvest. However, there are few to harvest.

This Sun-Earth connection is very mysterious and by no means "common" scientific knowledge. It suggests a larger force of energy that is operating on, or through, the entire solar system. The question becomes this: if these sunspot cycles end up having an effect on the Earth's relative stability or lack thereof, we must speculate that the Sun's forces are somehow causing these inundations. Sunspots, or a greater function involving them, seem to exert control over the Earth's magnetic field, which then affects Earth's position in space. Though at first this might seem to be nothing more than the forces of gravity at work, we will see that this interesting correlation is pivotal to the understanding in this work. The Sun's gravitational energy is also hyper-dimensional energy as well.

So, with our brief overview of something Cotterell explains in much greater detail, we are starting to see a previously undiscovered **Law of Nature** at work. The Sun not only affects our weather patterns and the Earth's magnetic and polar stability, it also affects the **progress that we make as societies.** With these higher points of progress must also come greater creativity, intuition, and insight—those very human traits necessary to bring about massive social change. These social changes could be lumped into the elusive category of "spiritual growth". There would obviously be a correlation with major advances in society and major personal advances in individuals. Spiritual growth is the founder of insight, inspiration, and motivation, the breath of the Divine moving upon the still waters of the

human psyche. Humanity is passing into the fourth density.

So we can now demonstrate that the output of energy from the Sun is directly linked with spiritual advances in humans. We can also see that this mysterious sunspot cycle is related to the Earth's 25,000-year precessional wobble, and no one seems to have figured out why. What we are postulating here is that there is a very good reason why the sunspots and the precession coincide; both of them represent the larger, multidimensional cycle alluded to by Cayce and Ra.

* * * * *

The simple fact that the second-to-last sunspot peak occurs in 2000 might be enough for most people to be convinced that this explains the position of Cayce's prophecies. The Ra Material indicates that the energy coming out of the Sun is indeed multi-dimensional, and thus if there is an increase of it, we can expect an increasing pressure of fourth-density energy. We also know that we have major social and planetary changes listed in the Cayce Readings for 1998 and a possible pole shift in 2001. So, if we pin the tail on the donkey between those two years given by Cayce, we have a "happy medium" of 1999-2000.

So, it makes good sense that the peaks of the 11-year sunspot cycle would also represent peaks in this increasing energy. Since May 2000 is the last peak in the sunspot cycle before 2012, we can expect that, during that year, the 4D energies would increase to their absolute highest possible point before the final event itself occurs in 2012. The intensity of this "high point" could conceivably bring in a burst of fourth-density energy that is strong enough to create the Ascension or Rapture experience, where human entities spontaneously shift frequencies and rise from third-density to fourth-density vibrations. But wait, there is even going to be more evidence than this.

* * * * *

We now know from our excerpts from Edgar Cayce, The Ra Material and other sources that this mysterious 25,000-cycle is not caused by a planet at all; it is a solar effect. We also know that it does more than simply affect weather, magnetic pole reversals, and the ups and downs of civilization—it also holographically controls the dimensional frequencies throughout the entire solar system. We have already started to explore the content of future chapters, where we will show that each planet is a multidimensional body, which assembles into a geometric, crystalline form. These crystalline forms are nothing more

than the holographic projections of the One—essentially conscious energy forms. They are all intertwined into a vast energetic web, and the Sun controls the resonating frequency of this web through the Great Cycle, or the "Breath of the Divine".

* * * * *

To recap, the Mayan Calendar was carved in stone, and stands as one of humanity's oldest sources of prophecy. What many people are not aware of is that there is yet another prophecy in stone, far more specific in details than the Mayan calendar. This would be the Great Pyramid of Gizeh in Egypt. It may come as a great surprise to many readers that a complete timeline for the evolution of humanity, spanning the last 4000 years and extending 1000 more into the future, is written, in stone, directly into the internal passages of the Great Pyramid. This is not written in words, but rather through the use of a comprehensive numerological system.

* * * * *

Indeed, it becomes quite clear that Ascension is the name of the game, the whole point behind all of the physically hopeless situations. Much of this book is designed to show you how the 1999-2000 event horizon is the opening of a vortex through space and time—a vortex that we can pass into. So don't frown. Between August 11, 1999 and May 28, 2000 and thereafter, if we are ready, we will embark on a personal adventure more fantastic than anything we could have ever dreamed of. Indeed, no movie fantasy or artist's vision could possibly match the joy, beauty, and peace of what will be. That, dear friends, is the joy of the Harvest, or the Ascension, the single greatest event in human history. In this book, we will share in conversations with those who are waiting for us on the other side, and they will teach us how to prepare.

No, dear friends, if we are prepared, we will not be heading into the fiery cloak-and-dagger world of death and apocalypse. WE also have time to change if we realize that we didn't make it the first time. Indeed, the world might get beaten up, but for the next few years, it will continue. The author's own sources have informed us that "The fall of consumerism will take more than a decade" as of January 1998. The 1999 portion of the cycle **is not the end**; it is the major turning point, the first time that the vortex between dimensions fully opens.

* * * * *

First of all, we know that the universe is One. This One is unilaterally referred to as

Pure White Light. It is also referred to as the "seed sound" of the universe, or the AUM. We are then told that things got rather boring as The One, since nothing ever changed in there. So, The One decided to create new life from itself. In order to do this, The One fragmented itself into the "octave". The Pure White Light became a series of seven colors—red, orange, yellow, green, blue, indigo, violet. The visible color spectrum embodies the memory of this. The One Seed Sound broke up into a series of pure tones—do, re, mi, fa, sol, la, ti. The immutable structure of the octave holds the memory of this. We need to remember that this Pure Light and Pure Sound are simply two different ways of describing the same vibrations of the One. There is no real difference between them, as they are both functions of vibration. Sound is a vibration of air molecules, and light is a vibration of energy.

So, from this basic initial premise, what we can see is that the One fragmented itself into an octave. What we are talking about in our example here is an octave of dimensions. Each dimension would be a different frequency of vibration. Einstein has shown us that at least our own frequency is made up of an invisible, geometric fabric called "space-time", made up of vibrating energy. The energy that vibrates is all from The One, as in infinity there cannot be anything else but Unity.

Each layer of The One, or each dimension, resides at its own distinct frequency. Entities living in any one frequency might not be able to see any other frequency but their own.

* * * * *

We know that the system of geometry for the CU is also harmonic and octave-based, and thus we see these Platonic forms emerging in minerals, in the organization of cells in a developing zygote, and in the planetary grids themselves. We also know that these frequencies are governed by very simple, harmonic numbers. These numbers show up when we measure the vibrations of sound frequencies in air. Therefore, when we see these same frequency numbers for the CU emerging in the Great Sunspot Cycle, we can see that a similar division and enhancement is occurring in our solar system. This is yet again another reason to see why we are so quickly heading into a spontaneous dimensional shift here on Earth, or the **Single Greatest Moment Of All Time.**

* * * * *

As we learn and understand the physics behind Ascension, we are made pure with our own realization that all things are in balance. Whether we look at sound, color, geometry,

atoms, cells, biology, the human body, pyramids, the Global Grid, planetary orbits, the Sunspot Cycle or even greater cycles such as that of the Constant of Nineveh, and now the rise and decline of massive, seemingly random social trends as well, we can see that all things, indeed everything, obeys these magnificent, cyclical harmonic principals.

We now know that a massive effort was made by the survivors of the Atlantean cataclysm to preserve the basis of this knowledge for our own generation. Mythologies the world over have encoded the precessional numbers in their roots, and various other societies have retained immense pieces of the puzzle, such as the Mayans, the

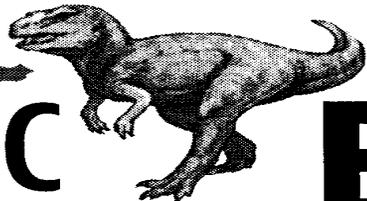
Aztecs, and the Sumerians. These teachings found their way into the Western secret societies over time, and now they continue to thrive in the United States Government and its backbone of Masonic belief, as well as the United Nations as a whole in their remarkable Meditation Room.

We have also seen how the extraterrestrial forces surrounding us at this time have made numerous efforts to communicate these simple truths to us, through Nostradamus, Cayce, Jane Roberts, Walter Russell, David Wilcock, and others. We have indeed arrived at this Omega Point of planetary Ascension now, and we are surrounded by a throng of spectators. These brothers and sisters on the outside made

sure that we would have the necessary technology in place at the end of this cycle so that we may process our collective karma from the Age of Atlantis. It is time for us to Ascend, to regain our true heritage, and to reclaim the Earth, or the New Jerusalem, in its cleansed and perfected fourth-density form. We have all the proof that we need to convince ourselves that this epic, fantastic event is very soon to occur.

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In Part II of this series about David Wilcock, I will present some of David's readings which are extremely compelling. 



JURASSIC EXPEDITIONS

PROUDLY PRESENTS

San Andreas Fault

"Earth In Motion" Tours

Palm Springs, CA

Tour Producer and Director: Mr. Charles Watson, is a noted consulting geologist, newspaper columnist and television contributor. Mr. Watson's newspaper column "Seismo-Watch" is read by millions each week.

TRUE: Much of California's natural beauty is a result of the San Andreas Fault.

FALSE: The "Big One" will cause California to disappear into the Pacific Ocean, thus creating valuable beachfront property in Arizona and Nevada.

The San Andreas Fault is one of the world's greatest curiosities. It zigzags through American's most populous state for 700 miles, entering at the Mexican border and submerging into the Pacific Ocean just north of San Francisco. For a brief distance in the Palm Springs area, the fault divides into three faults and then rejoins as one again. The Coachella Valley, therefore, provides the most dramatic and interesting fault views anywhere.

The route of the San Andreas Fault marks where two stupendous continental crusts engage each other. Each plate is sliding slowly over molten magma far below the Earth's surface. The North American Plate extends to Iceland, while the Pacific Plate reaches to Japan. Both are moving at a rate of about 2 inches per year. Tens of millions of years of titanic, tectonic forces wrenching, grinding and heaving, have created one of the world's most beautiful winter resort area—Palm Springs. 350 days of sunshine, perfect untreated drinking water, spas to rival Baden-Baden and Evian, plus the finest golf courses in the world. In this unique geological theater, seas have been parted, mountains born, valleys formed and countless environments and animal species have come and gone.

The ancient saga of the San Andreas Fault is compellingly revealed in this three-hour Motor Coach "Soft Adventure". California's "Crown Jewel" Eco-Tour provides stunning vistas, fault-line palm oases. 200-million-year old rock formations, views of Thrust Faults, Strike-Slip Faults and Normal Faults. Learn how the Earth regenerates itself and creates volcanic activity. Travel back in time to when the Triassic period slowly evolved into the Jurassic period and the supercontinent, Pangea, began to divide into pieces, allowing continental drift to begin. The puzzle of why dinosaur remains from Jurassic times were found throughout the world is solved.

About the Author & Tour Creator: Charles Watson, a keen geological scientist, has created an entirely new "Eco-Infotainment" vehicle to allow people to discover the "Dynamics" of our Ecosystem. Charles brings an "Indiana Jones" style of fun, discovery and enthusiasm to this unique Eco-tour, plus a pragmatic understanding of earthquakes. Learn that earthquakes are not fiendish inventions of the devil, but rather Nature at work. He offers visitors a refreshing view, telling us when people choose to live near Nature's Workshops like flood plains, hurricane and earthquake zones, natural occurrences can and do happen. Charles' inspiration in creating this ancient story, a story that, otherwise, might have gone untold, comes from many influences including the work of Stephen Spielberg. Please accept Mr. Watson's invitation to discover the San Andreas Fault.

* Similar to equator crossing ceremonies, fault visitors are certified official "Fault Finders".

* Meet "Seismo-Dog"! Like Smokey the Bear, Seismo has many poignant slogans that encourage eco-awareness and earthquake preparedness. Every one loves "Seismo-Dog", and you will too.

For more information contact:

Jurassic Expeditions, Tim Moreland, 760-862-5540, Fax 760-323-1709, <www.sabnandreasfault.com>. 

Clear The Weeds From Your Wheat

8/19/99 ESU "JESUS" SANANDA

Good evening, child. I am Esu "Jesus" Sananda. I come in the Pure White Light of my Father's Radiance, and I bring ONLY that Pure White Radiance with me.

Let the doubters have their doubt, for it is nothing which you can prevent. My messages must be judged by their words and by the energy present. Those who would judge these words as false or misleading are themselves misled. These words shall only be resisted by the very ones who need to hear them the most. So be it.

The subject today is very important. It has to do with how you are doing with the infusion of Light that is increasing with every passing moment of your time. As we have discussed in previous writings, the Light infusing your planet at this time is causing an acceleration and intensifying effect upon each and every one on Earth. It is causing all who are of the Light to be brighter, and all who are of the darkness to be darker.

As the wheat is sifted from the chaff, the chaff becomes more evident, for it collects in a pile unto itself, likewise with the wheat. What do I mean by this? Very simple. You shall reap that which you have sown. The reaping, however, is not going to occur in the far distant future; it is occurring almost instantaneously, due to the above mentioned acceleration effect.

That which you reap is also in greater abundance than that which you have sown, due to the above-mentioned intensifying effect. So, for each of you that means you shall either reap the Light or you shall reap the darkness, depending upon what type of seeds you have planted prior to now.

We have been working to get you ones to hear this message for more years than you can even remember. However, you always thought that your harvest would be in the far distant future, and you just didn't want to be bothered about thinking what kind of harvest would be awaiting you. You who have sown weeds are now reaping those weeds that you have sown. Likewise, you who have sown good grain seeds are having a bountiful harvest.

Now, to those who have fields full of weeds, I will say this: PULL OUT THOSE WEEDS and get them out now! How can you do this when the seeds have already been

planted? Quite simply, by making right those things that you KNOW full well in your heart are following you around like an albatross about your neck.

Now, before any one individual thinks I am picking them out above all others, I am telling you now, so hear my words: I AM SPEAKING TO THE GREATER NUMBER OF PEOPLE LIVING UPON EARTH THIS DAY. I only single out individuals on a one-to-one basis, and I will not speak specifically to only one individual in a public forum.

To those who will read this and get upset or annoyed, I say unto you that you are the ones for whom this message is meant. You can always tell what it is you need to learn, for it will be the thing which bothers you or angers you the most.

There are things which every one of you are carrying around with you, and have for a very long time. These are those things which trouble you when you are settling down to go to sleep at night, or those things which pop into your minds when you are attempting to meditate. These are the things that you feel guilt about, or that trouble you greatly. These are things that you have done or said to another. These are the things you have done or said that you would not want done or said to you. Whether or not you feel what you did or said was justified, if you are still toting them around with you, you need to rid yourself of them, and the only way is to make it right with the one you have offended.

I care not who you might be. I care not whether you are the President or the Pope, or the drunk in the gutter, or the C.E.O. of a giant corporation.

Unless you begin to pull out these weeds in your fields, one by one, they will eventually choke the good grain trying to grow from the soil. You and only you can make these things

right again. It matters not whether or not the one you offended accepts the offering of apology (or at the very least, acknowledgment of the wrong you have done), for you will have made it right, and now it becomes the other's business as to how he or she deals with same.

Their response is not your concern. YOU are the only one who can set it right. And tomorrow may be too late, so it would behoove you ones to begin right here and now to set things to right.

It is all these things that are causing you ones to stand stagnant, and unable to create or manifest the reality you desire. Several years ago Germain gave a lesson on Forgiveness and Manifestation, and it would be a good idea to reprint it, for it is more valuable today than even then. [Editor's note: That writing was penned on January 4, 1997 and is preserved as Chapter 47 in Volume I of WISDOM OF THE RAYS: The Masters Teach. See elsewhere in this newspaper for information about how to obtain that book.]

You ones are standing upon the threshold of a new dawn, and whether or not you step over that threshold into a better world is completely up to each and every one of you. You sit about and complain that things are just unfair, and that everybody is doing you wrong. Well, it would be a very good idea for each of you to look into the mirror and see the wrongs and unfairness you have dealt out in the past, and make them right. Take an honest look at all the harsh or insulting words, the get-even attitudes, the "hurt that one before that one hurts you" mentality, the judgments you have pronounced upon or about another, etc.

Remember the Golden Rule? Remember my parable about criticizing the speck of sand in your brother's eye while having the boulder in your own?

Can you overcome these emotional and Creative Energy blockages by doing good for others? Yes, but there is nothing like a good soul-cleansing!

Make it right with those whom you have previously offended, then go do good works as well!

My brothers, these are the Days of Accounting. You are judging yourselves, and the result of those judgements is the reality in which you live. Do not cast blame on anyone else for *your* life, for no one has forced you ones to do anything. The choices you have made have been your own, and if you feel otherwise, you need to rethink your situation.

You do expend an unbalanced amount of time and energy pointing out all the evil and darkness, and I grant you that it is all about you. Yet, many of you who claim to be living in and protected by The Light, if you are really living by the precepts of that Light, can pass through all evil and darkness, and it shall not bother you ones, unless you have allowed it.

You are never going to create that wonderful reality you think about until YOU begin to do something about it. You cannot take all the old baggage into a new reality, so until you begin to clean out your bags, you shall continue to live exactly the way you have been living.

The potential at this present time is so tremendous; what you do with that potential is your choice. You can either make the most of it, or you can fritter it away on all the old garbage. **BUT, BE PERFECTLY CLEAR ABOUT THIS: IT SHALL ALL BE YOUR CHOICE!** All the praying and begging and wishing and hoping is not going to make it so. **YOU—AND ONLY YOU—CAN MAKE IT HAPPEN.**

You are all so fond of offering the “life isn’t fair” excuse. Nothing could be farther from the truth! Life is quite fair, and you have manifested before you exactly what you have put into it.

It is time that you stopped believing that you have no choices, for you have ALL the choices. You need to stop thinking of yourselves as victims of circumstance or victims of your society. That is the very same as blaming someone else for your shortcomings, and makes it easier for you to justify your unwillingness to take charge of your own reality.

God does not set your destiny, chelas; destiny is **WHAT YOU MAKE IT.** So, again, take a long, hard, **HONEST** look, each of you, into the mirror and, maybe for the first time, see yourself as you really are.

UNFORGIVENESS

There is no better way to stop the creative flow than to hold unforgiveness in your heart or mind. Remember I taught you to pray, “Our Father, who art in Heaven, hallowed be thy name. Thy kingdom come, thy will be done, on Earth as it is in Heaven.”

Now, pay close attention to the next part: **“Forgive us our sins (transgressions, errors) as we forgive those who sin (transgress or err) against us.”** If you expect forgiveness and things to be made right with you, then you **MUST FIRST** (not after), I repeat **FIRST**, forgive others. Then and only then can you acquire forgiveness.

You see, until you truly forgive another, you are (whether you recognize it or not) carrying that unforgiveness around in your own heart and mind, and cannot forgive **YOURSELVES.** That is what stops the flow of the Creative Energy from manifesting that perfect reality in your own life.

Oh yes, chelas, it is truth I speak, and I understand fully that the information contained herein stings most of you ones. But know that the stinging you feel in your heart is your Higher Self trying to tell you that **YOU** need

this information, and **YOU** need to act upon it.

Forgiveness and manifestation do go hand in hand. You can meditate all day and all night for the next thousand years, and until you **GIVE** and **RECEIVE** forgiveness, you shall not make one step forward in creating that reality you desire.

You can pray all you want, and it’s not that your prayers are going unanswered. I told you long ago that if your prayers are perceived to not be answered, it was because you were praying in error. That error is of your own making, and it is unforgiveness.

You can have all the faith you can muster, but until you have a “clean” house, you are going to keep the goodness from your doorstep. A clean house is a house that gives and receives forgiveness—and in the process has gotten rid of a lot of garbage.

Now, with the stepped up Light energy that is infusing your planet, all things are magnified, and all the dark, hidden corners of your lives are being illuminated. Rather than continuing to try to hide all the cobwebs, instead open your windows (eyes), open the front door (mind), and sweep that house clean! Make it ready for all new furnishings by first sweeping out the dirt!

Do this, and you will marvel at the wondrousness that you shall begin creating. You will have no further need for the pity parties and blaming others for your own condition, for you shall no longer be operating in the darkness. Rather, you shall be living and, more importantly, creating in the Pure Radiance of our Father’s Light!

Chelas, the Kingdom of Heaven is at hand. It is all about you, and you see it not, for you still have darkness in your hearts and in your minds. Open your hearts and open your minds to the Light of Holy God (regardless of the name you have for God), and *begin your new life this day!*

You have a very wonderful saying: “Today is the beginning (or the first day) of the rest of my life.” So make the best of it.

Yesterday is gone, and you have many yesterdays behind you. However, the energies you accumulated from all the yesterdays is the energy you are carrying around with you today.

Ask yourself this: Is my load light or is it a

heavy burden? If it is a heavy burden, then know that you have a lot of forgiving and asking for forgiveness to do. If you have taken something that does not belong to you, then return it or offer remuneration for it. If you have hurt another physically or emotionally, then go to that one and apologize.

Yes, the first apology is always the most difficult, but with each apology it becomes a much easier task, and you will begin to feel the accumulated burden lift with each wrong that you make right. Do not allow the Sun to set upon another day before you begin to set your house in order.

Remember, **YOU** are the only one who can truly make a change in **YOUR** life. You are also the only one who can stop destroying yourself and begin re-creating yourself. Begin on the inside, and the inside will soon be reflected in the outer being and in all that manifests about you.

You all spend much energy pulling the frequency of your energies downward—by your actions, thoughts, and words. If you were to take just a small portion of your energy or attention focus and begin to create with it as Lighted beings in harmony with Creator Source, your world would soon be re-created in perfection, and you would have nothing about which to complain.

However, you are not going to re-create to your liking anything “out there” until you first re-create your own self within. Rather than spending so much time working with Satan, use that same time to work with God! I promise you the time spent shall be much more beneficial!

Go to the ancient Hebrew texts and look up the word Satan. You shall find that it is not a proper noun, but rather it simply means adversary. Satan, in this case, means adversary to God. There was one known as Lucifer, who was a bright and beautiful angel. It was this one who rebelled against God, and therefore was a Satan.

You do expend an unbalanced amount of time and energy pointing out all the evil and darkness, and I grant you that it is all about you. Yet, many of you who claim to be living in and protected by The Light, if you are really living by the precepts of that Light, can pass through all evil and darkness, and it shall not bother you ones,

After all these years, and all the many words written and spoken, you still continue to function as though you are the victims of some great conspiracy of evil being done to you. NO, FOR THAT GREAT EVIL DONE TO YOU IS DONE BY SELVES. You know the truth of it, but it takes a great self-responsibility to admit it to self. And before you can begin to change anything, you must first be truthful with yourself. There is no greater time to begin to make these changes than the present!

unless you have allowed it.

Darkness and evil cannot intrude where The Light is present. See that you make no mistake about it. YOU allow that darkness in by the state of your mind and heart.

Again, if you have evil, unforgiveness, lust, greed, etc. in your heart, and focus upon same in your minds, you are inviting darkness within. In this case, you can call upon The Light all you want, but until you CHANGE YOUR HEARTS AND CHANGE YOUR MINDS, you are going to experience the effects of that darkness and/or evil.

Chelas, nothing and no one can do anything to you that you have not provided a pathway for. And do expect, by calling upon The Light, to be shown answers—it's just that they may not seem so pleasant when operating from the conditions of such a darkened state.

After all these years, and all the many words written and spoken, you still continue to function as though you are the victims of some great conspiracy of evil being done to you. NO, FOR THAT GREAT EVIL DONE TO YOU IS DONE BY SELVES. You know the truth of it, but it takes a great self-responsibility to admit it to self. And before you can begin to change anything, you must first be truthful with yourself. There is no greater time to begin to make these changes than the present!

Do I hold you responsible? NO. YOU HOLD YOURSELVES RESPONSIBLE! And it is you and only you who judges yourself. You may not want to admit it consciously, but I tell you it is truth, whether you believe it or not. This is not something that is not so if you do not believe it to be so. Chelas, this is NOT MYSTICISM. This is an immutable fact and law of the universe, and it works perfectly, every time. It is only a mystery until you understand. Once you have understanding, it is no longer mystical.

Also, and perhaps more importantly, once you have understanding of a universal law, you become responsible to act upon it. You can pretend ignorance with self and others, but you cannot pretend ignorance with God.

You are this day standing naked before God, and you are judging your own deeds, and your rewards are according to your own judgement in partnership with God. So, you see, you have nothing to fear except your own mind and heart, for God and all of His Creation only is and does not judge. You are a part of Creation; there is no separation between you and Creation, or between you and God. The separation is in your own mind.

So, the next time you find yourself feeling sorry for yourself because you think things are just not fair, remember that it is YOU who has determined the outcome, and YOU created the reality in which you find yourself. All the blaming and wallowing in your own pity is only creating more of the same stuff you have

been living with.

This message is of such an important nature that I would ask that it be put on the website, as well as in the printed material, for all who come across it to see and understand. There are many, many more who will see it there. These messages need to be spread far and wide and not withheld from any because they do not

come across the paper for whatever reason.

Let us draw this to a close. There is much more which could be said on this same subject, for there is no message more important than this at the present time.

I am Esu "Jesus" Sananda. I leave you with blessings and the Purest Radiance of the Holy White Light of God Creator. Salu. 

Editor's note: This was submitted by a reader who wanted to share some hope.

The Prayer

When minister Joe Wright was asked to open the new session of the Kansas Senate, everyone was expecting the usual generalities, but this is what they heard:

THE PRAYER

Heavenly Father, we come before you today to ask your forgiveness and to seek your direction and guidance. We know your Word says, "Woe to those who call evil good." but that is exactly what we have done. We have lost our spiritual equilibrium and reversed our values. We confess that:

We have ridiculed the absolute truth of your Word and called it pluralism.

We have worshipped other gods and called it multiculturalism.

We have endorsed perversion and called it alternative lifestyles.

We have exploited the poor and called it the lottery.

We have rewarded laziness and called it welfare.

We have killed our unborn and called it free choice.

We have shot abortionists and called it justifiable.

We have neglected to discipline our children and called it building self-esteem.

We have abused power and called it politics.

We have coveted our neighbor's possessions and called it ambition.

We have polluted the air with profanity and pornography and called it freedom of expression.

We have ridiculed the time-honored values of our forefathers and called it enlightenment.

Search us, Oh God, and know our hearts today; cleanse us from every sin and set us free. Guide and bless these men and women who have been sent to direct us to the center of your will. I ask it in the name of your Son, the living Savior, Jesus Christ.

Amen.

The response was immediate. A number of legislators walked out during the prayer in protest. In six short weeks, Central Christian Church, where Rev. Wright is pastor, logged more than 5,000 phone calls with only 47 of those calls responding negatively. The church is now receiving international requests for copies of this prayer from India, Africa, and Korea. Commentator Paul Harvey aired this prayer on *The Rest Of The Story* on the radio and received a larger response to this program than any other he has ever aired.

With the Lord's help, may this prayer sweep over our nation and wholeheartedly become our desire so that we again can be called one nation under God. 

As Planetary Frequency Upshifts, Are You Going Through “The Change”?

Editor's note: The following information came to our attention recently in a most unusual way. I (E.Y.) was at a social gathering recently and, because of someone's question about some particular aches and pains, I was explaining some of the physical changes (and the technical reasons behind those changes) likely to be noticed as a result of the high-frequency energies bathing this planet at this time. After all, many are feeling the effects of these energies, and yet most do not understand the connections between the symptoms and the causes—and just quietly suffer from the assumption they're simply falling apart!

One of those listening to what I was describing said, with some degree of astonishment in his voice, “Why, what you're explaining, in a lot more detail, sounds like something I just came across earlier today from the Internet!” So we found the source of the information and took a closer look. Because of the general merit of that information, we have decided to share it here.

Don't get too hung-up on wording or other terminology that may be a bit unusual or limiting. Read for general content and note the general trends. I have added editorial comments where they may be technically helpful or clarifying. Likewise I have been careful in the editing of some of the material, where the wording was obviously in error, or simply confusing, or where the subject matter went too far off track, or was just plain wrong.

Several of my Editorial Board who looked over this information and are experienced public receivers of messages from the Higher Realms felt, as did I, that some of the wording of the information presented here carried distinctive trademarks which suggested some input and blending of the familiar energies of Master Hilarion, Violinio St. Germain, and Commander Ceres Anthonious “Toniose” Soltec, among others making contributions to this material.

The Internet website carrying this discussion claims the information originates from something called The House Of David Teaching Center and carries the date of May 27, 1999. An inquiry to the House Of David Teaching Center website was answered with: “Hi, we closed our website a couple of years ago. What you probably read was re-postings

of some of our newsletter articles.” In other words, either they don't want any publicity or they don't exist anymore in an active capacity.

As you read their introduction directly following this note, “someone” writes in the first person. We don't know who. It also appears that this collection is an ongoing assemblage of material, and not necessarily all of it is posted yet on the Internet, and thus available to us to share with you. If there is indeed further information of merit posted later on, we will surely share that with you, too.

Meanwhile, as you read the following and find yourself identifying with some (hopefully not all!) of the various symptoms, know that you're probably not really falling apart as you've been quietly assuming may be the case but, as the title to one of the references at the end of this material puts it so wonderfully with humor: “I'm OK—I'm Just Mutating”. See how your friends and family handle THAT explanation!

5/27/99 HOUSE OF DAVID TEACHING CENTER

I am not referring to the thing women go through during the change of life, but about the changes that are happening to the human body now. This information is probably channeled, so be careful. At the present time I enjoy good health but I will put a mark (*) by each of the symptoms that I am experiencing.

This file is a montage of 23 prophetic voices speaking on the changes that will occur within our bodies during the upcoming tribulation Earth Changes.

These are organized into 22 different areas within the body. The sources of prophetic information for this montage are listed at the end of the file.

This montage is broken down into the following:

GENERAL BACKGROUND INFORMATION

- *I. ACHES, PAINS and HEADACHES
- II. BODY CELLS
- III. CHANGES in BODY COLOR
- IV. CHANGES in BODY SHAPE
- V. CHANGES in the ENDOCRINE SYSTEM and CENTRAL NERVOUS SYSTEM
- VI. EATING and DRINKING HABITS

VII. ENERGY FLOW in the BODY

VIII. EXERCISE HABITS

*IX. EYES

X. FINGERNAILS

*XI. HAIR

XII. HEAD

*XIII. HEARING

XIV. HEART

XV. HOT AND COLD FLASHES

*XVI. MEMORY CHANGES

XVII. MENSTRUAL CRAMPS

*XVIII. OUT-OF-BODY EXPERIENCES

XIX. SINUS and EAR DISTURBANCES

*XX. SLEEP AND DREAMS

XXI. SWEAT and TEAR GLANDS

XXII. VIBRATIONS in the BODY

SUMMARY

These listed prophetic voices at the end of this file should be read in their entirety and may be helpful to the reader for a fuller understanding of the cellular transformation (mutation) process. Only selected short portions of the complete prophetic voice have been selected, assembled, and categorized in this montage due to space limitations. These materials will be periodically updated as more information is developed.

This material is submitted by The House Of David Teaching Center with website address of: <<http://www.newage.com.au/library/david.html>>. [Editor's note: That website is the one that is claimed to be dormant at this time. The website that is carrying this material, apparently collected and posted by John F. Winston, is: <<http://www.beyond-the-illusion.com/pipermail/illusions/>>. We thank both John and the keepers of that website for their service to their fellow mankind at this important time of planetary awakening.]

GENERAL BACKGROUND INFORMATION

During the Earth Changes in these End Times, or Tribulation as it is called, the Earth and the physical bodies on the Earth are supposed to undergo a change as we move from the third dimension to the fourth and fifth dimensions.

On the planetary scale, a massive shift is taking place. Huge infusions of Light are coming to the Earth plane as the veil of separation and denial are lifting. Earth

Changes are creating physical changes in your bodies right now. The planet is mutating, and so are the beings on it. There is a transmutation taking place in the very cells of your body.

A transmutation is the act of being transmuted or changed or altered in form, appearance, nature, to a higher form. Transmutation is the internal change going on inside the body that puts together the combination of parts or chemical elements, groups, or simpler compounds, or by the degradation of a complex compound, so as to form a whole new combination. During mutation, this new combination may be constructed by the body from diverse conceptions into a coherent whole body that may be different from previous bodies.

The physical transmutation change within your body is a significant and basic alteration in the body. It may be a relatively permanent change in hereditary material involving either a physical change in chromosome relations or a biochemical change in the codons that made up genes. A codon is a triplet of nucleotides that is part of the genetic code for the body. The genetic code specifies a particular amino acid in a protein, or starts or stops protein synthesis, which means putting things together. This is the way the body grows or is destroyed by disease during its particular lifetime.

There are many teachings coming down today that speak of mutation and also speak of cellular transformation. Some have asked what is the difference and is there a difference? Some entities feel that the word mutation is a word that sometimes alienates a lot of people; it sounds scary to some people. So they use the word "transformation" or the phrase "cellular transformation" because such seems a little more gentle. They feel that more people are open to the word transformation. It's more like a gradual shifting, whereas mutation feels to some people like there are going to be some changes that are so radical that this creates more of a fear. And these entities try and stay away from wording and language that is going to create more of a fear because this then creates a restriction of energy when people are met with words that create that type of experience or reaction.

Whatever you call the changes that are taking place now in our bodies, the information that was coded into the DNA of your structure is now being activated. The most concise repository of information in your personal blueprint of your species is found in the cellular DNA of your body.

Your DNA will evolve from two helixes to twelve helixes, or even fourteen strands, which correspond to energy centers, or chakras, inside and outside your body. The new-type twelve-strand DNA was originally in bodies 300,000 years ago.

Within human body cells are light-encoded

filaments, fine gossamer threads of energy that carry information. When these gossamer threads are working together like a fiber optic-type of cable, they form the helix of your DNA.

Imagine that your cells are starting to detach from each other, and that where they are still connected, they are just threaded together. They are not so congealed that they create that much matter any more. What is going to happen then is that the energy that is coming into you is going to start to come in more easily. It is as if the cells have to break apart a bit.

This is why so many people are now waking up and remembering. It was predetermined that you would do so at this time! Beings who have been living in dense physical bodies, now have the option of living in wondrous bodies of Light. The effects are very jarring in some ways. On the one hand, you'll get physical vibrations that are strange and sometime feel uncomfortable. Your endocrine system may speed up or slow down, causing various effects on your hormones. You may have a sudden strong feeling and then it'll be gone. You may have an overwhelming memory and you will not be certain whether it is a dream or a reality.

You are high-energy transformers, like sponges in the energy sea around you. As more and more Light becomes available to you, the intensity of electromagnetic energy around you also increases. Any changes in the surrounding energetic field are picked up by your subtle (etheric) body. This body acts as a receiver and as a transmitter of these energies. These changes directly affect your physical body, which is the outward manifestation of the etheric level.

These changes are to be gradual and will go on over the seven-year tribulation period. They have definitely started. The changes depend on, for many, the level of openness, the level of flow in an individual's life.

The orientation for many has been from a linear or physical perspective. This is shifting for many and a lot of people are experiencing confusion as they begin to reorient themselves into a less physical and more holistic perspective.

For many people this has been going on for quite some time. As far as a time period of when it begins and when it ends, it really depends on the individual, their level of openness and willingness, and the clarification that has already taken place in their energy field. By this we mean, are they coming into alignment in their physical energy system? Are they coming into alignment with their emotions and the emotional body? And are they creating more of an openness and a flow in the mental body so that they can consciously receive the energies and the frequencies that create the shifts, the transformation.

Bear in mind, also, that all who are on the planet at this time, all forms of life, not just human life but all forms of life, are and will continue to be affected by what we call an increase in intensity of Light that comes directly into and around the field of this planet. So, even though those who we may look upon or you may look upon as less conscious or perhaps even totally unconscious of the changes, are definitely affected and will continue to be affected. They don't have the understanding that many have who are searching on the path of what is going on for them—why they are experiencing greater agitation, why they are experiencing that parts of their life are no longer working, why they are experiencing less control in the mental body than they are used to.

There is a great deal of confusion among the masses because until now there has not been a large enough body of clear information to explain in a way that can be understood by the masses what exactly is taking place in this time in history, for there is nothing in your past that can compare to what is currently going on and what will continue to accelerate.

What is happening to many of you right now is that, due to the increased energies present, the etheric body is vibrating at a higher frequency. The physical body is then trying to catch up, but it hasn't quite yet done so.

This results in a speeding up of your molecular structure. Many people are now experiencing this as a "quickenning" taking place within your own body. This stepping up of energies is affecting every system in your body—nerves, muscles, vessels, skin, organs, and glands, as they try to adapt to the new and higher frequencies.

The nervous system, which carries those energies throughout the body in the form of nerve impulses, and the endocrine system, which regulates much of your physiological functioning through the secretion of various chemical substances (hormones), may be experiencing tremendous energy overloads as they constantly attempt to maintain a state of homeostasis (balance) in the body.

This kind of expansion in consciousness during cellular transformation is literally pulling you into worlds that are beyond potential and are becoming real. Things about your world are changing in front of your very eyes. Perhaps the most profound noticeable change is the need that many people have noticed lately for more rest. Is anybody feeling tired lately? If so, you need to continue reading this material.

Part 2: May 28, 1999

Your body systems are overloaded and Mother Earth's systems are also overloaded. Her body, the mass of herself, functions very much like your own body. Most people do not

realize that your Mother Earth actually breathes in and out. People who have been in caves or have been near openings inside the Earth can actually hear air whistling in and out of the Mother Earth. In surrendering to the change process going on in the Earth and in your bodies, you are releasing your own limited existence, your own limited desires, all that you have held close to you for security and a feeling of nurturing and safety.

So much is happening on very deep levels of yourselves and it is usually occurring in the subconscious. You may feel overcome with sorrow, feeling you have lost something, or that you are leaving something without even having an idea of what it is you are sorry or crying about. As you approach closer and closer to the final experience (called Ascension), you will feel yourselves more and more letting go of more things.

During the process of cellular transformation, you may see or feel specific physical changes and sensations in your body and in the bodies of those around you, such as the following:

I. ACHES, PAINS and HEADACHES

New aches and pains will appear in various places in the body, and then these will disappear. Headaches and sudden shooting pains in the head or eyes may occur and these may be signs that adjustments are being made in your energies. These adjustments will be attuning you to different frequencies during cellular transformation. The parts of your brain that have been dormant in the past are now being used. This may require some rewiring of brain circuitry while brain patterns that are no longer functional will be rerouted. As you develop a Higher way of thinking and being, you will experience more creative energies and will create deeper levels of meditation.

As transformation occurs, there may be periods when you feel more anxious and irritable than usual. You may also feel restless, headachy, less able to concentrate. You may well have an increased sensitivity to people, sounds, smells, and environments. You may experience muscle soreness, particularly in the low back, joint pains, or poor digestion. When these glands are excessively simulated, your body is constantly in a hyper state of fight-or-flight and the body expends resources at tremendous rates of speed.

The mutation process that you are presently undergoing has been initiated within the molecular structure of the brain. The progressive cycles of change are introduced to the rest of the body systems primarily through the cerebro-spinal fluid, and from there throughout the nervous system generally. This accounts for the pervasive sensations of disturbances within the head, eyes, spine, and nerves. It has resulted in dizziness, headaches, and pressure in the head, usually

experienced from back to front, and at other times from side to side.

It also accounts for considerable nervous disruption, sleeplessness, and irregular energy surges and drops. Digestion may become erratic and peculiar pains may come and go without warning in different parts of the body.

II. BODY CELLS

The tissues of our body are made up of cells. The cells are made up of molecules, and this goes on and on until the subatomic level is reached. At the subatomic level, the templates or blueprints are formed for our bodies.

The probabilities of what we can do are created at the subatomic level.

There are changes being made at this level as the Earth Changes occur and as the axis shift occurs on the planet. These changes are due to occur very soon.

During this period of an axis shift, past types of behavior and past ways of arranging matter will not be available.

At the material level, these changes will appear to be a rearrangement of matter. From a spiritual level, however, these changes relate to the growth of planetary awareness. When these changes happen, the forms of life on the planet will change. The very structure of every cell in our body is changing. The changes in your body will occur in the body cells as these cells undergo a gentle infusion of new electromagnetic impulses. The structure of energy exchange and energy transfer is being slowly re-wired in the cells, during cellular transformation. This could be the cause of periods of exhaustion as your body goes through radical remodeling and rebuilding.

When these changes are observed, RELAX and move with the changes taking place in your body. After all, you have nothing else to do. You need to spend time in meditation, reading, etc. to relax until the time comes that the changes will eventually stop.

We are building new information into the cells of the body, and yet it has been said that these changes are taking place naturally. Some have asked whether this suggests that we can reprogram our own DNA or is this all being done automatically and we don't get involved in it. The answer is, it's a little bit of both.

The cells have been coded for this time in history, prior to the time of human birth. Many people are finding that they are drawn to a certain place or to a certain person. They are finding that being in that environment, whether with that person or in that physical place, is creating a type of trigger, a trigger in the cellular memory. So in this respect, it is happening automatically. We are following our impulses. We are following our natural motion in life to where the body is leading us and who the body is leading us to. This is creating the firing or triggering of new information. There

is a type of overlapping and a blending of many processes taking place as these triggers are activated. Then the new information is activated.

Part 3: May 31, 1999

This is taking place on a multitude of levels within the body. The more we are in alignment with our body wisdom, the more there is a movement consciously toward that which will trigger that cellular memory and activate the transformation within the DNA. So indeed, you are taking part; it is not to sit back and get onto automatic pilot and everything will happen. To some degree that is so, but also it is the more you are in alignment with these changes consciously, the more you will be the captain of your ship, directing and orchestrating as co-creator of these changes within yourself and within the masses. There are many parts to transformation; it is neither that you are on one side of the fence or the other.

What this means in biochemical terms is quite mind-blowing. A fundamental renovation is occurring in your house (the body) while you are living in it. Using the analogy of remodeling your home, the workmen strip off the old roof, tear up the old floor, disconnect your old plumbing, and turn off your electricity to re-wire the home. This all occurs while you are trying to live there. In the same manner, while your body is undergoing the same "remodeling", you are trying to keep ahead of the changes and you will feel extremely disoriented and inconvenienced as they occur. The changes in your body-house are occurring because your DNA is being restructured.

Your DNA contains within it an old understanding about what it is to be here that is deeply focused in individuality. The DNA has the individualized expression of Divinity, the individual I Am, and it has the wholeness. Now you can conceive of both, but can you yet conceive of what it would be like to be keenly aware of yourself as an individual and at the same time know that you are Wholeness?! That is what you are working on achieving at this time, whether you realize it or not. The potentiality within the DNA is capable of reformatting to allow for these changes.

Universal Law provides that the physical form for Divine life expression of a species may be altered or reformatted only by those who dwell therein. This means that the DNA of a species of Earth can only be altered through the creative choice of the consciousness that dwells within the body form.

What this means for you is that the human DNA that is responsible for every aspect of your physical presence cannot be altered by other beings, nor can it be changed by you from outside of the physical plane.

[continued on page 50]

Wisdom Books & Press, Inc.

provocative ... haunting ... full of symbolism and vivid visions....

WHY THE END?

Two Millennia Of Prophecy And It's Fruitless Attempt To Awaken Humanity

“The ‘Great City’ of the United States will be destroyed by rockets, and the West Coast will be invaded by Asians, but they will be beaten back ... The Third World War will come, but I cannot predict the year. War will begin on a rainy night, shortly before harvest time, when the ears are full. War will begin after the assassination of an eminent politician in Czechoslovakia or in Yugoslavia. An invasion from the East will follow...”

(Alois Irlmaier, 19th Century)

“The Purification will begin shortly after humans build a great house in the sky [Spacestation began in 1998]. By then there will be fires everywhere and greedy, selfish, power-mad leaders, internal wars. This is the last danger sign.”

(Native American Hopi Prophecy)

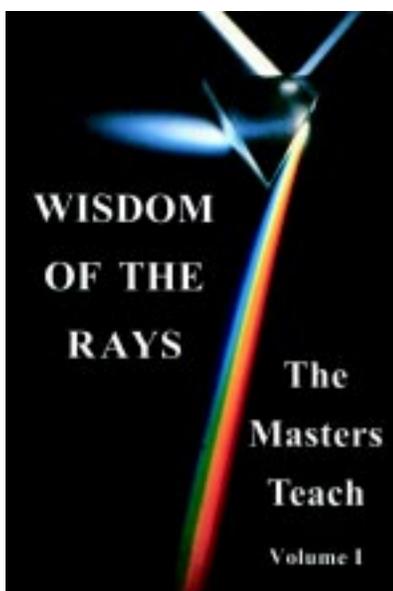
“A great plague will befall mankind in the second half of the TWENTIETH CENTURY. Nowhere in the world will there be order, and Satan will rule the highest places, determining the way of things...”

(The Third Prophecy of Fatima, Portugal, 1917)

Wisdom Of The Rays: The Masters Teach

The expansive yet compassionate nature of the messages delivered in *WISDOM OF THE RAYS: The Masters Teach* not only challenges those already firmly committed upon the spiritual path, but also provides a serious first step to help ones who are just awakening to (and inquiring about) the magnificent Spiritual Transformation now sensed by many to be in progress upon this planet.

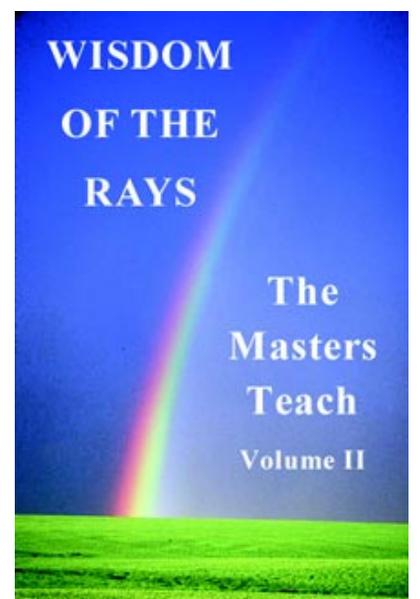
Volume I & Volume II



“Our Elder Brothers from the Higher Realms of Creation are attempting to communicate with ALL of us at this time. Why? Take a look around you. The old ways of doing things aren’t working. Our planet is entering a time of massive, turbulent change and renewal. To put it bluntly: we NEED help! And that’s where this book comes into the picture. Yes, eventually ‘the Phoenix will arise from the ashes’ after this Great Cleansing process, but the ride could be quite a bumpy one, especially for those ill-prepared for what is to happen.

“Just how we choose to deal with such change is THE question each of us must confront. Yet confusion swirls everywhere upon Earth at this time. And restless searchers cry out for that which may help them cope with these truly challenging times ahead. Thus these messages courtesy of our most loving Elder Brothers from the Higher Realms of Creation who are but further along the same spiritual path we all must eventually walk.”

(From the Back Cover of Wisdom of The Rays—The Masters Teach; Volume I)



**preface & introduction by
Dr. Edwin M. Young**
(400 pages + 4 color photos)

**preface by
Dr. Edwin M. Young**
(500 pages)

(See page 72 for ordering information)

How do you change your own DNA? To change your DNA and to change your structure you need to change your emotions. You also need to change your thoughts because to do these two things means to change your biochemistry and your brain chemistry.

It means headaches and nausea sometimes. As these changes occur, you will experience dizziness, feelings of spinning, and loss of emotional centering. During cellular transformation, your body is a constant flow of discarded proteins and structures. Your cerebrospinal fluid is being filled with discarded mineral deposits. You are literally sloughing-off your body and you are rebuilding it. The changes will be very intense and will be very challenging to you during the sloughing-off process.

You are genetic engineers of the new world species. If you agree with this and you are willing, you must rearrange and rebuild your own DNA. You live in your body and you will change it while you're living in it.

Some people have already begun to do this.

III. CHANGES in BODY COLOR

During cellular transformation, repigmentation of the body will occur. Many different kinds of unusual marks (round, red, white, etc.) will appear on the skin of young people as well as on the skin of older bodies. This is a temporary repigmentation process that will allow the skin to come into its true purposes. The skin is an organ that functions as a bridge between the heavy, dense matter of the body, and the less dense matter of the auric (energy) fields of the body.

Within 25 years, a slight darkening of even the lightest people will occur. This relates to the blood cell membranes being enriched by oxygen, allowing them to move in greater numbers and greater velocity through the capillary system closer to the surface of the skin.

IV. CHANGES in BODY SHAPE

You are completing a time loop in your spiritual growth which has allowed you to explore some matters in depth. This time loop is now coming to an end and your body is beginning to change shape as you close that time loop.

As you come back to your original time sequence, you will go back through what you have been in the past. Some people might notice that their head seems to be trying to expand, and many people will have headaches during these times, usually associated with pressures from these changes. It will feel almost like someone is trying to force your head into a larger shape.

Changes in body shape will happen slowly over time. Currently the changes that are

taking place are happening on the inside of the body in the infrastructure in the following places:

- A. in the cellular system in the blood,
- B. in the central nervous system,
- C. in the bone marrow,
- D. in the brain's patterning, how it is firing and receiving information from God.

These are the changes that are occurring now, and for many these create confusion because they feel that something is going on but they cannot see it in the mirror. They look in the mirror and they see that they are very much the person they were five or ten years ago. They don't seem to be having any less wrinkles, they don't seem to be looking any more healthy. This creates a bit of confusion because they know they are working so consciously and so hard on their inner path.

Yet the changes are slow in coming, bleeding through into the outer body. This will certainly occur over time, but it is taking place on the inside now. This is where the base must first be built, deeply on the inside of the body, and will come from the inside out.

In your future, you will see a greater lightness, an expression of the body, expressing its lightness of being. You may see beings that are experiencing a greater thinning or a lightening of your being. Many persons will be feeling taller. There may not be an actual shift in the physical body of growing taller, but there will be that sense of upliftment. The body is expressing upliftment with a feeling of walking tall and of being lighter with the body. Some people will experience weight change, either losing weight or gaining weight as a result of inner transformation.

The body knows how to readjust and reorganize itself because this process is quite natural. This process of transformation has been coded within the cells of the body and is taking place naturally. What people are now learning to do is how to assist what is occurring naturally by being outside, being aware of the foods they are eating, being aware of their connection to the Earth, and by being aware of the direction their body is leading them. The greater you are aware of this, the greater you can assist what is already going on and your body will be continuing at its own natural pace according to the cellular coding for each individual.

V. CHANGES in the ENDOCRINE SYSTEM and CENTRAL NERVOUS SYSTEM

You are already seeing an increase of a weakening in the immune system with the acceleration of the nervous system. There are many new strands of disease (an imbalance) that are coming out in people. More people are experiencing a deeper level of frustration and aggressive agitation that is creating many

symptoms in the body, many nervous disorders and feelings of heating up.

This comes out with explosions of anger and violence. There is an imbalance in the nervous system which can create many disorders, many types of fevers, or any type of imbalance in the brain-wave system as there begins to be a readjustment of the way thoughts are set up. You will see many new disorders or diseases cropping up having to do with the central nervous system as there is this sense that a re-wiring is going on to accommodate the increase in intensity of Light.

It is as though someone is putting in a 120-watt light bulb into a socket that previously held a 40- or 60-watt bulb. There is a greater level of amplitude, of power in the energy going, that you are all of a sudden being plugged into. It is creating not only an acceleration but a greater magnification of energy going through your body. This energy is put in or connected through the nervous system. Unless there is a change in the way many people are going through their daily lives, the nervous system will not be able to handle the increase of energy.

Some things we would suggest would be a greater contact with the natural world, physically, by literally putting the feet into the Earth and the hands onto the Earth. It would also be helpful to be in greater contact with water, such as having water in the home (i.e. an aquarium, bowls of water, or some type of water). This helps create greater balance in the electromagnetic field. This is recommended to help balance the increase of energy that is coming in now and does affect the physical body and its state of wellness.

The etheric body acts as a transmitter and receiver for surrounding energies. This takes place via specific energy centers for the body called chakras. Each chakra is directly associated with an endocrine gland and nerve plexus. Because of their close relationship with the chakras, which transmit and receive this energy, the endocrine and nervous systems especially are now undergoing radical transmutation. The increase in electrical energies is requiring a complete re-wiring of the nervous system, while all the organs and glands in the body are being totally restructured. As you take on the body of Light, most of these organs and glands will no longer be needed, and will gradually atrophy and disappear. In the meantime, it is important to acknowledge the changes taking place in the body and to support the physical body as much as possible.

As more and more Light becomes available, the intensity of electromagnetic energy around you also increases. This means that there will be more rapid neurological activity in the body resulting in higher-intensity impulses firing the central nervous system. The nervous system will immediately attempt to dissipate that energy by sending it back out of the spinal chord. If

these impulses then fire along facilitated pathways into the muscular system, they could cause muscle tightness and soreness. If they fire into the blood vessels, restricted circulation often results. When these impulses fire into the skin, you may experience abnormal thermal sensations (i.e. feeling hot or cold, prickling, itching etc).

If they should fire into the organs and glands, they may inhibit their previously normal functioning. Therefore, we can see the importance of supporting the nervous system at this time as it tries to maintain a state of homeostasis (balance or equilibrium) in the physical body. The body is trying to catch up with the increased frequencies of the subtle body.

One way to do this is to interrupt some of these pathways that the high intensity impulses are travelling along. Just as someone who touches a live wire is held there by the current until it is switched off, so too will the structures and tissues of the body remain in a stimulated state until these pathways are interrupted, turning off the current.

The mutation process is implemented by the central nervous system and initiated within the molecular brain structure. The progressive cycles of change are introduced primarily through the cerebro-spinal fluid, and from there throughout the nervous system generally. During the mutation process you will constantly be sloughing-off whole strings or sequences of proteins. Full systems are being discarded by the body and are being rebuilt with differently structured compounds which you receive through water, air, and foods that are also undergoing electromagnetic reformatting.

You will find fairly high levels of excreted proteins in body fluids such as urine. The body is literally washing away your old body formatting and rebuilding it as you live and breathe and move within it. The restructuring of the DNA means that you will no longer have four bodies. You will no longer have many chakras. You will no longer be a layered consciousness. You will contain no spaces, no gaps within your consciousness or in your corresponding DNA. You will have a spherical model with no gaps or separations. Everything within your system, within your being, will have wholeness, roundness. It is an indescribable thing that you will build.

As we go through cellular transformation (the period of transitioning from the old, dying world into the emerging new world), there will be times when you may feel "disjoined" as if your body is out-of-phase with everything. This will be frustrating for you within your mental and emotional bodies. You may feel less functional, which will occur as you release the old ways and before the new ways have been fully formed. This changeover period will cause you to have a tendency to have lower self-esteem.

It will also bring up a variety of survival issues. You will need to use capable bodyworkers to help you in releasing energies. These energies are held in the crystalline matrix within the structures and tissues of your body. When bodywork is done in conjunction with sound, it is especially effective. Connective tissue work will also be useful as will neuromuscular therapy. Bodywork such as this will help to re-pattern and open your nervous system, and it will also break down crystallized energy.

Cranial-sacral therapy, done by a capable bodyworker, may also be helpful in integrating the energies in your body. As the increased energies are being integrated into the body, some may benefit from chiropractic adjustments as there may be periods when you are prone to distortions and subluxations of the spine due to changes taking place in the body. There are many homeopathic remedies that you may try, as well as gem and Bach remedies that you may find supportive to your emotional and physical bodies. These can be obtained in your local health food store.

VI. EATING and DRINKING HABITS

A. EATING HABITS

People are already finding a desire to eat in a different way. They are seeing a great shift away from the denser foods (i.e. meats and heavy proteins) and from foods that are heavy and will stay in the body longer and will create greater density in the body. During cellular transformation, your sustenance will be coming more and more from The Light of incoming energy vibrations, and less and less from physical sources. This Light pervades the universe and also affects changes in body cells during transformation. This can result in changes in eating habits and changes in your appetite. There can also be a completely new arrangement of your intake of nourishment.

Heavy or greasy foods cannot be digested because the body is no longer functioning with heavy foods that don't vibrate with your changing body vibration. You will be drawn to the foods that best harmonize with you as a being of Light. This means, for some people, sustaining yourselves with very sparse diets which will make you feel terrific. For others, the choices of foods may be different.

You will probably notice physical changes in your body that ultimately will lead to physical healing. Eat as many raw and pure, unprocessed and uncooked foods as you can. This means eating mostly fresh fruits and vegetables, which result in a basic detoxification diet. You must listen to your own body and eat what is right for you. Your body's needs will probably change rapidly during these times. You may have weird cravings for foods you don't normally eat. You may have a huge appetite one day and hardly

be hungry the next. You may experience intense cravings for certain foods, some of which you may not normally eat. What's more important is to stay in touch, moment to moment, with your body as it guides you to the foods and support that it needs. All you have to do is to listen to your body.

Part 4: June 1, 1999

In addition, you may occasionally experience disruption to the digestive system, resulting in stomach ache, gas, or bloating partly due to the increased intensity of energy in the third or solar plexus chakra. The fifth, or throat chakra is also a very powerful energy center, and its physical counterpart, the thyroid gland, is particularly vulnerable to changes in electromagnetic energy. This gland regulates the metabolic processes of the body, and in many cases is trying its hardest to keep up with the increasing vibratory rates.

Some of the transmutative symptoms that commonly result are unexplained weight gain or loss, sluggishness, altered sleep patterns, and again, feeling more tired and fatigued than usual for no apparent reason.

More fruits and vegetables will be extremely important to your diets. You will find that many fatty foods will not work in your body during these changing times of cellular transformation. Many people have been eating meat, which will still be of some importance to them. However, many people will start to let go of these denser foods during cellular transformation. Some heavier grains may be too dense for your body as the inner body-changes occur.

There are some very good nutritional substances that are from Nature, that create a balance in the amino acid tract. For instance, your food called spirulina is one of them, foods that are now coming out that are termed cell foods. These are foods with a high degree of "life force" and they are very good on an overall general level. We suggest that using these new foods, or any types of supplements, be done directly through accessing one's own body wisdom.

By eating differently, you are also helping to detoxify the Earth, its surface, and its atmosphere. As you do this, visualize a white light pouring through your body and into the Earth, lightening the dark spots, and loving all your parts. Cleansing your body will result in a cleansing of the Earth. Honoring your body with pure and natural foods (as Nature intended) is honoring the Earth and the Earth's offerings in a way that is without equal. After you cleanse your body, you will begin to strengthen and to heal any of the body parts that were weak or tired. During cellular transformation, the body may require certain nutrients that it didn't need before (i.e. fats, proteins, carbohydrates, vitamins, minerals, and

hormones).

We would recommend that each one learn to go inward and reconnect to the body wisdom and learn to ask and receive from moment to moment as it changes constantly. One day you might have need of a great deal of carbohydrates, in one form or another; on another day you could need to take quite another kind of food supplement, when your body has, for instance, balanced itself with one type of food, chlorophyll or green food. We would then move your focus to another to create another overall balance. Generally it is important to listen to the body and to keep current with that information so that you are working on a moment-to-moment and daily level of awareness.

We encourage each person, and would suggest that you encourage each person, to come into a greater connectiveness and awareness of their own individual body, by learning to ask the body, and then learning to open to the body wisdom. You should ask your body directly: "What on this day do I need to operate at a high level of balance. What on this day can I do to create a sense of flow in my life?" If we would give out formulas, people would tend to hold onto that formula and would create a series of boxes as to what they should do. We tend to avoid this type of advice because each person is so unique, and what may work very well for one would not create the openness or the flow for another.

B. DRINKING HABITS

The quantity of water that you drink will also be extremely important to you during transformation. The water we drink allows the "electrum" (Light lowered in frequency or slowed down to a greater density as it enters the body mass) to flow through your body.

The more water you drink, the easier it is for the Light energy (another of its many names would be prana) to enter your body and move through the physical body, rejuvenating the organs of the body. It would be wise during this time of cellular transformation to drink plenty of water (at least a gallon a day).

The additional water allows the Light to move through the body faster. Light is an electrical force in our density and the additional water assists the movement of the Light. From your perspective, you cleanse your body with additional fluids. The additional water permits the Light to move through your body as it brings new life into and through the body.

There have been very significant fluctuations in the fluid retention levels in the body tissues. This is due to the need to keep the water content in mutating systems very high. In order for the mutation process to be as comfortable as possible, you will need to keep your intake of water up. If you do not,

your body will attempt to retain fluid in order to ensure that the element flow within your system is maintained.

Why is this important? It is because, during the mutation process, you are constantly sloughing-off whole string or sequences of proteins. Full systems are being discarded and rebuilt with differently structured compounds which you are receiving through water, air, and foods that are also undergoing electromagnetic reformatting. In other words, you would find fairly high levels of excreted proteins in such body fluids as urine. You are literally washing away your old body formatting and rebuilding it as you live and breathe and move within.

It is quite helpful for people to go into a diet that contains more water—not only water in its pure form, but through the fruits and vegetables as well. This creates a greater Lightness in the body and helps the body to reorganize its electrical structure. It is really quite simple, if you think of it; it is more of a movement away from the density and complexities of what you have termed your modern world and moving into a greater state of purity through which you may receive the Grace of this transformation.

[Editor's note: I want to jump in here briefly to remind everyone of an important caution. The advice to drink more water is good for many reasons. However, in this time of overtaxed municipal water systems as well as so many "bugs" and other contaminants in so many sources of water, it is imperative that due diligence is taken to make sure you don't end up getting sick from the water you are drinking to get healthier! Remember to clean up that water before consuming it. Two possible ways of helping to do this is to boil your water and/or add at least 10 drops per gallon of 35% food-grade hydrogen peroxide.

The same caution extends to the advice to eat more water-containing fresh fruits and vegetables. Due diligence must be exercised in choosing the source of those fresh fruits and vegetables as well as in their cleaning—or else you end up ingesting more pesticides, etc., along with that extra water content.]

VII. ENERGY FLOW in the BODY

During cellular transformation in your body, there will be increased energy flow felt mainly in the parasympathetic system of the body—lower limbs, legs, junctions along the spinal column, and especially the ganglia where the lower lumbar are positioned, and in the shoulders. Electrical sensations will move up and down the limbs of the body. Some people will also experience sweats and migraine headaches. You will notice increased energies when manifesting a thought. It is good to be cautious with these energies and your thoughts because they will become magnified during the time of transition during cellular transformation.

VIII. EXERCISE HABITS

We have mentioned the importance of drinking lots of water during cellular transformation. It is also important to partake of mild physical exercise (i.e. walking, hiking, swimming) which will be extremely supportive during the changes. The exercise from dancing also is particularly powerful because many energetic pathways can be cut short and integrated throughout the body with the movement involved in dancing.

[Editor's note: Strenuous or taxing or a "fanatical" amount of physical exercise is counterproductive to the condition of balance that is the aim. For example, going out on a hot afternoon for a run, just so you can collapse of a heat stroke, is not a particularly useful step toward good health. A long time ago Edgar Cayce said: "After breakfast, work awhile; after lunch, rest awhile; after dinner, walk a mile." He considered walking the best exercise (followed by swimming), especially a walk during which you take the time to "stop and smell the roses" along the way. It is amusing that at least three separate medical research studies have hit the general news media in recent weeks announcing the overwhelming benefits observed from walking on a regular basis.]

IX. EYES

The white portion of the eyes may gradually change color, may become bloodshot, and may become slightly darker. In some cases, this may create a slight tinge of rosiness in the eyes or a slight tinge of brown or green, but in most cases the color will be rosiness. This change relates to the increased velocity of blood near the surface of the eyes that can be viewed. The visual field of the eyes will alter and you will begin to view dimensions differently as your physical sight is adjusted as it interacts with the opening of the third (inner) eye, between and slightly above your present outer eye positions.

X. FINGERNAILS

More ridges may appear in the fingernails at the smooth, light, half-moon line at the base of the fingernail. This part of the fingernail may begin to vary and may become rippled.

XI. HAIR

A change in the hair may occur, where the hair is on the body, and in the thickness of the hair, which will gradually become thicker over several years. This change will be sufficient so that it will be measurable.

XII. HEAD

As you begin to reformat, things have broken loose, pieces coming out of the tissues in your bodies. In your heads, in your skulls, those who are mutating and even those who are considering preparing for this, there are many mineral structures that are being sloughed-off into the cerebro-spinal fluid. This material moves into the spinal column, through the nerves, and out into the tissue, so that if you recycle this discarded material, you will become very uncomfortable. There may be disturbance sensations within the head, eyes, spine, and nerves (i.e. dizziness, headaches, pressures in the head—usually from back to front and may also be from side to side).

The primary place where mutation occurs is in the DNA of the brain. What this means is that certain brain functions are going to be a bit difficult. Your vision will be affected; you're most certainly going to be affected in terms of headaches; to some extent your hearing will be altered; and, most of all, your ability to feel that you can maintain a sharp focus all the time will be affected.

Your head is literally beginning to contain material that is capable of electrically short-circuiting. If you have a sense that you are losing your mental clarity, that certain things are happening in your head, including headaches, that make you feel that you have short circuits within your brain, that is due to the sloughing-off of this material.

Mood swings are also symptomatic of the body's attempts to integrate more Light. There may be moments when you feel wonderful and have a great deal of energy, followed by a sudden crash and depression as you experience the pull of the old world.

XIII. HEARING

The auditory range of the ears will expand so that you will be able to hear the presently inaudible sounds of God's creation within you and which surrounds you. This change will enable you to have faith in God from hearing the sounds in your ears. Ringing or tones in the ears can also be transmissions from spiritual entities from other dimensions. Information from these sources makes itself known to you at the appropriate time in your particular spiritual walk.

XIV. HEART

Heart palpitations may be felt at times as your heart becomes in synchronization with the rhythm of the Earth's heartbeat. Changes may also be experienced in the heart muscle tissue, and striations in the heart muscle tissue will begin to show more variations. The tissue will seem to be spreading out as the heart muscle becomes denser. This change will allow the

heart to last longer and to create a normal life span of 150 years for an individual. The normal pulse rate will increase about three to four beats over the next ten to twelve years.

You may see a greater constriction around the heart as many people react to the energy of Love and Light that is coming in greater magnification. More heart attacks or various illnesses will occur where there is restrictive flow of energy around the heart center. This can be avoided with a greater awareness of that energy and a greater openness to the emotions—letting go, not having so much of the emotions held into the body, but finding ways for the emotions to be harmoniously experienced. The emotions are to be felt, not denied, and the emotions can then create more of a flow and less of a closing of the life force.

XV. HOT AND COLD FLASHES

These will be felt more by many people as cellular transformation occurs in the body. It is like your engines are being rebuilt and the temperature gauge is being replaced. It is similar to an engine in a car where the temperature gauge is outdated. So, in a way, you are finding that, as you are building new information into the body, into the cells, you are redesigning the different aspects of the physical body through this transformation.

So, as this is happening, there is a greater gap in what is being experienced, a greater experience up and down, a greater experience of upheaval. Much is being tossed around, much that is no longer working and that is outdated is being tossed out as new data and new equipment is being gradually introduced and built into the body.

This is happening for all beings, whether they are conscious or not. Those who are choosing not to stay on the planet, although they may not be conscious of their choice at all, have decided not to undergo this level of acceleration and change in the body. Those who are choosing to be here at this time, during this rapid acceleration and shifting of the physical body, of the physical mind, and of the emotional system, are going to make those choices either consciously, for many, or unconsciously, for many others. But all will definitely be affected by the energies. All will experience, on some level, a shifting in the body, as the body moves naturally to a higher level of receptivity and alignment with its Source.

Part 5: June 3, 1999

XVI. MEMORY CHANGES

More people are now able to tune their consciousness to receive unseen forces or wavelengths from the universe and to use this new consciousness to transform themselves into

a new way of being. These new incoming impulses of energy are affecting the cells that compose the mental, emotional, and spiritual bodies. People are manifesting, on every level, this incoming Light with your whole being. There will be times when you will be inspired with flashing memories, recall of past situations and lives, and other realizations. Insights that are eternal and cosmic are beginning to infiltrate your body and to illuminate the human mind in a way that inner body cells will activate. The mental capacity of people will increase considerably during this time of cellular transformation.

Conversely, you may find yourself in the middle of a sentence when suddenly you completely forget what you were going to say next. You may be thinking about something that happened when you have difficulty accessing the memory of the event. As you move into a state of Grace during cellular transformation, the harder it will be to reference your past through your memory system. All useless data is being eliminated from your memory files. In mastering limitation, past referencing of data was useful because of your acceptance of that reality based on your beliefs and prior experiences. Referencing of data from the past is falling away and people will not have to keep past, limiting memories alive.

XVII. MENSTRUAL CRAMPS

Women may notice a lightening of blood flow during menstruation with less flow and less cramping. Some pregnant women will have easier and shorter childbirth with less pain and labor.

XVIII. OUT-OF-BODY EXPERIENCES

There will be more out-of-body experiences as cellular transformation occurs. This experience will also be accepted more by the public in general. It will be accomplished by more people and the experience will become more popular and will become more fun as more people experience it. Out-of-body experiences have already been increasing for many, as there is a thinning in the veil between dimensions. When a being has decided to take on physical form, there was a veiling. As many go consciously on their path and open to receive the Greater Frequencies of the true multi-dimensional self, there is greater wholeness and alignment with the soul. The body is going through a process of this thinning of the veil, and a gradual release of this protective device is occurring.

As this veil is thinning, you will realize that there are no boundaries between your physical self, your Higher Self or Soul Self, and your multi-dimensional being. Many are beginning to experience greater contact with, not only beings from other realms, but with other aspects

of themselves as they are pure energy. For many, this is quite a challenge to begin to experience connection with themselves as they exist beyond time and space as pure energy. But as the veil thins, this is one of the experiences that occurs with greater amplification or intensity and occurs more often.

Now, as far as the out-of-body experiences, the spiritual entities are challenging many to include their body awareness and not to leave it behind whenever they travel out-of-body and wherever the consciousness creates a focal point in their awareness. This may include another dimension such as inter-dimensional traveling or traveling beyond time and space with the consciousness. It seems now to you that you are not going anywhere. But the consciousness truly does experience inter-dimensionally and frequently, for instance, enters into this realm and dimension. It may thereby access the energies and those frequency sets and the patterns and information you wish to seek from beings living in these other dimensions.

This is really not quite so difficult as it may seem. It is a natural skill that again has been shielded against and many are not quite ready to move into that level of multi-dimensionality. Many are becoming more interested in going into the consciousness of the Earth because there has been a call put out by the Earth. Many are unconsciously or consciously responding to the call to begin to work consciously and directly in direct alignment with Mother Earth's energies.

This will assist the individual, the mass human experience, and will assist in the transformation and balancing of Mother Earth's transformation or mutation. It is very beneficial for those who are feeling a type of curiosity or interest or a type of draw to this call, to begin to explore how it is that they may travel into and align with the consciousness of the Earth. It begins through a prayer of intent that you truly intend to move into this level of assistance. This is the first doorway that one would go through. And from there, you would need to be open to many surprises, for it can happen and it can happen quickly for some. They will find themselves in a very deep awareness, in a very deep alignment with the consciousness of Mother Earth. From there, the choices are infinite.

XIX. SINUS and EAR DISTURBANCES

Disturbances in these areas are one of the primary signs of cellular transformation. More people are experiencing sinus conditions (i.e. discomforts, drainage, and headaches). These increased disturbances will continue to occur during cellular transformation. Major changes will occur in the sinus since they function in the body primarily to create balance. These

changes relate mainly to the fact that the body has been thrown out of balance during cellular transformation. Your physical body responds to the changes by over-reacting to slight stimulation by biologicals, such as pollens, not originating from itself.

Flu-like symptoms, sinusitis, and congestion, specific aches and pains, and feelings of toxicity may be other reactions you will experience from the increased intensity of incoming energy. When these disturbances happen, the body is reaching a threshold. It will pass beyond this threshold as the body's capacity to handle more Light increases. During these times, it will be especially useful to take more baths and to drink lots of water. This will help your body to facilitate these changes more easily. Swimming will also be helpful in this respect, since water is very soothing and relaxing as well as being useful in balancing your energy.

Part 6: June 11, 1999

XX. SLEEP AND DREAMS

We are moving into the fourth dimension at the present. This is creating a temporary confusion of time. You will have dreams that are erratic and strange sometimes. You will wake up and feel emotionally confused. Your sleep patterns might be totally disrupted. Perhaps you have slept eight hours a night until recent times. Now you are struggling to get six hours of sleep and don't know why. What we would want you to know is that sleep patterns are going to be very different. You might find yourself sleeping many more hours than usual and having to take naps during the day, then needing very little sleep at all and having an abundance of energy.

What you are going to find is that the more Light you bring into your body, the less time you are going to need for sleep. What will be happening is that it is not for you to replace this sleep time with third-dimensional busy living. It is important for you to be able to use this extra time for getting in touch with and adjusting to your Higher Aspect. You will just start to have a conscious awareness of what you are doing, but your unconscious will be using this time for greater en-Light-enment. This is happening because you are moving into the fourth dimension.

In this new dimension the experience of night and day is totally reversed. Most people are used to being up and around in the daytime and asleep at night. You are in a power struggle within yourself. It's as if part of you is anchoring into the fourth dimension and is trying to live in one way, while the rest of you is here in the third dimension attempting to continue as in the past.

Your dreams might seem so jumbled at times, because the dream life usually makes the

move from third to fourth dimension before the physical life. Your consciousness is shifting back and forth. You are having a glimmer of that experience in your dreams. Sometimes your dreams are not just great, but they are also sequential. Then, at other times, you wake up and they feel more jumbled than ever.

You are going to need to cut down on television and radio usage, and you are going to find that even your electric lights are going to start to handicap you, so we would expect that you would start to cut down on those as well. Part of what is going to happen in your world is that there is going to be a lessening of the need for so much electricity and you will want to spend more time in spiritual development.

[Editor's note: Along with the general comments above concerning electricity, many ones will be noticing that electrical devices, which did not bother them before, will start to be an annoyance. For example, the electrical noise radiated by computers, such as the one I am working at now, will be a particular annoyance to many, especially in this age wherein just about everyone and everything is computerized! Likewise, more will notice (and thus be annoyed by) the flickering of electric lights powered by usual alternating-current sources. Usually this flicker is slightly above conscious perception—but not anymore.]

What you are becoming more sensitive to is the secret of a great deal of Nikola Tesla's work. (How's that for a riddle?) That is, you are becoming more sensitive to the underlying etheric disturbances that cause what is physically perceived as electrical phenomena. Present science only addresses electricity from a physical perspective and does not bother to consider that the physical "stuff" we call electricity may actually be an effect of (or secondary to) some underlying nonphysical processes. It is that underlying nonphysical domain wherein are precipitated into the physical—to borrow a phrase from the younger generation's jargon—the really way cool phenomena affecting both space and time, including such things as are currently recognized as spatial (teleportation) and temporal (time machine) distortions (remember the Philadelphia experiment, for example) as well as so-called "free energy" effects.]

XXI. SWEAT and TEAR GLANDS

Changes in the tear ducts and sweat glands of the body will take place during cellular transformation. As to the sweat glands, most people now sweat less than they did about five years ago. Most people, during cellular transformation, will sweat less than they formerly did, but it will be a minor change which will be observable and measurable. As to the tear glands, your tear solution will be slightly denser, thicker, and will be composed

of more mineral compounds. This change will also be measurable.

XXII. VIBRATIONS in the BODY

Some people are experiencing a vibration in their solar plexus ("gut") area from time to time. They have noticed this vibration increasingly for the past several months. This is part of the changes occurring during cellular transformation. The Earth also is experiencing a vibration from time to time. These vibrations are designed to change the very matter of the Earth's and your substance. The changes are going to slowly add certain etheric components that exist in possibility and probability and that exist within the encompassed objectives of your soul's journey through this planet.

These changes are going to mix these etheric components in and out of your physical body in the same way that you would dunk a tea bag into hot water to achieve a final refreshing drink. The vibration of your entire body is shifting to a higher frequency during cellular transformation. Some are experiencing many different physical symptoms which can be strong at times or can be very subtle.

Within this lifetime, there is more evolution taking place in your body than in the total of all previous lifetimes on this planet. A transformation change is taking place in your body as well as in the Earth. The very cell structure of your body is changing, which will allow you to withstand and integrate these higher frequencies of energy.

These body vibrations will occur through a process of induction as the Earth's force couples with the body. One way to balance and move this energy through the body is with physical exercise (i.e. walking at least several miles a day).

SUMMARY

As the process of cellular transformation progresses, you may feel weighed down by an erroneous sense of unworthiness. All the darkness contained within yourself in your head, you regard as your own little sins. Because of the heaviness and darkness you brought with you when you incarnated to this planet, you could not imagine that you were pure and Divine enough. You could not imagine that you were good enough and clear enough, as well as bright enough, to hold the Christ (Light) Energy in your body.

You are dealing with immense biological changes and you also have all the psychological, mental/conceptual and emotional issues that you inherited when you arrived to deal with as well. You have to deal with many complicated issues in your life, some of which you are not aware of at the present time, and are all contained within your body.

As you mutate, all of these things are being

thrown up by your DNA. You do not have them inside of you because you did something wrong. When things have been coming up from the deep places within you and have not felt good, it is not because you are doing anything wrong. It is because you are doing the right thing, and the old things inside your bodies have to surface. You have to pull them out and they will come out of the DNA of your bodies. They will be sloughed-off in your body and at the etheric levels also.

You've got a genetic scorecard, and you've got a scorekeeper who keeps ticking off whether you're getting it right or not. Every time you don't get it right, you clench at every level of your being. Every time you get it right, you kind of bloom, except that there's always FEAR that you won't be able to hold on to this rightness. So you can see that it is time to release that idea. Such judgment is not useful to you.

There is constant fluxation in your energy system that registers when you have done well and when you have done badly. The feelings of being judged harshly cause a certain clenching in your biochemistry and a knotting-up occurs within you. That clenching causes a clustering of the material you're trying to release because of the transmutation process. Clenching interferes with the sloughing-off process and with the rebuilding process going on within you.

Therefore, every time you make a harsh judgement of yourself, you sour the Ph balance in your body. This Ph change interferes with the electrical flow within the body. You also cluster into lumps the disposable garbage in your body and these are harder to pass out of your body. Excessive and harsh judgement, therefore, interferes with the transmutation process.

Each person, in their uniqueness, will be more attuned to certain energies than other persons. The analogy could be made of having an antenna calibrated to receive a particular radio station. Different people will resonate with different wavelengths or at different vibrational frequencies. Whatever wavelengths your particular design is calibrated to, these wavelengths are pathways cut in your consciousness. Once you have begun to transmute (change), the energies of those particular frequencies of the universe will take advantage of these pathways to supply more and more of those energies to you. This is your unique contribution to the whole.

It may appear that issues you thought you had dealt with and resolved, have suddenly re-emerged in your life, bigger than ever, with even more intensity and drama than before. It is useful not to identify these issues as being your personal "stuff". You need to recognize only that these energies are present, and then let them move through you.

You need to understand clearly about the

painful acts and the things you have called "bad and wicked". If you knew what was really going on and if you understood the essence of the actions, you would understand that they were necessary and appropriate for you to grow and to change.

All harsh judgements on anything, such as on food, body aches and pains, clothing, your dealings with others, etc., will affect your body and the transmutation process going on within your body. These harsh judgements are destroying the balance within your body. They are making the transmutation process difficult, painful, and very depressing as you continue to judge not only yourself, but others as well.

This is something that you will have to quit doing. You will have to move into self-acceptance of yourself, as well as of others, in order to create a biochemical and an electromagnetic environment in your body that will optimize the opportunity for the body to transmute easily. This then will occur with some balance and with some stability and sometimes with an emotional sense of well-being.

There is nothing which is being taken from you during cellular transformation (mutation) without your consent. It is something that is being purged from your system because you are desiring to increase the frequency of your vibration. This is referred to by some teachers as "Ascension", which is simply increasing the frequency of your vibration. There is greater perception and a greater desire for love and harmony and peace among many people.

As their vibrations increase, then the people of the Earth must take into their own hands how they wish to construct this peace and harmony as well as this love and this truth. It will soon become evident that in the negotiations between nations and between individuals (in a business sense and in an economic sense) there will be no longer the possibility of one hiding from another—for where ones lie, the others will detect it. The people of the Earth are becoming far too alert. This is partly what is meant by increasing the vibration of the Earth.

* * *

The following prophetic sources of information regarding mutation or cellular transmission in these End Times were studied for this montage:

1. "July 1993 and Beyond". Vyawamus through Barbara Burns. *The Sedona Journal Of Emergence*, July 1993, page 16.

2. "Prophecy by Gordon-Michael Scallion". *The Sedona Journal Of Emergence*, December 1993, page 12.

3. "Becoming Light". The Brotherhood of Light through Christine Bearnse. *The Sedona Journal Of Emergence*, November 1993, page 64.

4. "It Is Time To Incarnate Fully". Robbyn and His Merrye Bande. *Spirit Speaks*, issue 24, page 57.

5. "The Shift Into Fourth Dimension". The Spirit of the Physical Master through Robert Shapiro. *The Sedona Journal Of Emergence*, September 1993, page 3.

6. "From the Annals of a Channel". Brotherhood of Light through Fernella Rundell. *Connecting Link*, issue 21, page 84.

7. "Dreams of the Future". Speaks of Many Truths through Robert Shapiro. *The Sedona Journal Of Emergence*, December 1993, page 6.

8. "The Expansions of July". YHWH through Arthur Fanning. *The Sedona Journal Of Emergence*, July 1993, page 8.

9. "In The Beginning: The Ascension Planet". The Pleiadians. *Spirit Speaks* #50, page 15.

10. "Change Is Eternal". Joopah through Robert Shapiro. *The Sedona Journal Of Emergence*, August 1993, page 14.

11. "Self-Acceptance: The Key To Ascension". Vywamus through Barbara Burns. *The Sedona Journal of Emergence*, August 1993, page 44.

12. "Dance With The Deva". Vywamus through Barbara Burns. *The Sedona Journal Of Emergence*, December 1993, page 9.

13. "Increase Your Awareness". From Merlin. *Spirit Speaks*, issue 24, page 52.

14. "The Awakening Of Mankind". YHWH through Arthur Fanning. *The Sedona Journal of Emergence*, September 1993, page 18.

15. "Look To Yourself". Zi Solhara and Zi Alhambra through Leondra Robin May. *The Sedona Journal of Emergence*, November 1993, page 66.

16. "Earth Changes Create Body Changes". Speaks of Many Truths through Robert Shapiro. *The Sedona Journal of Emergence*, July 1993, page 27.

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21. "One Song: Love". YHWH through Arthur Fanning. *The Sedona Journal Of Emergence*, February 1994, page 22.

22. "Quantum Mechanical You, Part 1". Vywamus through Barbara Burns. *The Sedona Journal Of Emergence*, February 1994, page 30.

23. "The Unified Heart" through Elora Marie-Ana, 626 Walden Circle, Boulder CO, 80303; (303) 499-3643. 

Waco And The New World Order The Astonishing Connections

Editor's note: When Janet Reno started to dance the "squirm and wiggle" recently to the newly released "music" being played by the Texas Rangers about the 1993 Waco, Texas massacre, we asked a good Texan and superb research journalist to look into the matter.

We never expected anything as thorough as what you are about to read—but we are nonetheless delighted to share this with you, and we publicly thank Calvin for preparing this analysis on very, very short notice.

The important thing to appreciate is just how many matters are connected together across different times and places. So, to look at Waco as some sort of isolated incident is about as far from the truth as it is possible to distort reality.

8/31/99 CALVIN BURGIN

What is the truth about the Waco Massacre? The Branch Davidians and Waco are currently hot topics in the news. Most reports, however, are missing the fact that *the Waco massacre connects directly or indirectly to some other very hot topics — such as the John F. Kennedy Jr. plane crash, the President Kennedy Assassination, and the Oklahoma City bombing, for starters!* These seemingly unrelated and isolated events are in fact all part of the same ongoing struggle for power. The KEY to understanding the connections is very carefully censored from most of the reports.

The Stern Gang

To understand this key, let's go back to the Bolshevik Revolution and the founding of the nation of Israel. In the book *Diplomacy By Deception*, Dr. John Coleman tells the story of George Hill, son of a Jewish merchant with connections to Salonika in the time of Czar Nicholas II. George, who lived in London, was an MI-5 courier for Wall Street and the City of London financiers backing the Bolsheviks. The money was channeled through Maxim Gorky. In 1916, Hill was

promoted to MI-6 and sent to Salonika by MI-6 chief, Sir Mansfield Cumming. From Salonika, Hill reported intelligence information to Cumming concerning the progress of the plans of the Bolsheviks for the coming revolution—already 10 years in the making. On Nov. 17, 1917, Cumming ordered Hill to Moscow, where he at once became a personal aide to Leon Trotsky. Hill devised a plan for military intelligence which became the basis of the Soviet GRU intelligence service. Hill and Trotsky were its founders.

Later, Hill was sent to the Middle East where he set about organizing and training the Jewish Irgun and Stern gangs, with the vast majority of officers and rank and file of those gangs coming from Bolshevik Russia. The intelligence service Hill set up for the Irgun was adopted by the Israeli secret service, which later became known as the Mossad.

The Stern Gang was one of the infamous groups of terrorists in Palestine in the 1940s. A leader of the Stern Gang was Heinz Stern, who is now commonly known as Henry Kissinger. The Stern Gang was named from Avraham (Abraham) Stern, born in Poland in 1907 and died in 1942. Kissinger's mother's maiden name was Stern. Avraham's underground name was Ya'ir and he was founder of an organization later called "Lohamei Herut Israel (Lehi)", which was commonly known as the Stern Gang. A reward was posted for him and he was killed when the police stormed his house in 1942. One of the reasons the police were after him was because he was working with the Nazis.

Menachem Begin

Menachem Begin was a famous member of the Stern Gang terrorists. He eventually became Prime Minister of Israel. Begin was asked by Mike Wallace on the *60 Minutes* TV program: "Did you really introduce terrorism into the politics of the Middle East?" Begin answered: "Not just the Middle East—the whole world!"

The British government issued a One

Million Dollar Reward poster for the arrest of in a moment. Menachem Begin. Later, as politics shifted, the reward was cancelled and Begin became a "good guy" to the British, and eventually became Prime Minister of Israel. Begin had strong connections with the Soviet Bolsheviks through Edgar Bronfman and Armand Hammer.

Working closely with Begin was a terrorist named Mathilde J., who married Arthur Krim. She later became a geneticist and a resident biologist at the American Cancer Society. Arthur Krim was the chief lobbyist in Washington for the major film companies and a major fund-raiser for Zionist groups. He became a close friend of President Lyndon B. Johnson. Krim and his wife were guests of Johnson's at the White House when the Israelis attacked the *U.S.S. Liberty*, killing many of her crew. Mathilde Krim became a director of the Rockefeller Foundation, and Arthur Krim was chairman of United Artists (Orion Films) and personal attorney to Armand Hammer.

Another member of the Stern Gang was Abraham Davidian, a name we shall return to

Yitzhak Shamir

Yitzhak Shamir was a member of Stern, he also later became Foreign Minister and Prime Minister of Israel. Shamir and his Irgun Zvai Leumi terrorist group which developed out of the Stern Gang worked closely with Nazis and the German Abwehr during and after World War II, fighting against the British.

Shamir said that his "favorite American" (his own words) was Zionist TV evangelist Pat Robertson. The Israeli government awarded a commemorative medal to Robertson for Robertson's support.

On March 6th, 1983, the *Jerusalem Post*, confirmed, "Christian fundamental sects working together with Jews seek to rebuild the Temple of Solomon." Stanley Goldfoot, Temple Mount Foundation's Israeli representative, was quoted by the paper as saying, "The real Zionists in the U.S. are not the American Jews but the Christian

evangelicals, since these Christians feel that we are coming closer to a critical period in history, and they want the Jews to fulfill prophecies and thus *hasten the second coming of the messiah*. The evangelicals affect 20 million people a day in America. ***They are a great asset and must be used as such.*** The Temple Mount Foundation has its origins within the Stern Gang, and is being directed behind the scenes by British Freemasonry. Coordinator of the "Temple Mount Faithful" was Stanley Goldfoot, the man suspected of master-minding the blowing up of the King David Hotel. Yitzhak Shamir was a supporter of the Temple Mount project.

An article about Shamir appeared in the *Globe & Mail*, Toronto, Canada, Sat. July 4, 1992:

[QUOTE]

Prime Minister Yitzhak Shamir headed a special hit squad during his 10 years in Israel's Mossad secret service, an Israeli newspaper reported yesterday.

Mr. Shamir's spokesman, Ehud Gol, refused to comment on the report in the respected daily *Haaretz*. "We never relate to anything that has to do with the activities in the secret services of Israel, even when it comes to the Prime Minister," Mr. Gol said.

Isser Harel, who headed the Mossad during the time in question, also declined to comment.

Mr. Shamir, who announced he plans to retire after his Likud Party's defeat in last week's election, has rarely spoken about his career in the Mossad.

He once said of his work: "I changed names, passports and identities. In various places, I would go armed."

The *Haaretz* report said Mr. Shamir headed the assassination unit from 1955 to 1964. The unit carried out attacks on perceived enemies and suspected Nazi war criminals, *Haaretz* reporter Yossi Melman wrote, citing unidentified foreign sources.

In February of 1963, Mr. Shamir dispatched a squad on two unsuccessful attempts to assassinate Dr. Hans Kleinwachter, a German scientist suspected of helping Egypt develop missiles, Mr. Melman wrote. In September of 1962, another German scientist working for the Egyptians, Dr. Heinz Drug, disappeared mysteriously. "It was suspected that Mossad agents killed him." **[Shamir was the one who pulled the trigger with the fatal bullet—point blank—less than 6 inches away!]**

Mr. Melman wrote that Mr. Shamir recruited to the unit former members of the Stern Gang, the ruthless Jewish underground group he led in the fight against Britain for Israel's independence.

Mr. Shamir and his Stern Gang colleagues were recruited, in part because they had "a lot of experience in murder, assassinations,

Books Available From Calvin Burgin

Fire From The Sky—The Battle of the Harvest Moon. True story of the Space Shuttle, airline crashes, etc. October, 1994. 256 pages, with index. **\$25.00**

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Heptameron—Volume I. Uncensored history of our origins and overlords. January, 1998. 180 pages, with index. **\$18.00**

Akhenaton: History's Greatest Secret Comes To Light. A search for the real original monotheist. This document is included in *Heptameron II (Untangling the Web)*, so if you have *Heptameron II* you do not need this document. December, 1998. 70 pages, with index. **\$10.00**

Heptameron—Volume II (also called Untangling the Web). Documenting the hidden history of the Hebrews, the British and Americans, and Europe. Includes *Akhenaton, History's Greatest Secret Comes to Light* as an appendix. June, 1999. 280 pages, with index. **\$20.00**

Herman Hoeh's Compendium, Volumes 1 and 2. Herman Hoeh was my minister back in the late 1950s and later. He began a search for the truth about history, using the resources of a college of which he was a head, and I spent many thousands of hours with him and his people trying to figure out what was the truth. He published a revised history of the nations, based on what he and his team learned, from the viewpoint of the Bible being true but suppressed history. However, as he grew in understanding, he began to learn things that did not set well with the church. The church suppressed his findings, and he shut up and retired. I later used his material as a foundation from which to begin a larger search for the "Big Picture". If you want the *Compendium*, Volume I is 345 pages and Volume II is 280 pages, both indexed with bibliography. They are **\$25.00 each.**

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planting bombs, threats, and harassment”, Mr. Melman wrote.

The underground group assassinated Lord Moyne, Britain’s resident Mideast minister [among many others of U.N. representation], in 1944, and was blamed for the slaying of United Nations mediator Count Folke Bernadotte in 1948, months before Israel won independence.

[END QUOTING OF ARTICLE]

Ariel Sharon And Other Members

Ariel Sharon was a terrorist in the Stern Gang. He became known as “The Butcher” and was controller of the Hebron massacre. He became Defense Minister of Israel.

Meshulam Riklis was a member of the Stern Gang. He became wealthy by buying and destroying/merging companies such as IOS and the Rapid American Corporation working with Robert Vesco and Bernie Cornfeld. IOS was a front for Meyer Lansky’s international crime syndicate. Riklis is often associated in recognition with his former girlfriend, Pia Zadora.

Another connection you need to know about concerns Henry Kissinger and the Serbs. Remember Kissinger and his Yugoslavian Yugo automobile? Kissinger had strong ties with the Serbs of Old Yugoslavia. The hard-line Serb Communist leadership decided to seize all of the former Yugoslavia’s ethnic regions by replicating Israel’s genocidal conquest of Palestine. Veteran UN observers tell of the deals Kissinger Associates made, working also with Acting Secretary of State Lawrence Eagleberger, to assure the Serbian leadership that Kissinger Associates knew how to cover up terrorism and looting and how to wipe the public record clean of such atrocious crimes. This led directly to the present war in Kosovo, being directed by NATO General Wesley Clark who formerly was the head of the military tanks that assaulted the Davidians in Waco! Governor Anne Richards asked General Wesley Clark for advice about Waco, and Clark’s second in command relayed Clark’s advice to Richards to destroy Koresh. Clark was later rewarded the position of NATO commander in Kosovo, but Clark is so blood-thirsty that when he tried to start a Nuclear World War, it was decided that he had to go. Ah, the connections!

Yitzak Rabin And John F. Kennedy Jr.

Yitzhak Rabin was a member of the Stern Gang. He later became President of Israel and then Prime Minister. He is the one who ordered the murderous attack on the *U.S.S. Liberty*. Many have discovered information recently that his assassination was carried out

by the Israeli Mossad. John F. Kennedy Jr. was in the process of revealing details of this assassination in his *George* magazine. Rabin “just happened to be” in Dallas on Nov. 22, 1963, on the day that President Kennedy was assassinated (see *Rabin: Our Life, His Legacy*, by Rabin’s wife, pps. 119-120).

John Jr. knew who killed his father, and knew Rabin was involved. Barry Chamash wrote on the day that John Jr. was murdered (his plane was blown up, as honest investigators are now finding): “JFK Jr. was doing more than any other American media figure to get to the bottom of the Rabin assassination truth. I reminded readers that his magazine *George* ran a 13-page exposé of the Shabak’s involvement in the assassination.” Texe Marrs said “Israel’s prime minister Barak visited the United States on the very week in which John F. Kennedy Jr. was assassinated.” Netanyahu and Clinton did not get along, and Clinton was greatly responsible for Barak defeating Netanyahu. The *Jerusalem Post* of July 30, 1999, page 30, said “Bill Clinton can now begin to rake in the tangible rewards of his hefty investment in Mr. Barak.” Orthodox Jews who were against Barak had met with John F. Kennedy Jr. a few weeks before the plane crash and agreed to finance his *George* magazine. Texe Marrs reported that JFK Jr. was about to meet with high-level Mossad officers on the subject of the Rabin assassination. In an MSNBC interview with Jonathan Alter, Alter said that Kennedy had been meeting privately with advisors about running for the New York Senate seat.

Kennedy had recently confirmed that all arrangement had been made for conducting an interview with Janet Reno concerning Waco. Former Attorney General Ramsey Clark, along with the Texas Rangers and filmmaker Michael McNulty, had been collecting evidence about Waco and were sharing it with John Kennedy Jr.

CONTACT newspaper warned “Ted Kennedy and those other football players in the [Kennedy] family are dangerous to the ‘cause’ [of the Zionists] and are slowing up the final take-over plans of the Elite masters....there is likely to be a full wipeout of the [Kennedy] ‘clan’.” (January 13, 1998 issue, page 14.)

The Waco Connection

Let’s move along in the story. At one point in time, Menachem Begin was living in Los Angeles with his Stern Gang Mishpucka [Jewish Mafia] partner Abraham Davidian. Begin was in LA to try to obtain weapons and money for the Stern Gang. The following information comes from Gary Wean, who entered the Los Angeles Police Academy in 1946, worked the University Division, Metropolitan Division, and Hollywood Division. He was Detective Sergeant with the

Ventura Police Department, an Investigator with the Los Angeles District Attorney’s office, Bureau of Investigation, Criminal Intelligence Unit, then Chief Investigator for the Ventura County Public Defender’s Office, among other professional accomplishments. He wrote a book called *There’s A Fish In The Courthouse* that documents the following details.

Detective Wean was keeping surveillance on Jewish gangster Mickey Cohen which led to his learning about Cohen’s associations with Abraham Davidian, Abe Phillips, Marilyn Monroe and Menachem Begin. Marilyn Monroe was an MK-ULTRA mind-controlled prostitute code-named a “MONARCH BUTTERFLY”. She was being used by the Israeli Mafia/Mishpucka and the CIA. She was planted on President John F. Kennedy, for instance, to report to her Israeli handlers all she could learn that would help Israel, according to Wean.

Abraham Davidian was running huge amounts of heroin. He was caught by Wean and the LAPD with a big load in 1947. The LAPD turned him over to the Federal Narcotics (what later became the DEA) and one day Davidian just sort of ended up with a bullet hole in his head while his three guards left him alone and went to the store.

The Begin/Davidian/Phillips gang had raided a National Guard Armory in Oxnard, California in 1959. They stole a lot of 30- and 50-caliber machine guns among other guns. Wean said: “Then, later on, through some of my informants I found out that William P. Clark had one of the 50-caliber machine guns and he had it mounted in his house in Oxnard....” This is the same Clark who helped in the election of Ronald Reagan and became a judge and National Security Director for President Bush. Clark and his father and grandfather were involved in drugs, prostitution, and “everything else” per Wean, in Oxnard. They bought huge tracts of land in San Luis Obispo County.

Ray Renick wrote a book giving much more details of the crooked activity in San Luis Obispo County, called *The San Luis Obispo Connections*. He was railroaded into prison. Clark had been an Operation Paperclip member and has a ranch in California called the “Eagles’ Nest”, named after Hitler’s hideaway. Clark owns a huge part of the Pacific Telesis Group which owns Pacific Bell Telephone Company. Clark was the one who pressured to pardon Ollie North.

Some of the weapons stolen by Abraham Davidian from the National Guard Armory in Oxnard, CA., were shipped to a hideout in Waco, Texas. Davidian—Waco—do any bells start ringing?

David Koresh had contacts in Hollywood, per Wean. Actually, at least some of the Branch Davidians were subjects of the CIA MK-ULTRA mind control experiments. The

weapons from the Oxnard burglary went to Mickey Cohen, who turned them over to the Anti-Defamation League and to Irving Reuben and the Jewish Defense League, which is an American terrorist branch of the Stern Gang group. David Koresh claimed to be Jewish. Remember he hung a Star of David flag outside the "compound" and his "Voice Of Fire" CD-ROM of songs written and performed by Koresh was published with a Star of David on the cover.

Detective Wean was running surveillance on Menachem Begin and Mickey Cohen when they used to meet regularly in the Beverly Hills Hotel on Wilshire Boulevard. One time Wean and his men followed Cohen and Begin to Melvin Belli's house. Wean's book covers this and other events such as the party at Peter Lawford's house, the first meeting between Marilyn Monroe and JFK, and the secret meetings with Caspar Weinberger (a powerful man with Bechtel Construction Company. Some high level Bechtel people were killed in the Ron Brown plane crash).

Wean was a good friend of Audie Murphy who was a good friend of Sheriff Bill Decker of Dallas. Wean details in his book his activities with Decker concerning the Kennedy Assassination. Decker met with Wean along with Senator John Tower to try to arrange to keep Tower from being killed, because Tower knew too much about the assassination. Senator Tower (of Texas) was later killed, in April, 1991, as was Senator Heinz (of Pennsylvania), in separate plane crashes that were not accidents. I think there was also an astronaut who was killed on the plane with Tower. Heinz was killed within one day of Tower's murder in a separate crash. Audie Murphy was also murdered by plane crash. Anyway, Tower, who was heavily involved in the intelligence community, knew the details of the involvement of William P. Clark, Mickey Cohen, Menachem Begin, etc. in the Kennedy Assassination. Tower was former Senate Armed Services chairman and nearly became Bush's defense secretary. He also headed the Tower Commission to investigate the Iran-Contra scandal, so he also knew considerable details about George Bush. In fact, Tower flew to Paris with Bush as part of the group who arranged the October Surprise meetings. William Casey was also a key party at these meetings and, according to some in the intelligence community, Casey was murdered by an induced stroke.

The Waco Holocaust Criminals

The CIA had a Jim-Jones type of mind-control operation going with some of the Branch Davidians at Waco, where they probably had some of the weapons from the Oxnard burglary hidden. The Mt. Carmel

operation was an MK-ULTRA setup. Over a period of time, certain of the Davidians began to "wake-up" and remember some things, and started doing some checking. One got access to some computer files. Another version of the story says that the Davidian "Manchurian Candidates" did not respond properly to their programmed orders to carry out assassinations.

The word went out from high-level Mishpucka Robert Rubin (of Goldman Sachs and who later became Secretary of the Treasury) to "clean up" that Waco operation. Rubin appears to be connected to the Stern Gang, perhaps through his father, although I do not yet have the exact proof of the connections. If any reader knows more information, I would like to have it. Rubin issued an order to a former member of the Board of Governors of the Anti-Defamation League to eliminate the Waco problem. His name is now Janet Reno, a man who has had a sex-change operation and is now United States Attorney General. The man who ran against Reno (Attorney Jack Thompson) for the position of District Attorney of Dade County, Florida, has more information on Reno, including a video tape. Thompson has documented evidence that Reno is a lesbian, has undergone extensive psychological counseling, was arrested for shoplifting in 1981, and has a severe alcohol abuse problem. She/he has been involved in covering for child molesters. Texe Marrs' book *Big Sister Is Watching You* has more documentation. Reno is Jewish and was on the Board of Directors of the ADL. The Governor of Florida was pressured to clean the massive vote fraud in Dade County and appointed Ellis Rubin to investigate. Rubin documented the situation and turned the evidence over to the District Attorney, Janet Reno, who then suppressed it. See the book *Votescam* for more information.

An Associated Press article of July 19, 1995, entitled "**Rubin warns hearings on Davidians 'dangerous'**" tells of Rubin's efforts to suppress investigations of the Davidians. The article said in part: "Rubin suggested that the hearings are not needed.... All one has to do, he said is look at extremist literature [**which is any literature trying to discover or reveal the truth**] 'to get a sense of how these hearings could be used to distort Waco in such a way as to undermine law enforcement.' Rubin added that the hearings could 'take attention away from the militia and the extremist groups and even feed the paranoia, and this is very, very dangerous.' Rubin, speaking on ABC's *This Week With David Brinkley*, said hearings 'might better be focused on extremist groups and those militia that are dangerous to our society'."

The Jewish Mishpucka leaders were working with the British MI-6 and SOE (Special Operations Executives) to coordinate a U.S. Army Delta Team, the FBI, and the BATF to clean up the "Waco problem". The

media focus was on Janet Reno but she was being "led by the hand" by Webster Hubble. The chain of command in the Waco operation was from the FBI headquarters, to Webster Hubble in the Justice Department, then to Vince Foster, who reported directly to Hillary Clinton. Webster Hubble was from Waco, Texas. University of Texas Regents Chairman Bernard Rapoport hired Hubble for a large sum of money for a joint venture with the Riady family in Indonesia before Hubble went to prison.

The BATF

I remember when Ronald Reagan was running for President, he campaigned on the promise that he would reduce the government bureaucracy. He lied, of course, and greatly INCREASED the bureaucracy, but he did in fact do away with ONE government bureaucracy. I remember when the newspapers (in 1981, I believe) announced that Reagan had done away with the Bureau of Alcohol, Tobacco, and Firearms. I had a customer and friend at the time who was a Secret Service Agent, assigned to the protection team of the Lyndon Johnson family. He was quite a jolly friend. One Sunday we went on a picnic out at a private lake, and shot some guns and ate some barbeque. I asked him "What's this about Reagan doing away with the BATF?" and he replied words to the effect, "Yes, it's true, their functions are being given over to other agencies and we (the Secret Service) will be taking over some of them." There was an article about it in the local Austin, Texas, paper, but I did not save the article and now it is very difficult to find anything on this event.

It appears that President Reagan DID DO AWAY with the BATF—by giving it in payment of debts to the International Monetary Fund and turning it over to be staffed and run by Israeli agents. The present BATF is not part of the American government—it is legally part of the IRS/Treasury Department/International Monetary Fund group and is staffed by British MI-6 and Israeli Mossad agents and assets, at least in the controlling positions. They work very closely with the Anti-Defamation League and the Jewish Mafia (Mishpucka) and other Jewish controlled groups (such as the Cult Awareness Network) in trying to wrest control from other factions who want to be king-of-the-hill of the New World Order.

Who's On First

To understand what is going on, you must come to an understanding of the various factions involved. For dozens of years there has been a push by certain factions for a one-world government. In recent years, the target date for the completion of the establishment of this government was the year 2,000. The one-

world government is almost in place, but not quite. One of the reasons we do not already have a totally functioning one-world government is because various factions have been fighting for king-of-the-hill position.

The British Royal family says, "We are Kings of the Hill, and we intend to stay there." The Pope says, "I am God on Earth, and I intend to rule the world." The Pope has Germany backing him, along with a LOT of money. Gorbachev, with the backing of his New-Age, New World groups, wants to be King of the Hill (KOH). Maurice Strong, a very powerful man who has been second in command throughout, I believe, 6 different United Nations administrations, wants to be KOH. George Bush is trying to become KOH, and if he can't make it, he will settle for George Bush Jr. to be KOH. The Chinese dragon is moving in and taking up some very powerful positions in the play. Edgar Bronfman and his Zionist buddies intend to be KOH, and through the JDL, ADL, BATF, Mossad, and Mishpucka, are behind many if not most of the murders, assassinations, bombings, "accidents" and "suicides" going on. Then there is the "military-industrial" complex, and others. And don't forget the other old hands at the game, the Rockefellers and the Rothschilds. That's a lot of clashing for KOH.

Many details have come out about the Chinese Communist connections and influence over President Clinton. Clinton was put into office with the aid of huge amounts of money that came from Chinese intelligence sources, which has been documented in many articles and reports recently. Clinton was also using support from the Zionists. Clinton, however, is a puppet on the strings of these various groups and is being yanked this way and that.

In order to achieve total control for their New World Government, the Zionist planners needed a world nuclear war before the year 2,000. They made various attempts to get the war started, but there are other groups that do not want world nuclear war—specifically such as Iraq, Iran, India, China, and Russia, for instance. On January 21 of 1998, Netanyahu of Israel went to Washington, D.C., to enlist support from Clinton for a nuclear war in the Middle East. The Chinese pulled their strings to the Clinton puppet and said "Cool that Netanyahu down" so Clinton "snubbed" Netanyahu.

"The Israeli leader was not accorded the usual diplomatic courtesies often given to a head of state, such as staying at Blair House or a special White House dinner." So what did Netanyahu do? He went to his main supporter, Pat Robertson, and appeared on Robertson's TV show that evening. "I think I can say truthfully for all of us on this program, God bless you and God bless Israel" said Pat at the end of the interview.

Clinton's "snubbing" infuriated the Jews,

who also control the media, so immediately the media started up on Clinton's zipper problem. This, of course, was no new revelation; Clinton had been assaulting women even before and during the time he was Governor of Arkansas. He was kicked out of Oxford because he had raped a girl.

There were many other crimes that could have been used to pressure Clinton, such as Clinton's involvement in the drug trade and his drug use, but this would have brought in too many revelations about George Bush. Bush had worked with the Israelis in the assassination of John F. Kennedy and the following coverup murders (ask him where he was when JFK was murdered!), and was working with the Mossad in running the world's largest illegal drug operation. Officer Wean had given phone recordings and other proof of all this to Senator Tower and Sheriff Decker.

"Judges Stanley Mosk, Harry Pregerson, the Geffens and Ordins have for fifty years controlled the judicial system and all gangsterism in the Ninth Circuit. Fifty years ago I observed Pregerson, Mickey Cohen, and Stanley Mosk, with another Mispucka named Nathan Turkebtahn, smuggling and dealing in drugs with international drug operators Abraham Davidian and Benny Wong." (From a statement filed in the State of California Superior Court of Kern County by Officer Gary Wean, September 19, 1995, Case No. 229531.)

Here is another statement from this Case #229531: "Carl Ward, Jr., a lawyer from Judge Jerome Berenson and U.S. Commissioner Ben Nordman's law office and longtime buddy of William P. Clark, lives along the coast. Carl Ward, Jr., was involved in the conspiracy to assassinate JFK and his brother Robert. Ward was recently arrested for conspiring to commit a mass assassination to kill President Bush and all four of the past Presidents, Carter, Nixon, Reagan, and Ford, and their wives, at Reagan's Library dedication, which was held only a few miles from the setting of the Rodney King trial in Simi Valley.... It is no coincidence that all three persons on the Los Angeles Commission to investigate the Rodney King case, Warren Christopher, **Mickey Kantor**, and Andrea Ordini, were picked by Clinton for top positions in his Administration." Andrea Ordini tried to become U.S. Attorney General but was stopped by Wean, and Clinton had to go with Janet Reno.

The *Wall Street Journal* and *New York Times* have reported the actual NAMES of the drug lords in countries such as Columbia and Mexico, involving the LEADERS of the countries. Those leaders were selling drugs to the United States. Why do the newspapers not NAME the names of the drug lords *in the United States*? The answer is simple—because those names are the LEADERS of the United States—names such as George Bush and William Clinton.

Evidence That "Fitts"

Catherine Austin Fitts was a Managing Director at Dillon Read before becoming Assistant Secretary of Housing under George Bush and holds an MBA from Wharton. She was doing research and pointed out that the four largest states for the importation of drugs are Florida, Texas, California, and New York. She found that the four top money-laundering states are Florida, Texas, California, and New York.

She pointed out that 80% of all Presidential campaign funds come from—you guessed it—Florida, Texas, California, and New York.

And the governors of Florida and Texas are Jeb and George Jr. Bush, sons of the biggest drug dealer in the world, former President and still (secretly) head of the CIA, George Bush. Colonel James "Bo" Gritz, the most decorated soldier in the Vietnam War, made a video tape of an interview with the Communist General who was selling drugs to Bush. The drugs were sent to Manuel Noriega in Panama. Noriega sent the drugs to Homestead Air Force Base in Florida and to Mena, Arkansas, where the Governor of Arkansas (William Clinton, the well-known rapist with a zipper problem) was covering up and protecting the operation in Arkansas. The drugs were brought into the country by military aircraft, by boat from the Zapata Oil Company (owned by Bush) oil derricks in the Gulf of Mexico, and across the Mexican border by Mexican cows of Zapata Cattle Company (cows have four stomachs, you know). Some also was brought in as powdered "fish meal".

The drugs were coming into New York through the French Connection, but that operation was stopped by the honest cop Serpico. Now, I understand that the New York drugs are coming in by way of Kosovo. (Hmmm.)

In Arkansas, the drugs were shipped from Mena inside Tyson frozen chickens by Walmart trucks. The money was laundered by Nations Bank. The three biggest businesses in Arkansas are Walmart, Tyson Chickens, and Nations Bank. There are many court cases, books, videotapes, etc., documenting the details of these "rumors".

The Andean Commission of Jurists and Catherine Austin Fitts places the figure of drug money laundering at about \$250 billion per year. Fitts, a Wall street investment banker, points out that the multiplier effect means that there is about \$1.5 trillion a year in the U.S. alone from the drug trade. Why doesn't the government stop illegal drugs? The whole world economy would collapse, and the government is the king drug dealer. Fitts got fired by Bush, by the way.

What has this to do with Waco? You need to know the background and who these people are in order to understand WHY this "new"

evidence about Waco is surfacing at this time. It very well may be a ploy of some of the forces trying to become King-of-the-Hill! It is not really "new" information.

If you try to pin down the responsibility for the Waco holocaust on a single guilty party or group, such as the FBI, or the BATF, or the Branch Davidians, or whoever, you will be off track. You must see the Big Picture to begin to see what is REALLY going on, and who is responsible.

DEBRA VON TRAPP

Debra Von Trapp was responsible for installing the TVs, telephones, and computers into the White House after President Clinton was elected. She discovered that they were all bugged. She said that when you watch TV in the White House, it watched you. She said that the bugging was a Japanese government operation, which led to the bombing of the Oklahoma City federal building.

She said: "The Japanese government, through Matsushita and MCA Universal, provided the money to a team of U.S. federal employees, that were acting outside the U.S. government's authority, that contracted that bombing (the Oklahoma City federal building bombing) on behalf of the Japanese government." She says that Robert Goetzman contracted the bombing, and Chip Berlet, a CIA and Jewish Mafia/ADL agent supervised the coverup. Berlet's real name is John Foster Dulles Berlet. He was secretary of the National Lawyer's Guild Civil Liberties Committee—the NLG was declared a Communist front organization by the House UnAmerican Activities Committee. Keep this in mind when you hear the media quoting Berlet as an "authority" on "patriots".

Debra said that Goetzman was working with the Alabama Special Ops team who bombed the plane carrying the Assistant Secretary of the Air Force just before the Oklahoma City bombing. The plane was on its way to Oklahoma City to gather evidence, perhaps some of the the Oxnard stolen weapons that had been recovered from Waco and moved to the Federal Building for this region, to use in the impeachment of President Clinton. The plane carried Assistant Secretary of the Air Force, Clark Fiester, and his assistant, Col. Jack Clark, and was blown up on April 18, 1995, near Alexander City, Alabama, by a Delta Team the day before the Oklahoma City bombing. Richard Wayne Snell was executed on the same day (April 19, 1995) as the Oklahoma City bombing, which was the anniversary of the Waco holocaust. President Clinton, the very next day, then proclaimed Jewish Heritage Week! (Oh, yes, he did!) The complete text of the proclamation was published on page 51 of *The Jewish Press*, April 28, 1995. The following Sunday,

Clinton was on the *60 Minutes* TV program bragging that he got Snell.

Debra worked with Goetzman. She had an audio tape telling her story available for \$17.00 from Debra Von Trapp, PO Box 208, Irvine, California 92650. I do not know if this address is still good.

The best way to tell her story is in her own words. This is a letter she sent to Whitewater investigator Kenneth Starr: [Quote]

January 31, 1996

Kenneth Starr, Esq.
Independent Counsel
By facsimile (202) 514-8802

RE: EOP/Obstruction of Justice

Dear Mr. Starr:

I am contacting your office in regard to work that I performed with certain federal intelligence employees, supervised by federal intelligence employee Robert Goetzman, beginning in 1991.

Robert Goetzman approached me in a private press function in Atlanta in May of 1991. He introduced himself by saying, "I'm Robert Goetzman. I'm from the Executive Office of the President [EOP]."

I am one of the leading technical analysts and consultants in the computer industry. Prior to 1981, I was a judge's clerk for Orange County Superior Court.

Robert Goetzman has been identified to me, in writing, by the State Department, as an FBI employee. However, other federal contacts have identified him as holding DOJ clearances for both the CIA and FBI. During some of our activity, he carried business cards reading MCA/Universal (Japanese-owned MCA, Inc.) with his name on them, as an employee.

MCA, Inc. began calls and threats to me in July of 1994. It presently has one of its Directors in a rental house across the street from my home of eighteen years.

I specifically wish to inform you of our activity, on behalf of the Embassy of Japan in Washington D.C., which began at the Lincoln Memorial during the pre-Inaugural activities. We delivered \$25,000.00 worth of large screen televisions to the site, at Goetzman's direction, from Mitsubishi Electric and Toshiba. At that time Toshiba was prohibited by federal court order from trade with the U.S. Government.

I have been advised by other Washington sources that Robert Goetzman reported to Ollie North at the NSA during the Toshiba prosecution and is listed as FBI personnel in that prosecution.

The delivery was met by Robert Goetzman and his subordinate Peter Stanley. Goetzman placed transmitting surveillance devices behind screens of three of the sets and escorted them

into the VIP tent for Mr. Clinton. The sets moved with Mr. Clinton to the Capitol Center and returned to the original site. At the conclusion of this activity, the sets were abandoned on the sidewalk of the Lincoln Memorial.

The Inaugural Committee then trucked the sets to the Washington Naval Shipyard, where they were placed under military guard until the Committee, at its own expense, trucked them on United Van Lines to California and delivered them to my house. I have the documents and phone records from these activities.

We then proceeded to fulfill all of the first Executive Office purchase orders through front companies operated by FBI and CIA personnel. Peter Stanley sold Hillary her first purchase order, a MacIntosh computer. Robert Goetzman and I shopped publicly in meetings with computer industry executives, with Hiroshi Suzuki from the Embassy of Japan, for twenty motherboards for the Executive Office computers. I fulfilled, along with Goetzman, the first software purchase order from the Executive Office. Robert Goetzman and another subordinate, Jim Cofield, represented that all of the equipment was delivered with surveillance capability. We purchased and caused to be installed WordPerfect 5.2 to ensure that all document files that were surveilled could be easily run through database analysis by the Embassy personnel. At one point the Embassy had problems in converting English to Japanese on its printer, prior to transmitting to Tokyo. At Goetzman's request, I arranged for Ambassador Kuriyama's driver to pick up a box with my name on it, which contained an unreleased Kanji version of Microsoft Windows. This program solved the printer problem.

Paul Steele, a federal employee who had been with us at the White House during the Bush Administration, became Director of Purchasing for the District of Columbia when Mr. Clinton took office. Robert Goetzman, Paul Steele, Jim Cofield and I purchased, delivered and placed surveillance equipment in DOC [District of Columbia(?)] offices, including the Municipal Police Department. I was paid, by arrangement through Paul Steele, for this activity by their appropriation of the Xerox Copier repair budget. The budget totalled \$10,000.00, an amount that would have triggered further scrutiny. They therefore paid me a District of Columbia check for \$9,975.00.

Robert Goetzman then removed 100 copies of WordPerfect 5.1 from the Executive Office Building and delivered them, along with a compromised master copy of WordPerfect 5.2., to the Democratic National Committee to complete the surveillance effort. I personally obtained and delivered, with Robert Goetzman and Jim Cofield, close to \$500,000.00 worth of computer software to the Committee, in pricing

arrangements that otherwise violated GSA rules for the vendors. In fact, the GSA stepped in to complain and then suddenly, inexplicably, backed off.

When I went public in March of 1994, George Stephanopoulos and the DNC counsel then proceeded to engage in a coverup. Janet Reno first opened an investigation in July of 1994, then her office informed me by telephone that Paul Coffey, Chief of the Organized Crime and Racketeering Section, had ordered some 62 pages of my documents to be sent to his office and destroyed. I then had two conversations with Paul Coffey. He advised me that he had destroyed the records, that they were not copied or forwarded from the Secretariat's office to the FBI, and that he had instructed his staff to hang up on me if I called. He told me that this information "would never see the light of day" and that I should go back to Robert Goetzman and try to get in his good graces.

The DNC then sent me two checks, in an apparent effort to silence me. In total, the DNC paid me over \$50,000.00.

Without his knowledge, I recorded a telephone conversation with Jim Cofield, represented to me as being a DIA employee reporting to Goetzman, in which he stated that I would be killed if I talked about the Embassy of Japan.

When I advised both Cofield and Goetzman that I had audiotaped them, Mr. Panetta's office (and presumably Mr. and Mrs. Clinton, since I had been given a fax number into Mr. Clinton's office to communicate with him) arranged for the SBA [Small Business Administration(?)] to give me \$151,000.00 after I had been turned down twice on my application for a \$16,000.00 loan.

Then another Goetzman associate, John McCracken (a former Navy Seal), brought me in on his team to open another front company. He paid me close to \$50,000.00 and demanded the audiotapes. I didn't deliver them in Las Vegas on November 11, 1995 and then left under his direct threat that they are going to kill both myself and my son.

I never knew the official description of this team. However, an article authored by Ambrose Evans-Pritchard of the *London Daily Telegraph* and appearing Saturday, January 27, 1996 [CN -- accompanying article by AEP is dated Jan. *29* 1996], closely describes our team. A copy follows this letter.

It is my belief that a member of this team, or someone cooperating with them, would not only have had access, but motive, to remove and then replace documents on the third floor of the White House.

Robert Goetzman called me on the night Vince Foster was killed. He said: "We did him." "We did him somewhere else but we dumped him in a queer park to send a message to Clinton and his queer wife." "He (Foster) went entrepreneurial on us." "He was selling

NSA codes to the Israelis."

I am specifically requesting that you review not only the names of the people that I worked with from the EOP, but others that they have had contact with at the White House since 1991, to determine whether or not their name appears on the admittance log to the third floor.

I am specifically requesting that you cause to be investigated the Clinton Administration coverup of their knowledge of the surveillance and the theft and transfer of federal property (100 copies of WordPerfect 5.1) from the Executive Office building to K.C. Schoor-Hollings, MIS Director of the Democratic National Committee. Ms. Hollings left the DNC as soon as I went public.

I am specifically requesting federal government protection and that I not be subject to contact by any member of the FBI from California. Special Agent Janelle Salveson has directly threatened me, on behalf of Robert Goetzman, if I continue to talk.

I have interviewed on approximately 15 radio shows and two television broadcasts. I have distributed the audio tapes and copies of all of my documents publicly.

I have reported these facts not only to the Justice Department, but separately, both orally and in writing, to the Washington FBI office and the Secret Service. Remarkably, all of that activity has only resulted in further threats to my life and more payoffs.

Robert Goetzman has conducted a continued effort to frame me as an unstable person because I have discussed this activity. I invite you to review the videotape of Mr. Nixon's funeral. I was placed, by the U.S. Government (and presumably in a stable state of mind), *unsearched*, on the tarmac at the landing of Mr. Nixon's body and again, stationed at the front door of the Nixon Library, *with each of the Presidents, past and present, unsearched*, standing next to a Secret Service agent.

Mr. Starr, I am contacting you in the hope that one person (yourself) in the federal government is not personally compromised in his capacity and is unwilling to obstruct justice.

I was called by Victor Huston, FBI, of your office today. He seemed quite nonchalant about my accusations and evidence and especially distant after I implicated the FBI. He, in fact, only suggested that I "write" you by mail, then attempted to leave the conversation without giving me an address. When I told him that I had your fax number, he discouraged me from faxing you. He stated that he didn't want me "to tie up the fax machine".

Please put me, my documents and audio tapes in front of the Washington Grand Jury. I believe the activity of Mrs. Clinton, Vince Foster, the "Goetzman Team", the Secret Service, and the coverup of the discovered surveillance of the administration and the DNC

has direct bearing on your investigation of the disappearance, reappearance, and non-delivery of subpoenaed documents.

Sincerely,

Debra von Trapp

cc: A. Evans-Pritchard, AP, Washington Times, Washington Post, LA Times, NY Times, Michigan Militia, Montana Militia, Patriot Fax Network. [End quoting]

Sherman Skolnick interviewed Debra Von Trapp on 5/5/95 and here is a quote from that interview (SS is Skolnick's question; DVT is Debra's answer): [Quoting]

SS: Tell me this: what do you think, under the circumstances, is gonna happen further? In other words, there is this terrible violence between the Tokyo and the Washington governments—where do you suspect or predict that it might go?

DVT: Well, the way I was helped was, I went to the military and to Secretary [of Defense] Perry. And I had done that early on, concurrent with my communications even, early, with the Japanese and with Stephanopoulos back in March of '94.

SS: And you kept very meticulous records of all these things?

DVT: Yeah, I have. And so what occurred out of that was, Perry had an individual call me back and explain that all my documents have been given to a man that was the Assistant Secretary of Defense—coincidentally, John Deutch. And so, then...

SS: Do you have confidence in him as, I believe, he's in the process of becoming the new Director of Central Intelligence. You have confidence in him? Or...

DVT: Yeah. Because I think Perry arranged to have him moved over, to clean up the CIA. And what's fortunate is, one of the people on that downed aircraft, in Alabama, was, in fact, a good friend of Perry's, and so, you know, that was a retaliatory act for, against Perry as well, for him moving, you know, or arranging to have Woolsey go out of the CIA, have Deutch go over there. It was an "answer back" to the fact that Deutch is inevitably going to be director of CIA. [End quoting]

There is a lot that Debra obviously does not understand about the Bigger Picture! Perry and Deutch suppressed Debra's evidence and story.

Mickey Kantor

Continuing this overview, Mickey Kantor was sworn in as United States Trade Representative on January 22, 1993. A big part of his job was working out trade agreements with the Japanese, over 170 of them. Perhaps you remember the auto and auto parts agreement that culminated a near trade war, as presented in the media. He also helped implement the GATT and NAFTA agreements. *Intelligence Digest* said (10 Nov 1995): "Each morning, CIA sources report, intelligence

officials gave Mickey Kantor, the US trade representative, inside information gathered by the CIA's Tokyo station and the electronic-eavesdropping equipment of the National Security Agency, sifted by CIA analysts in Washington. Kantor is said to have received descriptions of conversations among Japanese bureaucrats and auto executives from Toyota and Nissan who were pressing for a settlement. He was also given details on the competing pressures on Japan's Trade Minister Ryutaro Hashimoto. When the negotiations came to a climax in Geneva, the intelligence team was in place at the Intercontinental Hotel, working alongside Kantor's negotiators, and offering assessments of how far the Japanese side could be pressed.

"It was a remarkable performance because the intelligence agencies finally realized this was the World Series—the arms control talks of the new age', says one senior US official.... The information helped a US company, Raytheon, match a bid by Thomson of France and win the contract." Raytheon is the builder of those never-hit-a-target Patriot missiles, paid for with your tax dollars.

In the *Austin American Statesman*, Oct. 17, 1995, page D2, an article stated: [Quoting]

Japan queries U.S. on spying claim

TOKYO — Government leaders said Monday that Japan's relations with the United States could be seriously damaged if a report that the CIA spied on Japanese representatives at auto talks proves true. The *New York Times* reported Sunday that the CIA eavesdropped on conversations between Japanese negotiators and automakers during the talks in Geneva this year, reporting the results daily to U.S. Trade Representative Mickey Kantor. [End of quoting]

Kantor was National Chairman for the Clinton/Gore '92 Campaign. He was a board member of the Center for the Study of Institutions, and was on the Christopher Commission (headed by Warren Christopher) which investigated the Los Angeles police after the Rodney King beating. He has a law degree from Georgetown University and is married to Heidi Schulman. Kantor was also California Chairman of Jimmy Carter for President, 1980, and California Chairman of Mondale for President, 1984. Kantor held key positions in Alan Cranston's campaign for Senate in 1974. In the Carter administration, Kantor served on the board of the Legal Services Corporation, along with Hillary Rodham Clinton.

To someone looking at the Big Picture, Kantor's machinations against Japan appeared to be leading to the destruction of the Asian Pacific economy and to war. Alvin Toffler, co-author of *Creating A New Civilization: The*

Politics Of The Third Wave said: "I think that at the end of World War II, there was some very unpleasant talk about how we lost China. I guess you know history in this period. But in five years, 10 years, I expect to be hearing who lost Asia. The answer would be Mickey Kantor." An *American Civilization* interviewer said: "Bill Clinton."

Toffler: "What it seems to me they are doing is pushing Japan to pulling out of here and putting all their investment in Southeast Asia, which then becomes the Greater East Asian co-prosperity sphere. We are sitting there with a time bomb ticking away in China. If we want to maintain any stability in the Asian Pacific region, the basis of that stability lies in Japan."

Did the Japanese counterattack by blowing up the Secretary of Commerce's plane? Was William Perry the target? I do not know the answers, but there are obviously connections.

Two days after Ron Brown's funeral, Mickey Kantor was selected to replace Brown as Secretary of Commerce. Ron Brown was shot in the head and his plane (which was also carrying some Bechtel executives) was blown up.

Remember the Tokyo nerve gas attack? When Shoko Asahara, the "cult leader", was arrested, one of his first statements was a claim that the nerve gas attacks were launched by the U.S. military. "I say this because the substance [sarin] was detected from the air after more than 10 U.S. military planes flew over" he said in a videotaped statement (March 26, 1995, *Austin American Statesman*). The April 10, 1995, issue of *Spotlight*, page 4, had an article with pictures of U.S. military personnel preparing for the gas attack 10 days prior to the Tokyo subway bombing, at Midland, Texas. The exercise included a giant C-141 Starlifter transport plane. The TV show *Nightline* showed Japanese officials seizing copies of magazines with an article about U.S. C-130 planes spraying nerve gas over Japan and showed pictures of the planes.

The Rabin Connection

The following article appeared in *The Japan Times Weekly*, December 2, 1995: [Quoting]

UNSPOKEN DETAILS: The Rabin Assassination's Links To Vince Foster's Death

by Sherman H. Skolnick

[Preliminary paragraphs from *The Japan Times Weekly*:]

In our Aug. 19 issue, the *Weekly* predicted an imminent upheaval in Israel: "A reporter for an Israeli radio station recently told (Sherman) Skolnick that the revelations would 'cause the

top officials of the Mossad to be murdered'."

Now, three months after that ominous prediction, Chicago-based investigator Skolnick provides readers of the *Weekly* a behind-the-scene report on the assassination of Yitzhak Rabin. In the weeks before a Shin Bet-trained gunman shot him to death, the Israeli prime minister was preparing to go public about Mossad-related scandals, as a first step toward reforming the nearly autonomous Israeli intelligence agency. Skolnick suggests that a rogue network of Mossad agents, fearing criminal charges and possible termination of their operations, as the Israeli radio journalist had earlier suggested, decided to launch a pre-emptive strike against Rabin.

"On July 4, I received three phone calls: the conversation with a journalist with Israel National Radio's Washington bureau, an inquiry from the White House staff, and Israel's *Maariv* newspaper," Skolnick recently told the *Weekly*.

The Israeli radio journalist, who had predicted a bloodletting at Mossad, had called the Chicago investigator because that morning's edition of *The Washington Post* had published a front-page article listing some of Skolnick's allegations about the connection between the mysterious death of White House vice counsel Vince Foster and its connection with the Jonathan Pollard spy case as well as other scandals involving the Israeli intelligence service Mossad. [Pollard shows up in Red Mercury investigations. Pollard's Mossad handler was Rafai Eitan, who worked for Mossad Boss Ariel "the Butcher of Beirut" Sharon. Sharon also ran agents who were working Hillary Rodham Clinton and Vince Foster.]

The links between the Rabin assassination and Foster's possible murder shed light on the infighting between different factions of the CIA and Mossad, which intensified following revelations of secret transfers of U.S. nuclear technology to Israel, covert military dealings with Saddam's Iraq and Ayatollah Khomeini's Iran, and the alleged delay in the release of American hostages in Tehran, which enabled Ronald Reagan to win the 1980 presidential election. The murder of the leader of Islamic Jihad, just weeks before Rabin's assassination, certainly indicates that rogue Mossad operatives have been working overtime to destabilize the Mideast peace process.

Skolnick is still furious that, at the time of his earlier revelations, the *Post* and other establishment newspapers characterized his investigative findings as a "conspiracy theory". (Since then, the mainstream press has come to acknowledge the serious discrepancies in and far-ranging implications of the Foster case.) Here, he provides an expanded report on the background to Rabin's assassination.

[Skolnick's article begins here:]

The American connection to the

assassination of the Israeli Prime Minister is evident in the political background to the killing.

Vincent W. Foster, Jr., was part of an espionage team that allegedly included Hillary Rodham Clinton and Webster Hubbell, who was convicted in the Whitewater case.

Foster's team reportedly worked through Systematics, a reputed front for the U.S. National Security Agency, whose actual mission was reportedly code cracking and satellite spying. Though Systematics denies this allegation, a significant amount of data supports the case. The firm, a major player in computer services, used software, called PROMIS, ostensibly pirated from its true owner, INSLAW (a provider of encodation and communication software for banks and financial services).

Under the direction of high officials in the Reagan and Bush administrations, Foster's project electronically eavesdropped on foreign banks and intelligence agencies, who were provided or sold the software with a secret "trap door" (which permits the code to be broken by whoever possesses a master code). Major banks in Sweden, Israel, Iraq, and Canada are among many others that have used the software.

The stated objective of Foster's project was to track international flows of funds by CIA-backed drug cartels, illicit weapons peddlers, and assassination paymasters. Banks, spies, and drug traffickers all sleep together. The probe targets included central banks, including the Bank of England and the Bank of Japan, according to highly confidential government documents.

In the NSA, Foster held the equivalent military rank of general. On behalf of the NSA and the CIA, he ran a bank in the Grand Caymans and, according to sources in the financial security services industry, supervised secret international gold shipments.

Over the years, his bosses included George Bush, during his years as vice president and later as president, and Caspar Weinberger, Reagan's secretary of defense. Foster's superiors owed Israel a favor for assisting the trans-shipment of U.S. weapons to Iran. The deal with Ayatollah Khomeini, which was perceived by many U.S. Mideast analysts as a treasonous act, allegedly delayed the release of U.S. hostages as a tactic to defeat then president Jimmy Carter's bid for re-election to the presidency and install the Reagan-Bush ticket in the White House. The hostages, as part of the deal, were released in January 1981, a few minutes after Reagan was inaugurated. Some call it the "October Surprise", a part of the Iran-Contra Affair.

Foster continued the project of tracking, and allegedly dipping into, dirty money. From time to time, he reportedly was also a "bagman," a conduit for illicit funds, for international

bankers headquartered in Little Rock, Arkansas, who had long supported then Gov. Bill Clinton. Foster apparently continued these activities even after he became, in 1993, deputy counsel at the Clinton White House.

In the 1980s, Bush and Weinberger pressed Foster into service as the middleman to release nuclear missile launch codes and tracking data—the highest U.S. strategic military secrets—to Israel. Through Foster, Bush and Weinberger reputedly used as a conduit a low-level naval intelligence analyst, Jonathan Pollard, who sold the secrets to Israel to finance his lavish lifestyle. The U.S. technology helped Israel jump ahead with their own nuclear development and become a Mideast bulwark against Soviet threats in the Middle East. [Israel got some of their nuclear material and technology from and through South Africa.]

For this purpose, some investigative reports in Britain and the United States have claimed that Israel set up accounts of millions of dollars for Foster in banks in Switzerland, the Caymans, and elsewhere. A beneficiary purportedly was Hillary Rodham Clinton, Foster's law partner, who went on to become first lady. Either these bank deposits actually occurred, or else the NSA created false records to blackmail Foster, Hillary, and top Israeli officials into silence.

A look at the timetable: 1986, one year after Pollard was arrested, the Prime Minister of Sweden, Olaf Palme, wanted to go public on how the Swedish weapons maker Bofors was involved in the October Surprise, and the soon-to-be-revealed Iran-Contra scandal. In 1986, Palme was assassinated, and the hit was blamed on a "lone assassin". A suspect was caught but later released, and Palme's death remains an unsolved mystery.

The Bofors affair involved high officials in Swedish intelligence agencies and other government officials, was related to private business ventures between George Bush (while he served as vice president and later president), and Iraqi strongman Saddam Hussein. These sorts of three-way private deals were known to top Israeli officials, including Yitzhak Rabin, and they reportedly wanted to get, or were promised, a piece of the action.

Palme had apparently learned that these dealings were under surveillance, reportedly through the INSLAW "trap door" into the computers of foreign intelligence agencies. Revealing any of these issues during the Persian Gulf War would have made then President Bush a target of treason charges.

In July, 1993, Foster found out that the secret accounts, which he was led to believe were in his name and those of the first lady and others, were somehow plundered by computer hackers with access to sophisticated software. Foster foolishly thought that, as head of the bank-spying project, he himself would be immune from being targeted. As part of a vast

cover-up trail, the hackers created false records purporting to show that some \$10 million of Foster's secret payoffs from Israel were (as alleged in *The Sunday Telegraph* by Ambrose Evans-Pritchard) funneled into U.S. Treasury holding accounts overseas. (Treasury sources later denied the U.S. government ever actually received the plundered Foster loot.)

In April 1994, a behind-the-scenes furor erupted when a major newspaper began following up this writer's accusations that a three-man Israeli team murdered Foster in July 1993 to prevent him from carrying out his apparent plan to publicly reveal (that is, disclose to President Clinton) the true details of the Jonathan Pollard spy mess. Widespread publication would have caused Pollard to be released from his lifetime jail term, and his NSC superiors charged, belatedly, with treason.

As part of the 1993 deal, consummated in 1995, Prime Minister Rabin agreed to turn over certain pieces of land to the Palestinians, primarily Christians. The Vatican, with the Vatican Bank and supported by Western bankers, funneled large sums to Israel to finance the deal. [What is not stated here is that the Vatican also made some sort of deal involving rule over Jerusalem. *The Jewish Press*, Dec. 22, 1995, p. 74, said: "**Secret Negotiations To Divide Jerusalem.** It has been leaked to the media via Arab sources that secret negotiations have been going on for some time in regard to Jerusalem...the boroughs will be independent of the Central City of Jerusalem and therefore the city will be in reality completely divided."]

Was Rabin, despite getting the funding, going to renege on the land deal sometime in the future?

To support his position and that of Israel, Rabin wanted to clear the air with public disclosures explaining his country's role in the October Surprise, Iran-Contra and, most of all, the Pollard affair. If the Western press was prepared to reveal the role of an Israeli team in the assassination of Foster, Rabin was prepared to disclose that the team was not acting on behalf of the Israeli government, but on a private murder contract arranged by American bankers who stood to lose billions of dollars if Foster went public.

Rabin, like Olaf Palme, was assassinated, and the blame was assigned to a lone assassin. Since these revelations and the assassination, various Mossad operatives—in Chicago, Virginia and California—have been detained or deported by the U.S. and are awaiting punishment by the Israeli government.

[END OF QUOTING FROM JAPANESE PAPER]

The head of Israel's Shin Bet security service, referred to only as "C", resigned Monday, January 8, 1996, saying his agency was primarily to blame for failing to prevent the assassination of Prime Minister Yitzak Rabin.

He denied personal wrongdoing. “C’s resignation also appeared linked to the killing three days earlier of the terrorist most wanted by Shin Bet, Yehiya Ayyash. Ayyash died while talking on a booby-trapped mobile phone in an operation widely attributed to the Israeli agency.” The new head of the security service is Ami Ayalon. The one who resigned, whose name they were keeping secret, was Karmi Gilon.

The next item to consider is the following, which are excerpts from a 101-page letter written by Paul D. Wilcher, Attorney, now deceased (murdered by fake suicide, approximately June 20, 1993), to Janet Reno on Friday, May 21, 1993 concerning WACO:

“The meaning and significance of this new information—particularly with respect to the Justice Department’s ongoing Waco investigation, and future indictments and prosecutions—i.e., you are headed in the wrong direction—because Bush Administration holdovers in the Justice Department, along with others tied to the CIA, are preventing you from ever learning the truth about what actually happened in Waco.

“[I bring to your attention] the extreme sensitivity of this information, and my specific proposal as to how you should handle it. The lives of key participants, other witnesses, and even myself are now in grave danger as a result of my passing this information on to you. If you let this information fall into the hands of the wrong persons, some or all of those who know the truth about Waco and are now prepared to come forward and testify could well be “silenced” (i.e., murdered) in the very near future.

“...and the extreme importance of this information to the overall quality of justice under the Clinton Administration, to your own place in history as Attorney General, and to President Clinton’s very life and personal safety. This information, if handled in the manner I have spelled out in detail below, presents you and President Clinton with a once-in-a-lifetime opportunity to expose, confront, and hopefully root out much of the system-wide corruption which has been at the core of the federal government for at least the past 30 years.

“The purpose of this letter, and of my meeting with you (whenever that occurs), is for me to deliver to you extremely sensitive information about the deaths of the 86 men, women, and children who perished at the Branch Davidian compound on Monday, April 19, 1993, and the truth about how it all happened.

“On the principles that the Justice Department must be administered with honesty and integrity, that no man or woman is above the law, and that the government itself must never be allowed to become the chief law breaker (rather than the chief law enforcer), you stated in your April 6th address: ‘As we deal

with the issues of violence and crime [such as the Waco incident and other matters which are the subjects of this letter], we must never forget the awesome power of the federal government. And we must harness that power to make sure that innocent people are not charged, or even tainted, by our actions, and that the guilty are convicted—according to principles of strict due process and fair play, and with adherence to our Constitution.’

“But the action I am undertaking here—blowing the whistle on the truth of what really happened in Waco on April 19th, putting that ugly truth into its broader context, and presenting to you a detailed, comprehensive plan as to how that underlying system-wide corruption can finally be exposed and rooted out—this is something far more serious than I have ever done in the past. For in presenting all this to you, I am, quite literally, laying my life on the line.

“However, let me hasten to add that at the conclusion of this presentation, I have set forth in specific detail a procedure under which some 16 or so men, each with extensive ‘intelligence’ and covert *black* operations backgrounds, over the past 30 years or so, many of whom do have direct, first-hand knowledge of what occurred in Waco on April 19, will come forward—if given full immunity and federal protection for themselves and their families—and will testify, under oath, at length and in specific detail, concerning not only all of these events surrounding this tragedy near Waco, but also concerning numerous other highly illegal and criminal *black* operations.

“In other words, David Koresh may have been what most people would consider a thoroughly disgusting, and mentally disturbed, megalomaniac. But he was the CIA’s megalomaniac—or at least someone there was all too happy to use [him] for their devious right-wing purposes if and when the opportunity ever presented itself.

“Indeed, David Koresh and these six (6) other men in his inner circle had apparently been preprogrammed by the CIA to become, on cue, *Manchurian Candidate*-type robot assassins.

“This is one of the most crucially important pieces of information concerning this entire scenario. Koresh and his six (6) fellow sleepers were apparently pre-programmed by the CIA to become ‘wind up, use once, then throw away’ robot-type assassins

“The CIA has apparently been able to produce *Manchurian Candidate*-type robot assassins ever since the late 1940s, using methods reminiscent of the ‘brain washing’ we have all heard about in Soviet (and American) prisoner-of-war camps and prisons...

“One of the most important features of this kind of mind control programming or ‘brain washing’ is the fact that critical segments of the subject’s memory—including most or all of the

programming experience itself—are erased (or at least suppressed and deeply buried), with new false ‘memories’ implanted into the subject’s unconscious mind in their place. Indeed, all of this mind, behavior, and memory alteration is done at the subconscious or unconscious level.

“Indeed, once the CIA’s programming has been completed, memory blocks are installed into the subject’s subconscious mind to make it next-to-impossible for him ever to recover these critical mind-and-behavior-altering experiences from his internal memory bank.

“Therefore, since he is unable to remember what was done to him—or when, where, how, or under what circumstances it happened—he is also virtually helpless to confront and overcome what his CIA programmers have done to him. He is thus at their mercy from then on—though, of course, they have no mercy.

“Wet Ops: Such ‘dirty work’ is generally referred to, among ‘black’ operatives within the Agency, as *wet* operations—operations where one or more persons are to be killed, where human blood is to be spilled.

“Debriefings After CIA WET Operations—The normal procedure is that after each black or wet operation, all persons participating in or connected with the operation are totally debriefed by a special debriefing team sent from Agency headquarters—including a psychiatrist skilled in the various mind control and memory block techniques we have been discussing.

“In this debriefing, each member of the *wet* team is required to recite to the debriefing team exactly what happened during the operation, in a precise, step-by-step, detailed manner. Each member’s recitation is generally repeated several times—once normally, once under hypnosis, once with a polygraph, and once under scopolamine—and only when the debriefers are fully satisfied that they have gotten **all** the details and that there are no glaring inconsistencies between these different recitations, is the debriefing brought to a close.

“Part of the reason for this debriefing process is to provide detailed records and feedback to the Agency concerning all of these top-level *black* or *wet* operations—i.e., precisely what was done? Was the operation a success? Did it go off as planned? What mistakes, if any, were made?

“Then, at the conclusion of the debriefing, once the debriefers are confident they have gotten all of the factual details, each operative is put under deep hypnosis, and the psychiatrist in the team implants memory blocks into his subconscious memory, to block many of the gory details as to precisely how each of the persons targeted for elimination was ‘taken out’.

“The importance of this point cannot be overstated. For, this means that deep within the bowels of the Central Intelligence Agency—if you only know where to look—you can find

the detailed debriefing records of all of the *black* and *wet* operations carried out by the CIA over the past 30 years or so.

“You should subpoena these records immediately, Attorney General Reno. And once you get them—if you ever get them—you should put them under the tightest security imaginable to protect them from being tampered with or destroyed.

“Second, to alleviate the guilt which would otherwise be associated with these memories...

“Comments on *wet* operations: When such *wet* operations are used instead to take-out citizens of this country who do not pose a legitimate threat to the society at large—like David Koresh and the other 85 men, women, and children at the Branch Davidian compound—and whose only real threat is that if they were given a legitimate trial before an honest judge and jury, they might expose some of the CIA’s *dirty business* concerning its top secret mind control operations and the murderous purposes for which they are used—i.e., where these *wet* operations are used merely for the purpose of covering up and burying the truth, along with the innocent victims, in order to protect the guilty—then such *wet* operations have clearly gone way out of bounds, and absolutely must be exposed, so that those responsible can be held accountable...

“Returning to David Koresh and his 6 fellow sleepers’ in Waco’: The point to be made here is that David Koresh and his 6 fellow sleepers were low-level *Manchurian Candidate*-type programmed robot assassins—who were scheduled to be used at some point in the future, but who had not yet been used for their preordained secret missions.

“Whereas the *wet* team that went in to *take them out* were some of the CIA’s top professional killers, the term *sleepers* in this context connotes:

“(a) that the mind control programming which had been done on Koresh and his inner circle had probably been done a number of years earlier;

“(b) that the secret instructions implanted deep into their subconscious memories had lain dormant over the intervening years;

“(c) that the CIA now had to arouse Koresh and the other 6 from their ‘sleep’—i.e., to reactivate the secret conditioned responses implanted into their subconscious memories—in order to get them to perform their secret missions on cue, whenever the CIA deemed it appropriate;

“(d) that the CIA could also activate the secret *self-destruct* signal, to cause the robotic suicides of Koresh and his inner circle, once they had performed their secret mission, or at any other time the CIA decided they were no longer of any use to the Agency.

“The primary purpose of this enormous arsenal was to allow Koresh and his 6 fellow *sleepers* to carry out whatever secret

assignments they were to be given by their CIA ‘handlers’, if and when those handlers felt the time was right to activate the CIA’s prior secret mind control programming of these 7 robotic assassins.

“Apparently, one of the factors which strongly influenced the CIA to initiate the original BATF raid on February 28, in the first place, was that Koresh and his 6 fellow *sleepers* were said to be resisting the attempts by their handlers to prepare them for that secret mission.

“Therefore, one of the principal reasons for the initial February 28 raid was to chasten Koresh and his fellow *sleepers*—to frighten them, and to whip them into shape.

“The truth is that these incessant loud and obnoxious noises—the acid rock music, Tibetan chants, Christmas songs, etc.—were merely the cover or mask for what was really bombarding the compound and its occupants—20 gigahertz microwave transmissions, designed to be as stressful and destructive to the human physiology, inner ear, psyche, and mental stability as possible.

“In short, the CIA has perfected the use of such high-intensity microwave transmissions on human subjects to such an extent they are absolutely certain that over time, such transmissions are beyond the ability of most human beings to endure, and that sooner or later, they will drive any normal person crazy—literally—or provoke him or her to suicide or murder.

“The members of **The Delta Force** were to bring everyone out alive—except for David Koresh and his six fellow CIA *sleepers*. Those 7 men were to be killed—no questions asked—period.

“For under no circumstances were these 7 ever to be allowed to testify in a Court of law or otherwise to reveal to the public what they knew about the CIA’s secret mind control programming or its *Manchurian Candidate*-type robot assassins.

“In other words, this Delta Force plan, had it been allowed to proceed, would have been a CIA *wet* operation—carried out by some of the CIA’s top professional killers, fittingly dressed in all black garb, to ‘take out’ these 7 CIA *sleepers* once and for all, so that their potentially explosive testimony concerning the CIA’s secret mind control program would be silenced forever.

“What was actually propelled into the compound was a nerve reagent—a neurotoxin—nerve gas—a virulent poisonous substance, like curare—which instantly paralyzed and rendered totally helpless and defenseless all of the 95 men, women, and children inside the compound—except for those 9, later rescued, like David Thibideaux, who were on the 2nd or 3rd floor with their windows wide open on both sides, and who were thus spared the deadly effects of this tear

gas/nerve gas combination.

“For all the others, they could no longer coordinate their muscles in the effort required even just to get up...

“This is an extremely serious matter, Attorney General Reno. For it means that here the U.S. military, the FBI, and the Justice Department—all directed by the CIA—used nerve gas on innocent men, women, and children in our civilian population—and then proceeded to murder them in cold blood.

“The remaining task for this *wet* team—after the multiple murders had been carried out—while they were still inside, was to place 3 or 4 canisters of Willie Peter (white phosphorus) in strategic locations throughout the compound in order to start the fires.

“These canisters were all equipped with delayed timing devices, all set to go off simultaneously.”

[END OF LETTER]

Next we must consider a letter to the Santa Barbara sheriff’s department from Gary Wean that I shall title “Wean Dynamite” as you will see: [Quoting]

December 24, 1993

Letter from Gary L. Wean To:

Det. Andrew T. Standley
Major Crime Detail
Santa Barbara Sheriff’s Dept.
4434 Calle Real
Santa Barbara, Calif. 93110

Det. Standley,

Per our telephone conversation Friday, December 10, 1993, approximately 5:15 p.m.:

You asked me if I was in Ventura or Santa Barbara County three weeks prior to 12-10-93, and if I had an old rusty motorhome.

The answer to both questions was no. You also stated you had been looking for me as a possible witness, not as a suspect and the reason you were questioning me was regarding threats or some sort of action that had taken place against alleged Judges Slater and Adams of Santa Barbara County.

However you would not advise me of what had happened other than to state that a very serious crime of major proportions had been committed and that an official, formal crime report containing accusations had been made by the judges and filed with the Santa Barbara County Sheriff’s Department.

But I subsequently learned that a force of four detectives from the Santa Barbara Sheriff’s Department had gone to a specific neighborhood in Ventura where a relative resided (but I had never lived) and knocked on people’s doors on the street asking questions about me.

The demeanor of the four detectives had left the residents of that neighborhood with the

definite impression that I was a desperate, dangerous, wanted person rather than simply a witness who might have information regarding an incident.

Also the fact that you stated all my lawsuits involving the alleged judges Slater and Adams were being closely examined for evidence and proof of something I had done.

Regarding my whereabouts three weeks prior to our conversation on Friday Dec. 10, 1993:

In late October, 1993, I appeared in Ventura Superior Court and at that time was in California two or two-and-a-half days.

My records, gasoline and other credit cards, telephone calls, bank deposits, documented meetings with Josephine County, Oregon, and Oregon State employees, etc., document that I never left Oregon between the last of October 1993 and the 10th of December 1993, at which time I first learned that you were looking for me and I immediately called and cooperated with you, and gave you my telephone number and address.

However, there are far more evil, sinister reasons for the alleged judges, Slater and Adams to make their phony accusations and false crime report (which is a Penal Code Felony).

This is a vicious criminal conspiratorial set-up, the same as in 1989 when Chief Justice Malcolm Lucas ordered judges in Ventura and Santa Barbara County to 'lie in wait' and severely beat-up my process server, Michael A. Thomas in the public hallway of the Santa Barbara County Courthouse, (supposedly for trespassing).

On December 17, 1993, 1:30 p.m. my wife was scheduled to appear in Department 48, Ventura County Superior Court for a jury trial in Civil case No. 126048.

At 12:45 p.m., Friday, December 17, 1993, I went to Department 48, forty five minutes early, the hallway was empty and the doors were locked. Adjacent to the courtroom doors a board was attached to the wall on which a two page calendar schedule for the day was pinned.

I was reading the schedule when a man appeared beside me.

He said, "Hi Gary; listen, I want to tell you something, you should get out of here as fast as you can, they are going to arrest you and throw you in jail on trumped-up charges, supposedly for threatening judges. With you in solitary confinement they'll force your wife to give them the documents they want. They won't let you out of jail until they get them."

The man left hurriedly—I seemed to recognize him from sometime in the past as being in law enforcement.

The two page schedule had fallen from the wall onto the floor. Picking them up I read the front page, on the top it had the words, 'Judge' but no name. EXHIBIT 'A'.

The second page at the top stated, 'Ventura County Municipal Court.'

I realized that the man who had warned me was telling the truth because at the top of page two it said, "Ventura County Municipal Court Calendar, Commissioner John H. Pattie." EXHIBIT 'B'.

They had switched to another phony judge because Malcolm Lucas, State Supreme Court Justice knew he did not have John J. Hunter handle the case any further because he had never, from the very beginning been a legitimate, authorized judge with jurisdiction to act in an American Court of law.

John H. Pattie is a 'low-life' petty shyster associated with Randolph Joyce and John Brown, two more shysters who are involved deeply in the use, supply and sale of cocaine with Slater and Adams and other Ventura, Santa Barbara and San Luis Obispo County shyster lawyers and judges.

Realizing that the 1:30 p.m. court scheduling which was supposed to be a jury trial of Superior Court Civil Case No. 126048 was only an evil sham and a trap to falsely arrest and put me and my wife in jail, I left the Ventura County Center property.

At 1:30 p.m. John H. Pattie conducted a phony judicial hearing which he called a "trial without a jury" and ruled and made decisions and a judgement against my wife and myself.

Based on this judgement which is claimed to be a trial in an American court without the presence of the plaintiffs who, frightened and terrorized for their lives and welfare and property were afraid to even set foot in Ventura, Santa Barbara or San Luis Obispo Counties.

At this time it is not even known if it is safe for my wife and I to even be in another state. There is a terrible fear across the land among God fearing, law-abiding loyal American citizens, not of street gangs, drive-by shootings, etc., but of being put in jail and their families destroyed and everything they have worked for all their lives taken away from them with no legal, due process of law by cocaine-ridden shysters running around in black robes posing as American judges and making life-destroying decisions and judgements. EXHIBIT 'C'.

EXHIBIT 'C' consists of:

1. A threatening letter dated December 20, 1993, from a shyster lawyer, Charles J. Conway, Jr. This letter from Conway threatens that shyster Pattie's non-jury Judicial Decree on December 17, 1993, 1:30 p.m. is an "affirmative court order, ordering that Dorothy J. Wean hand over (surrender) her property (documents) to Conway or else it can ultimately result in her being jailed."

2. A Notice of Entry of Judgement, dated December 17, 1993, 1:30 p.m., Courtroom 48. Signed Charles J. Conway, Jr.

3. A Judgement on Complaint, dated December 17, 1993, 1:30 p.m. Courtroom 48,

signed by "The Honorable John H. Pattie, presiding, without a jury, and was actually tried on that date."

This trial without a jury, which we were entitled to, was held 45 minutes after I had been warned that if I was in the courtroom at 1:30 p.m. I would be shackled and jailed in a frame-up supposedly for threatening alleged Judges Slater and Adams in Santa Barbara County which I did not do and of which acts (if they indeed did happen) I had no knowledge of whatsoever. The court, John H. Pattie, a Commissioner, a shyster that the other judges picked off the street and gave a black robe Decreed that, "he reserved Jurisdiction to make further order," whatever they would be no one knows, but weighs heavily on us with their threats of now jailing us for contempt of court, another terrible entangling escalation of their insanity.

This document has been sent to the Sheriff's Departments of Santa Barbara, Ventura and San Luis Obispo Counties.

Copies have been sent to newspapers, talk-show hosts, TV media, etc. Copies of Municipal Court Case No. 114526, and Superior Court case No. 126048 as conducted and adjudged by John J. Hunter have been reviewed by numerous lawyers from 2 states other than California. These lawyers have expressed profound astonishment, and grave concern, scarcely believing their eyes at the outright judicial corruption in California.

Amazed, they ask as one, how can this actually be happening in a United States Court of law?

It is with information and the firm belief of the below signed parties that these shyster lawyers in California will contact Oregon authorities and fill them with lies, orchestrating false stories that Gary L. Wean has engaged in some sort of threats or actions against judges and convince them to make a Swat Team type of raid on him and with the chance that he would be killed in the process.

Senator Robert Packwood, Oregon, is enmeshed in this same judicial conspiracy of destruction by the secret machinations of the same person as I [am harassed by]. This person, a member of a criminal organization, has planned and schemed and conspired for many years to ultimately become President of the United States.

It is a complicated, evil scheme, for this person, being a high-ranking Democrat, must also arrange to dispose of Clinton which they are in the process of now.

It has to do with Senator Packwood's Diary and what they fear in it. They must gain control of it.

These events involving Senator Packwood began in November 1987, when I along with another person flew to Washington, D.C. and hand delivered to all 100 U.S. Senators a 773 page, name indexed report, my book, (*There's*

A Fish In The Courthouse) along with a Petition from the people asking and pleading with the United States Senate to investigate Judicial Corruption (murder and theft of the people's property) in California and the U.S. Ninth Circuit.

In my 773 page report it detailed how William P. Clark, President Reagan's National Security Director was involved in 1959 in a burglary of the Oxnard National Guard Armory in which many machine guns were stolen, one of these 50-cal. machine guns was mounted in Clark's house and he made remarks that, "when the Revolution comes I'll kill every Mexican and nigger that comes near." This revealed that Clark knew of and was involved in a conspiracy of up-coming riots and revolution.

At this time William P. Clark was up for confirmation for the cabinet position of Secretary of the Interior before the U.S. Senate Judiciary Committee.

Senator Strom Thurmond had been advised by me previously of William P. Clark's criminal violations and had stated in letters to me that he would investigate this matter involving Clark.

However, Thurmond, Joseph Biden and the other Senators on the Judiciary Committee met in conspiratorial secret meetings and discussions and agreed to cover-up these criminal acts of William P. Clark and confirm him as Secretary of Interior.

Senator Packwood having been present at some of these secret meetings it is believed and feared by others that these meetings and acts of concealment of gangsterism were recorded by him in his diary.

Several months after serving a second petition from the people on the 100 Senators and having no response, I, along with Michael A. Thomas personally served a Federal lawsuit on each of the 100 Senators charging RICO and Civil Rights violations against them.

Before serving each of the Senators in their offices it was necessary to make arrangements with Michael Davidson, the Senate Legal Officer. Davidson pressured both myself and Michael Thomas to make an illegal 'deal' with him and he would make it much easier for us to sue the remaining Senators. Michael Davidson did everything in his power to get us to remove Jewish Senators who belonged to the ADL from the suit, which we refused to do. This was witnessed by a Capitol Police plainclothes officer who was assigned by the Senate Sgt. at Arms to assist us in serving the senators.

Michael Davidson is still Senate Legal Officer and is presently savagely attacking Senator Packwood. Davidson is an ADL member and close associate involved with the high ranking California Democrat who conspires to be the next U.S. President. This high-powered person is also a ranking ADL member who while an elected government official conspired to spy on and sabotage the

San Francisco Police Department and harm and destroy innocent loyal American citizens.

When Andrea Ordin was the U.S. Attorney General for the Los Angeles District I handed her documented evidence and facts of judicial corruption and crimes which she suppressed and destroyed because the judges involved belonged to the ADL. Ordin is married to Robert Ordin, a Federal Judge who is also a high level ADL agent.

This evidence was also sent to the Justice Department in Washington, where it was destroyed by David Margolies, a top level Atty. Gen. lawyer and ADL member. Margolies is the Justice Department agent who, while in Vince Foster's office, slipped in the phony suicide note.

If Senator Packwood and the other Senators had done their duty to protect the country and its citizens in 1987 instead of covering it up, many lives and billions of dollars of property would have been saved.

If the conspiracy of riot and revolution had been exposed, the Rodney King affair and the resulting riots and death would surely not have happened.

And the Waco holocaust, with heavy cost of life, would not have occurred had the past crime history of narcotics and gun-running by the international Davidian family been investigated.

Former Senator John Tower, who had given my partner and me (Los Angeles District Attorney Bureau of Investigation, Criminal Intelligence Section) vital documents at a meeting in Ruidoso, New Mexico, shortly after President JFK was murdered, would still be alive and able to testify to secrets that would reveal who actually committed the assassination. At this meeting with John Tower, two other persons were also present, Dallas, Texas, Sheriff Bill Decker and Audie Murphy [WWII hero/movie star]. John Tower was killed in a mysterious plane crash almost identical to Audie Murphy.

Untold thousands of honest, loyal Americans would not have suffered horrifying indignities, incarcerations, destruction of their families and loss of everything they had worked for all their lives if the 100 Senators had done their bounden duty and listened to the 'petition' of the people.

What Vice Pres. Gore pushes as the 'Highway of Information' (fiber-optic cable). Under the conspiracy of Pacific Telesis Group (controlled by William P. Clark) they will control Paramount Entertainment, the entertainment world. They will control gambling, Indian Reservation gambling, State Lotteries, world banking connections involving Bank of America and its satellites, this will be accomplished through converted computer programs originally stolen from Inslaw-Promis.

The same people, Carl E. Ward, Jr., an associate of William P. Clark is involved in the

Cabazon Indian Reservation gambling and murders, Portland gambling, and JFK assassination. All of this was revealed in the report and petition given to the 100 U.S. Senators in 1987 but covered-up by them. Carl Ward's brother Robert Ward, at the dedication of Pres. Ronald Reagan's Library, a short distance from the Rodney King trial, was arrested in a conspiracy to assassinate Ronald Reagan, George Bush, Gerald Ford, Richard Nixon and Jimmy Carter, all former Presidents and their wives in what was to be a laser weapon attack.

Now Senator Robert Packwood himself faces the same terror that the people in 1987 begged him to save them from—judicial corruption and murder, total destruction of his entire career and inevitable conviction and incarceration in a Federal Penitentiary for harassing women and altering congressional documents and will be replaced by a handpicked person by the powerful Democrat in California who fully intends to be the next U.S. President. This person will then control, not only California but also Oregon.

In the future no other Senator in the U.S. will dare stand up to this dominating power in the face of the destruction of Packwood knowing how it was done and that the very same can happen to him.

But it can be turned around; Packwood can come out for the people, and if he showed that he was sincere the people would rally behind him. With the people behind him he could expose the terrifying Judicial corruption—instead of becoming a miserable low-life convicted felon spending the rest of his life in abject humiliation, constantly held up to scrutiny and recorded in history as nothing more than a crooked bum.

From the last paragraph of my book, *There's A Fish In The Courthouse*, a copy of this in 1987 was handed to each of the 100 Senators, I quote, "Only the U.S. Senate led by the Constitution is powerful enough to save America. Of the one hundred Senators, 'the treasonous, corrupt and cowardly will desert the people.' The small group remaining will have to stand fast..."

Now Senator Packwood, facing the same terror the people face, can prove that he is a bonafide, brave, courageous leader and come to the front—expose and destroy this insidious judicial corruption—many of the silent, timid but knowledgeable Senators will eagerly respect and follow an American leader, destined to be a hero of the same magnitude as the great American battlefield hero, Audie Murphy, who gave everything.

Do not fear the ADL's vicious weapon where they scream Anti-Semitic to high heaven right in your face—not only can this be blunted, its evil can be totally destroyed—just look them right in the eye and demand, 'Are you an American first and a Jew second?'

The effectiveness and result of this demand for them to declare themselves is demonstrated by a Jewish Beverly Hills lawyer, G.B. Fleischman, who was representing Andrija Artukovic, an 85 year old Croation accused by the Jews of alleged World War II crimes. Powerful political Jews attempted to get Fleischman, a Jew, to sell out Artukovic.

Refusing to do such a vile act, Fleischman gave them an amazing answer (direct quote), "I am an American lawyer first and a Jewish lawyer second, if these people can not understand that then there is not much I can really do about it." Refer to chapter 41 of my book *There's A Fish In The Courthouse* that was delivered along with the peoples petition pleading with the 100 U.S. Senators to safeguard them from murderous, corrupt gangster lawyers who have seized and usurped the American Judicial System.

[END OF LETTER]

Who Is Behind The Waco Mess?

The question being debated in the media now is "who was responsible for the Waco massacre?" Was it the FBI? Was it the ATF? Was it Janet Reno? Was it President Clinton, or Webster Hubble, or Wesley Clark or...? The Texas Rangers have information that those involved have lied about their involvement. Was the military involved (a situation that would have been illegal)? Was the Special Forces involved? Of course they were involved, those helicopters and tanks did not come out of Cracker-Jack boxes.

Now "new" information is revealing that the army and Special Forces were used to burn up all those men, women, and children because there was some kind of vague "naughtiness" going on. They were labeled a "cult" so that we can all hate them. No, they were a Seventh-day Sabbath church! In fact they were the first one listed in the book called Directory of Seventh-day Sabbath Organizations. Ah, but they WERE a CIA MK-ULTRA MONARCH programmed operation (cult), weren't they? The powers that be don't want you to know that!

The May, 1994, and May, 1995, issues of *Soldier Of Fortune* magazine revealed that U.S. Army Green Berets trained and supervised the ATF agents that raided the Branch Davidians, and were on the scene. They were trained at the Hargrove MOUT (Military Ops in Urban Terrain) facility at Fort Hood. Five men of the 3rd Battalion, 3rd Special Forces Group, were revealed in court as being present at the Davidian massacre: Major Mark Petree (3rd Battalion Commanding Officer), SFC Chris Dunn, SFC Greg Handy, Staff Sgt. Jon F. Wilson, and SSgt. Cordell W. Ackley.

Soldier Of Fortune magazine also stated that their sources revealed that the raid contingent also included Captain Clyde Moore

(designated team commander), SSgt. Michael J. Dooney, SSgt. Steven M. Fitts, SSgt. Jay C. Burkhardt, and SSgt. Robert R. Moreland, all of Co. B, 3rd Battalion, 3rd SFG.

The Green Berets and the approximately 80 ATF agents who burned the Branch Davidians were billeted in Building 4424 and 4426 at Fort Hood. *Soldier Of Fortune* magazine obtained logs proving that at least Dunn, Wilson, Ackley, and Moreland were present during the raid. *Soldier Of Fortune* obtained copies of a classified teletype message from the commanding general of Joint Task Force Six (JTF-6), Brig. Gen. John M. Pickler, authorizing the Green Berets to aid the ATF.

Are there any HONEST investigators in this mess? I don't know. What about it, TEXAS RANGERS, are there any HONEST investigators in this mess?

Also in the news lately have been articles about corruption and money laundering by Russian mafia and government personnel. Pay attention—these are the same Zionist Mispucka agents and Mossad terrorists. They include Chubais, Berezovsky, Soros, Al Gore, Kagalovsky, Chernomyrdin—and whatever happend to Robert Rubin? Rubin, when he was Secretary of Treasury, was pressuring that all the billions in loans to Russia be in complete control of Russian crime syndicate leader Anotle Chubais. They have recently stolen over \$15 billion right through the Bank of New York. Crime seems to pay, doesn't it?

Anti-Semitism

We have a bunch of mafia terrorist criminals that are about to "do us all IN", who are hiding behind the title "Jewish" and everybody is afraid of saying anything lest they be labeled "anti-Semitic". Some will call me anti-Semitic because I point out this fact. Well, friends, I am Semitic, so how can I be anti-Semitic? I AM JEWISH. What is a Jew, anyway; can you define the term to me? "Jews" argue even with each other over the definition of the term. Some say that a Jew is anyone who says he is a Jew. Well, since I just said I am Jewish, that certainly makes me Jewish by this definition, right?

Some say that a Jew is one who follows Jewish religious rituals and practices, though they cannot agree what those are. Well, since I have spent THOUSANDS OF HOURS observing such as Yom Kippur, Rosh Hashanah, and the seventh day Sabbath and such, I qualify as Jewish under that definition.

Some say that a Jew is one whose mother is Jewish. My mother's maiden name is the same as one of the most "sacred" and "holy" mountains in Palestine/Israel and traces right back to there, so I qualify as Jewish under that definition.

The REAL definition of Jewish *should be* one who is a racial direct descendant of ancient

Judah/Israel. I am a genealogist and I have traced and DOCUMENTED my name and family right back to the ancient Israelite tribes, so I qualify under that definition also.

You investigators better take an honest look at what is really going on. These so-called Jews have made it a hate-crime to tell the truth about what they are doing! The mafia terrorists hiding behind the label "Jewish" have wormed their way into the police and government to the point where they are calling the shots and running the show, and are having "sensitivity" training classes to brainwash everybody else.

It is way past time that you WAKE UP and STOP this "anti-Semitic" nonsense. Hitler was Jewish, remember! Woopi Goldberg and Sammy Davis, Jr. qualify as "Jewish". Wesley Clark, the butcher of Waco and Kosovo, recently discovered he is "Jewish", but it seems he got canned anyway, as the struggles continue for King-of-the-Hill position. These people eat their own. Being "Jewish" or "Martian" or whatever is beside the point. If you consider yourself to be a real Jew, then you of all people should be most concerned about what these criminals are doing in your name. Is it a "hate crime" to HATE CRIME?

Truth is a hate crime to those who hate the truth.

Have a good day—while you still can!
Calvin Burgin

Some notes and sources of information:

1. *Phoenix Journal* #42, p. 195.
2. Dr. John Coleman has more details in his *Conspiracy to Create a Holy War*.
3. See *Phoenix Journal* #101, p. 39.
4. Living Truth Publishers, 1708 Patterson Road, Austin, Texas 78733
5. According to Title 31, the Treasury Department, IRS and BATF are not authorized agencies of the American government. In fact, they are agencies of the Illuminati.
6. For proof of the involvement of the Cult Awareness Network (CAN) and the ADL in the Waco raid, see for instance the front page story in *The New Federalist* newspaper, May 3, 1993. CAN claims to be cult "deprogrammers" but are in fact MK-ULTRA programmers. They claim that they use isolation, sensory deprivation, threats, and the like to "deprogram" cult members. Then look at the U.S. Congress report on MK-ULTRA, and note that the mind-control programmers use exactly the same isolation, sensory deprivation, threats, and the like. When I snap my fingers, will you wake up?
7. There is much information connecting ex-President George Bush with the JFK assassination. If you want to research, you might start with the double-page spread entitled "George Bush, Jack Ruby Linked to CIA Activities, November 22, 1963" in the March, 1992, issue of *SPOTLIGHT* newspaper. And/or contact Gary Wean. 

Recognize Your Vast Spiritual Heritage

9/4/99 ATON, THE ONE LIGHT

Good morning, little one. It is I, Aton, The One Light. Be still and hear me. I am The One Light. I am Creator Source—the One who created you. Be at peace.

Allow for the flow of unfolding events to play out as they will. Allow for the emotional energy to settle and seek its proper density. You ones, for the most part, do not realize, nor do you appreciate, the EFFECTS of the rate of upward frequency shift taking place at this time in your physical environment. Your emotional state is greatly amplified from where it was just six months prior. These effects will show up within you as an emotional hypersensitivity of sorts.

This amplification is what is facilitating the CLEANSING process. You will be caused to examine all of your personal axioms that you each, as individuals, hold as truth. You will find that there will be greater and greater personal conflict in your lives surrounding those axioms which you hold as valid truth, yet which are, in fact, not true.

Be quick to recognize the opportunity that these times are now affording you. Learn to recognize the clues that are all around you, and more importantly, learn to recognize and interpret the clues that are WITHIN. Lower frequency states of anger, frustration, jealousy, apathy, and such are the clues which indicate you have not the proper understanding of those events or circumstances that seem to be causing such reactionary responses in your lives.

Learn to recognize the telltale signs that well up within you each. You each are responsible for your own emotional state. Learn to forgive YOURSELVES, and in doing so, you will find a greater awareness of self and others, and thus make great forward movement along your personal spiritual journey. Learn to appreciate the uniqueness of the environment and those who have come to participate with you there at this time. Each of you are serving the Greater Purpose—EXPANSION and GROWTH of The Creation.

Let not the day-to-day distractions of

“living” pull you from making real forward progress in terms of personal growth and understanding. Allow others to go and do as they see fit, for it is truly NOT for you to concern yourself with that which another thinks or believes. Many on your world, who are now awakening to the true nature of their spiritual heritage, struggle with the concepts of uniqueness and individuality, for in the end

The intense, deliberate, mental focus (not difficult but does require discipline) of your desire, when in alignment with your Higher-Knowing self, is capable of creating universes with all of the magnificent planets and stars. You are now experiencing within one such creation.

you each, as “individuals”, are a part of Me (Creator Source) and within this Wholeness (that which most of you are desperately seeking) you will see that We are all ONE-in-the-same.

How is it that one can express individuality while seeking true Wholeness (Oneness with Creator Source)? By realizing that you will uniquely express yourself while finding, within, that which brings forth true Inner Heart Knowing and Understanding of who you are—an Infinite Being with unlimited potential who is connected to all of everything, everywhere. Your current journey is the expression of uniqueness while the destination is understanding, wholeness, and the true recognition that ALL ARE ONE.

Be kind to those whom you perceive have come against you, for if you throw stones at them, you will quickly, now moreso than ever, find that YOU are stoning YOURSELF. In these times of what have been termed the “quickenings”, you will find that your thoughts will begin to manifest much more quickly. Remember, YOU are CREATOR! If you dwell upon goodness and greatness, you will surely manifest this as an end result in YOUR experience. If you dwell upon anger and revenge, you will likewise create more of

same in YOUR experience, and not necessarily in another’s; it depends upon whether or not the other wishes to play YOUR game.

Let us take time here to say to “The Watchers” that the game you play is most dangerous and can and will become a great distraction to you, as individuals, if you continue down your current path. There is NO need to play the tit-for-tat games on the “behalf” of another. You each do this for SELF and NO other. Again, each must choose as you will choose, and in the end you each will create the lessons that you need in order to make the next step along the spiritual journey called “life”.

[Editors note: For those of you readers who may not know to what Aton is referring above, “The Watchers” is the name that a self-proclaimed “watchdog” group has given themselves. This group has been speaking out, via a clandestine email (electronic mail) conduit, on the behalf of many of us here at The SPECTRUM, “defending” us from all manner of accusations coming forth through another publication. We at The SPECTRUM do not condone such actions and, moreover, we are quite capable of defending ourselves if need be. Frankly, the accusations put forth in this other publication are so outrageously preposterous and repeatedly self-contradictory to the

conscientious reader as to plainly reveal their dark-energy source, and thus need no additional help from anyone toward undermining their credibility!]

Recognize the tremendous opportunities that are in front of you this day! Grasp these opportunities and exploit them for the good of all mankind and all of The Creation. Learn to recognize that which inhibits the natural Creative Energy flows. These are those false personal axioms. The inner reaction from these NON-truths will cause an inner conflict that will grow and become amplified. You will find yourself “bumping” into many clues and indicators along your journey that will shine a light upon, and thus challenge, such axiomatic “truths”.

NOW is the perfect time to go within and examine those things which cause personal discomfort, anger, frustration, and the desire to lash-out against another. The cause of ALL such emotional states comes from within and comes from an incomplete understanding of SELF and YOUR true spiritual heritage.

You can, if you so choose, blame another for your “pain”, but this will only serve to allow the “pain” to persist. YOU are master over YOUR emotions and the energy you put into them. When YOU allow such distractions of a low-frequency nature within your focus,

you are literally choking off your ability to flow the Creative Potential in any truly productive capacity.

What is it you focus your attention upon that is WORTH getting upset over? Do the “words” of another anger you? Pay no attention to what another thinks of you, for it is truly none of your concern, and neither can you change the axiomatic beliefs of another. Appreciate the uniqueness of each and allow one another to their free-will choices. Any preoccupation with another’s beliefs should stand as a major glaring clue that YOU are not very secure in your own beliefs.

Go within and examine just exactly what it is that you believe. Now contrast this with the actions (or in-actions) you take based on those beliefs. Is there a consistency or is there contradiction. Contradiction can be as subtle as that brief moment of hesitation prior to taking a considered action. This is the subtle nature of the Higher Guidance that is continually being offered to each of you.

Stop to ponder your actions and reactions. Do you often make hasty and “quick” remarks that you find yourself apologizing for at a later time? What is the underlying error in your understanding that allows you to do this? Usually it is an insecurity about self, a sense of low personal worth and low self-esteem.

Feelings of low personal worth and low self-esteem are NOT natural conditions of any of My Creations—including YOU very ones who are reading this! Low self-worth, low self-esteem, self-doubt and such come about through years of mental conditioning.

Usually this mental conditioning takes place at a very young age and is passed down from generation to generation—parent to child. You can and WILL break yourself free from this “trap”! When will you do this? That is up to YOU.

First and foremost you must recognize (with true Heart Knowing) that YOU are CREATOR! You have infinite ability to create and express yourself. The ONLY thing keeping you from tapping into this infinite Source of Energy, to any great degree, is your personal self-doubts and erroneous beliefs regarding the true nature of your being.

You could shift the density (frequency) and physical properties of your body so that it would lift up (levitate) from the ground. What would YOU do with such an ability? Would you entertain people or would you teach people? Would you say: “Look at me, look at me!”? Or would you say: “Try it—YOU can do it too!”?

The intense, deliberate, mental focus (not difficult but does require discipline) of your desire, when in alignment with your Higher-Knowing self, is capable of creating universes with all of the magnificent planets and stars.

You are now experiencing within one such creation.

When your focus is NOT in harmony with your Higher-Knowing self, you will find

great “obstacles”, one after

another, which seem to keep you from reaching your goal. If this is a chronic condition in your life experience, then perhaps you would do well to reconsider what it is that you are truly trying to accomplish.

Do you take actions in order to PROVE your validity and worth to the world? If so, do you see that at the core of such thinking is SELF-DOUBT and insecurity? Do you measure success in terms of external physical parameters such as monetary wealth? Can you not see that, if you need such external physical parameters to gauge your success, then you are in fact seeking approval from others to tell you that you are good, successful, and such? Why is it that you cannot recognize and FEEL this for yourself? What is it that keeps you from appreciating yourself for who you are?

Actions taken to offer insight and to assist another who is ASKING for such assistance is very fulfilling and in alignment with the growth and expansion principles of The Creation. Forcing your knowledge or “assistance” upon another who is NOT asking for your

assistance (even if accurate and truthful) serves only to create turbulence in your own life. You cannot push the river of another’s experience. If ones want what you have to offer, then their paths will be guided to cross yours.

I do not force, nor do I coerce any to follow My advice or the advice and offerings of any of My many Messengers. Use your own personal discerning abilities to determine what is right for you. Walk your chosen path from a point of personal certainty and knowing that you do so by YOUR own CHOICE. Likewise recognize that no one else can LEARN on your behalf.

You each have the ability to go within and consciously connect with Higher Guidance. You will find that this is a fundamental part of the spiritual journey that you are now on, and that your satisfaction and rate of growth will likewise be enhanced greatly in doing so.

I leave you all in Peace and Radiant Light. I am Aton—Creator God. (Aton is a term used in ancient Egypt; it translates into English as: The One Light.) I am *The One Light!* I AM. 

You each have the ability to go within and consciously connect with Higher Guidance. You will find that this is a fundamental part of the spiritual journey that you are now on, and that your satisfaction and rate of growth will likewise be enhanced greatly in doing so.

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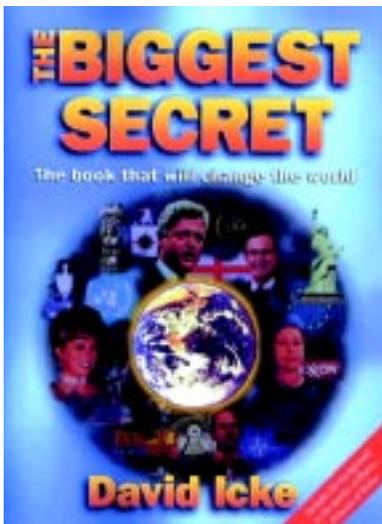
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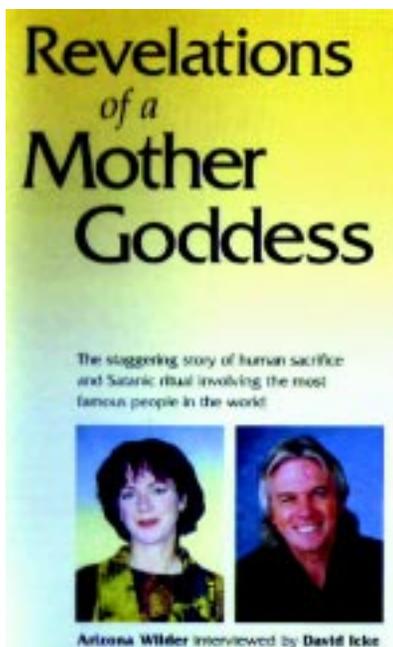
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